

**NICOTINE POLACRILEX- nicotine polacrilex gum, chewing
AAFES/Your Military Exchanges**

Nicotine Polacrilex Gum Coated Fruit 2mg and 4 mg

Drug Facts

Active ingredient (in each chewing piece) - 2 mg

Nicotine Polacrilex 2 mg (nicotine)

Active ingredient (in each chewing piece) - 4 mg

Nicotine Polacrilex 4 mg (nicotine)

Purpose

Stop smoking aid

Use

- reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Ask a doctor before use if you have

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may

need to be adjusted.

Stop use and ask a doctor if

- mouth, teeth, or jaw problems occur
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

Keep out of reach of children and pets.

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions- 2 mg

- **if you are under 18 years of age, ask a doctor before use**
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- **if you smoke your first cigarette within 30 minutes of waking up,** use 4 mg nicotine gum
- **if you smoke your first cigarette more than 30 minutes after waking up,** use 2 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 piece every 1 to 2 hours	1 piece every 2 to 4 hours	1 piece every 4 to 8 hours

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

Directions- 4 mg

- **if you are under 18 years of age, ask a doctor before use**
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- **if you smoke your first cigarette more than 30 minutes after waking up,** use 2 mg nicotine gum
- **if you smoke your first cigarette within 30 minutes of waking up,** use 4 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 piece every 1 to 2 hours	1 piece every 2 to 4 hours	1 piece every 4 to 8 hours

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

Other information - 2 mg

- **each piece contains:** calcium 115 mg, sodium 8 mg
- store at 20 - 25°C (68 - 77°F)
- protect from light

Other information - 4 mg

- **each piece contains:** calcium 115 mg, sodium 8 mg
- store at 20 - 25°C (68 - 77°F)
- protect from light

Inactive ingredients- 2mg

acacia, acesulfame potassium, carnauba wax, FD&C blue #2 lake, FD&C red #40, FD&C yellow #6 lake, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, sucralose, talc, titanium dioxide and xylitol.

Inactive ingredients- 4mg

acacia, acesulfame potassium, carnauba wax, D&C yellow #10 lake, FD&C blue #2 lake, FD&C red #40, FD&C yellow #6 lake, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, sucralose, talc, titanium dioxide and xylitol.

Questions or comments?

Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

Principal display panel 2 mg

Compare to the Active Ingredient in Nicorette® Gum*

SUGAR FREE

NICOTINE POLACRILEX GUM USP, 2 MG (NICOTINE)

STOP SMOKING AID

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE MORE THAN 30 MINUTES AFTER WAKING UP.

If you smoke your first cigarette WITHIN 30 MINUTES of waking up, use Nicotine Polacrilex Gum USP 4 mg

2 mg

COATED FRUIT

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. **Use Enough** - Chew **at least 9 pieces** of Nicotine Polacrilex Gum per day during the first six weeks.
3. **Use Long Enough** - Use Nicotine Polacrilex Gum for the full 12 weeks
4. **Use With a Support Program** as directed in the enclosed User's Guide.
 - not for sale to those under 18 years of age
 - proof of age required
 - not for sale in vending machines or from any source where proof of age cannot be verified

*This product is not manufactured or distributed by GlaxoSmithKline Consumer Healthcare, L.P., distributor of Nicorette® Gum.

BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEALS ARE OPEN OR TORN.

Distributed by:

PL Developments

200 Hicks Street
Westbury, NY 11590

Principal display panel 4 mg

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SUGAR FREE

NICOTINE POLACRILEX GUM USP, 4 MG (NICOTINE)

STOP SMOKING AID

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITH 30 MINUTES OF WAKING UP.

If you smoke your first cigarette MORE THAN 30 MINUTES after waking up, use Nicotine Polacrilex Gum USP, 2 mg

4 mg

COATED FRUIT

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Distributed by:

PL Developments

200 Hicks Street
Westbury, NY 11590

Package label 2 mg

See inside for more details or visit www.nixthehabit.com.

