

SOLUBLE FIBER - methylcellulose tablet
Supervalu Inc.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Equaline soluble fiber caplets

ACTIVE INGREDIENT (in each caplet)

Methylcellulose 500 mg

PURPOSE

Bulk-forming laxative

USE(S)

- relieves occasional constipation to help restore and maintain regularity
- generally produces a bowel movement in 12-72 hours

WARNINGS

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

ASK A DOCTOR BEFORE USE IF YOU HAVE

- abdominal pain, nausea or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

WHEN USING THIS PRODUCT

- do not use laxative products for a period longer than one week unless directed by a doctor.
- do not use if you are on a low salt diet unless directed by a doctor.

STOP USE AND ASK DOCTOR IF

- rectal bleeding occurs
- you fail to have a bowel movement after use

These could be signs of a serious condition

KEEP OUT OF REACH OF CHILDREN

In case of overdose, get medical help or contact a Poison Control Center right away

DIRECTIONS

This product generally produces effect in 12-72 hours

- take this product (child or adult) dose with atleast 8 ounces (a full glass) of water or other fluid
- taking this product without enough liquid may cause choking, see choking warning.

AGE	DOSE	MAXIMUM DOSE
adults & children 12 years & over	2 caplets	up to 6 times daily
children 6 to 11 years	1 caplet	up to 6 times daily
children under 6 years	ask a doctor	ask a doctor

OTHER INFORMATION

- **each caplet contains:** sodium 10 mg
- store below 25°C (77°F)
- protect contents from moisture
- keep tightly closed

INACTIVE INGREDIENTS

citric acid, colloidal silicon dioxide, crospovidone, FD&C yellow no.6 aluminum lake, magnesium stearate, microcrystalline cellulose, sodium bicarbonate, sodium chloride, sodium lauryl sulfate.

PRINCIPAL DISPLAY PANEL

NDC 41163-288-16

Compare to Citrucel Caplets active ingredient*

EQUALINE

soluble fiber caplets

methylcellulose 500 mg

bulk forming laxative

- gently relieves constipation

100 Caplets

NDC 41163-288-16

compare to
Citrucel® Caplets
active ingredient*

EQUALINE®

**soluble fiber
caplets**

methylcellulose 500 mg
bulk forming laxative

• gently relieves constipation

100 caplets

Tamper evident: Do not use if printed seal under caplet is torn or missing.

Drug Facts

Active ingredient (in each caplet) Purpose

Methylcellulose 500 mg.....Bulk-forming laxative

Uses

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- generally produces a bowel movement in 12-72 hours

Warnings

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Ask a doctor before use if you have

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When using this product

- do not use laxative products for a period longer than one week unless directed by a doctor
- do not use if you are on a low salt diet unless directed by a doctor

Stop use and ask a doctor if

- rectal bleeding occurs
- you fail to have a bowel movement after use
- These could be signs of a serious condition.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

MFR# 53041 REV 05/18



DISTRIBUTED BY SUPervalU INC.
EDEN PRAIRIE, MN 55344 USA
GLUTEN FREE

LOT: 0 41163 47532 8



EXP:

Drug Facts (continued)

Directions

This product generally produces effect in 12-72 hours
 ■ take this product (child or adult) dose with at least 8 ounces (a full glass) of water or other fluid
 ■ taking this product without enough liquid may cause choking, see choking warning.

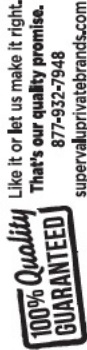
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Other information ■ each caplet contains:

sodium 10 mg ■ store below 25°C (77°F) ■ protect contents from moisture ■ keep tightly closed

Inactive ingredients citric acid, colloidal silicon dioxide, croscopolone, FD&C yellow no. 6, aluminum lake, magnesium stearate, microcrystalline cellulose, sodium bicarbonate, sodium chloride, sodium lauryl sulfate.

*This product is not manufactured or distributed by GlaxoSmithKline the distributor of CITRUCEL® Caplets.



STOP PEELING HERE

SOLUBLE FIBER

methylcellulose tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41163-288
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
METHYLCELLULOSE (4000 CPS) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 CPS) - UNII:MRJ667KA5E)	METHYLCELLULOSE (4000 CPS)	500 mg

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSPVIDONE, UNSPECIFIED (UNII: 2S7830E561)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
SODIUM BICARBONATE (UNII: 8MDF5V39QO)	
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	
SODIUM CHLORIDE (UNII: 451W47IQ8X)	

Product Characteristics

Color	ORANGE	Score	no score
Shape	CAPSULE	Size	18mm
Flavor		Imprint Code	G188
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41163-288-16	100 in 1 BOTTLE; Type 0: Not a Combination Product	08/24/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	08/24/2018	

Labeler - Supervalu Inc. (006961411)

Revised: 8/2018

Supervalu Inc.