SMOKING CIGARETTES FOR YOUR PROTECTION, DO NOT USE IT

SUGAR FREE
NICOTINE
POLACRILEX
2 MG (NICOTINE)
GUM USP,
STOP SMOKING AID

exchange select

Drug Facts

Active ingredient (in each chewing piece) Nicotine polacrilex, 2 mg (nicotine)

Purpose Stop smoking aid

Use

- reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Ask a doctor before use if you have

- a sudden-onset chest pain
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or ulcers
- history of seizures

Ask a doctor or pharmacist before use if you are

- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

Stop use and ask a doctor if

- you experience symptoms or treatment changes, you may use a second piece within the hour. However, do not continuously use one piece after another with the hour.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

Other information

- each piece contains: calcium 115 mg, sodium 8 mg
- store at 20°-25°C (68°-77°F)
- protect from light

Inactive ingredients saccharin, xanthine potassium, carnuba wax

Drug Facts (continued)

If you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum according to the following 12 week schedule.

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 piece every 2 to 4 hours	1 piece every 4 to 8 hours	1 piece every 4 to 8 hours

nicotine gum is a medicine and must be used a certain way to get the best results

- chew the gum slowly until it begins to melt. Then park it between your cheek and gum. When the top is gone, begin chewing again, until the single strands appear. Then the top is gone, begin chewing again, until the single strands appear. Then the top is gone, begin chewing again, until the single strands appear.
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 8 pieces per day for the first 6 weeks
- If you experience strong or treatment changes, you may use a second piece within the hour. However, do not continuously use one piece after another with the hour.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

EXCHANGE SELECT Nicotine Gum Coated Fruit

SUGAR FREE
NICOTINE
POLACRILEX
2 MG (NICOTINE)
GUM USP,
STOP SMOKING AID

exchange select

not for sale to those under 18 years of age
 proof of age required
 not for sale in vending machines or from any source where proof of age cannot be verified

Package label 4 mg



EXCHANGE SELECT Nicotine Gum Coated Fruit

NICOTINE POLACRILEX

nicotine polacrilex gum, chewing

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55301-503
Route of Administration	BUCCAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	2 mg

Inactive Ingredients

Ingredient Name	Strength
ACACIA (UNII: 5C5403N26O)	
ACESULFAME POTASSIUM (UNII: 230V73Q5G9)	
CARNAUBA WAX (UNII: R12CBM0EIZ)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 9XZ8H6N6OH)	
MAGNESIUM OXIDE (UNII: 3A3U0G171G)	
SODIUM BICARBONATE (UNII: 8MDF5V39QO)	
SODIUM CARBONATE (UNII: 45P3261C7T)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
XYLITOL (UNII: VCQ006KQ1E)	

Product Characteristics

Color	brown (light brown)	Score	no score
Shape	SQUARE	Size	14mm

Flavor	FRUIT (coated fruit)	Imprint Code		
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-503-44	100 in 1 CARTON	01/01/2014	
1		1 in 1 BLISTER PACK; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
ANDA	ANDA079044	01/01/2014		

NICOTINE POLACRILEX

nicotine polacrilex gum, chewing

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55301-504
Route of Administration	BUCCAL		
Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	4 mg	
Inactive Ingredients			
Ingredient Name	Strength		
ACACIA (UNII: 5C5403N26O)			
ACESULFAME POTASSIUM (UNII: 23OV73Q5G9)			
CARNAUBA WAX (UNII: R12CBM0EIZ)			
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)			
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)			
FD&C RED NO. 40 (UNII: WZB9127XOA)			
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)			
HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 9XZ8H6N6OH)			
MAGNESIUM OXIDE (UNII: 3A3U0GI71G)			
SODIUM BICARBONATE (UNII: 8MDF5V39QO)			
SODIUM CARBONATE (UNII: 45P3261C7T)			
SUCRALOSE (UNII: 96K6UQ3ZD4)			
TALC (UNII: 7SEV7J4R1U)			
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)			

XYLITOL (UNII: VCQ006KQ1E)

Product Characteristics

Color	brown (light tan)	Score	no score
Shape	SQUARE	Size	14mm
Flavor	FRUIT (coated fruit)	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-504-44	100 in 1 CARTON	01/01/2014	
1		1 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA079038	01/01/2014	

Labeler - AAFES/Your Military Exchanges (001695568)

Revised: 7/2023

AAFES/Your Military Exchanges