

NUTRAVANCE- coenzyme q10, alpha-lipoic acid, ascorbic acid, beta-carotene, cholecalciferol, chromium, copper, d-alpha tocopheryl acid, folic acid, magnesium, manganese, methylcobalamin, molybdenum amino acid, niacinamide, potassium, pyridoxine, riboflavin, selenium, thiamine, zinc tablet
Blue Heron Pharmaceuticals, LLC

NutraVance

Health Claim:

NutraVance Tablets

Dispensed by Prescription

SUPPLEMENT FACTS		
Serving Size: 1 Tablet		
Servings Per Container: 30		
Amt. Per Serving:	%DV ‡	
<i>Vitamin A (as Retinyl Palmitate, Beta Carotene)</i>	750 mcg	83%
<i>Vitamin B1 (as Thiamine Mononitrate)</i>	15 mg	1250%
<i>Vitamin B2 (as Riboflavin)</i>	15 mg	1154%
<i>Vitamin B3 (as Niacinamide)</i>	20 mg	125%
<i>Vitamin B6 (as Pyridoxine HCL)</i>	17.5 mg	1029%
<i>Vitamin B12 (as Cyanocobalamin)</i>	50 mcg	2083%
<i>Vitamin C (as Ascorbic Acid, Acerola Fruit Extract)</i>	75 mg	83%
<i>Vitamin D3 (as Cholecalciferol)</i>	25 mcg (1,000 IU)	125%
<i>Vitamin E (d-alpha Tocopherol Succinate)</i>	20.1 mg	134%
<i>Folate (from Folic Acid 1000 mcg)</i>	1667 mcg DFE	417%
<i>Chromium (as Chromium Polynicotinate)</i>	100 mcg	286%
<i>Copper (as Copper Bisglycinate Chelate)</i>	1 mg	111%
<i>Magnesium (as Magnesium Bisglycinate Chelate)</i>	200 mg	48%
<i>Iodine (as Potassium Iodide)</i>	2.5 mg	50%
<i>Selenium (as Selenium Chelate)</i>	35 mcg	64%
<i>Zinc (as Zinc Gluconate)</i>	3.5 mg	68%
<i>Alpha-Lipoic Acid</i>	7.5 mg	**
<i>Coenzyme Q10</i>	10 mg	**
**% Daily value not established		

Other Ingredients: Modified Vegetable Cellulose, Stearic Acid, Silicon Dioxide (39% Si), Magnesium Stearate, Crosscarmellose Sodium, Clear Coating (PVA & PEG)

Description:

NutraVance Multivitamin Tablets are brown, oval tablets in plastic bottles of 30 ct.

85622-0014-30

Reserved for Professional Recommendation

NutraVance Multivitamin Tablets are an orally administered prescription vitamin to provide significant amounts of Vitamins B6, B12, C, D3, E, riboflavin, niacinamide, thiamine mononitrate, and folate to supplement the diet, and to help assure that nutritional deficiencies of these vitamins will not develop.

NutraVance Multivitamin Tablets should be administered under the supervision of a licensed medical practitioner.

This listed product is not a National Drug Code, but instead has merely been formatted to comply with standard industry practice for pharmacy and insurance computer systems.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

All prescriptions using this product shall be pursuant to state statutes as applicable. This is not an Orange Book product. This product may be administered only under a physician's supervision. There are no implied or explicit claims on therapeutic equivalence.

Manufactured for:

Blue Heron Pharmaceuticals

Lutz, FL 33559

Warnings:

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

NutraVance Multivitamin Tablets should only be used under the direction and supervision of a licensed medical practitioner. Use with caution in patients that may have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Dosage:

Usual adult dose is 1 tablet by mouth once daily, or as prescribed by a licensed medical practitioner.

Precautions:

CONTRAINDICATIONS

This product is contraindicated in patients with known hypersensitivity to any of the

ingredients.

PRECAUTIONS

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

ADVERSE REACTIONS

Allergic sensitizations have been reported following oral administration of folic acid. Consult your physician immediately if adverse side effects occur.

KEEP OUT OF THE REACH OF CHILDREN.

HOW SUPPLIED HEALTH CLAIM:

Store at 20° to 25°C (68° to 77°F; excursions permitted to 15° to 30°C (59° to 86°F) [See USP Controlled Room Temperature].

Label:

85622-0014-30

Blue Heron
PHARMACEUTICALS

NutraVance™
MULTIVITAMIN TABLETS

Comprehensive Daily Nutrition
for Energy, Immune & Overall Wellness*

Dispensed by
Prescription

30 TABLETS
DIETARY SUPPLEMENT

DOSAGE: One tablet daily, or as prescribed by a licensed medical practitioner.

NutraVance should be administered under the supervision of a licensed medical practitioner.

KEEP OUT OF THE REACH OF CHILDREN.

STORAGE: Store at 20° to 25°C (68° to 77°F); excursions permitted to 15° to 30°C (59° to 86°F). [See USP Controlled Room Temperature.] Protect from light and moisture.

This listed product number is not a National Drug Code, but instead has merely been formatted to comply with standard industry practice for pharmacy and insurance systems.

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Lot:
EXP:

85622-0014-30

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Manufactured for:
Blue Heron Pharmaceuticals
2831 Allegra Way Suite 218 Lutz FL 33559
Questions? Call: 813-380-0271
www.blueheronpharma.com

NUTRAVANCE

coenzyme q10, alpha-lipoic acid, ascorbic acid, beta-carotene, cholecalciferol, chromium, copper, d-alpha tocopheryl acid, folic acid, magnesium, manganese, methylcobalamin, molybdenum amino acid, niacinamide, potassium, pyridoxine, riboflavin, selenium, thiamine, zinc tablet

Product Information

Product Type	DIETARY SUPPLEMENT	Item Code (Source)	NHRIC:85622-014
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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VITAMIN A (UNII: 81G40H8B0T) (VITAMIN A - UNII:81G40H8B0T)	VITAMIN A	750 ug
ASCORBIC ACID (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	75 mg
CHOLECALCIFEROL (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	25 ug
.ALPHA.-TOCOPHEROL SUCCINATE, D- (UNII: LU4B53JYVE) (.ALPHA.-TOCOPHEROL, D- - UNII:N9PR3490H9)	.ALPHA.-TOCOPHEROL SUCCINATE, D-	20.1 mg
THIAMINE MONONITRATE (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	15 mg
RIBOFLAVIN (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	15 mg
NIACINAMIDE (UNII: 25X51I8RD4) (NIACINAMIDE - UNII:25X51I8RD4)	NIACINAMIDE	20 mg
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	PYRIDOXINE	17.5 mg
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1000 ug
CYANOCOBALAMIN (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	50 ug
POTASSIUM IODIDE (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	IODIDE ION	75 ug
MAGNESIUM OXIDE (UNII: 3A3U0GI71G) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CATION	200 mg
ZINC GLUCONATE (UNII: U6WSN5SQ1Z) (ZINC CATION - UNII:13S1S8SF37)	ZINC GLUCONATE	7.5 mg
SELENIUM (UNII: H6241UJ22B) (SELENIUM - UNII:H6241UJ22B)	SELENIUM	35 ug
COPPER (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	1 mg
MANGANESE (UNII: 42Z2K6ZL8P) (MANGANESE - UNII:42Z2K6ZL8P)	MANGANESE	2.5 mg
CHROMIUM NICOTINATE (UNII: A150AY412V) (NIACIN - UNII:2679MF687A)	CHROMIUM NICOTINATE	100 ug
ALPHA LIPOIC ACID (UNII: 73Y7P0K73Y) (.ALPHA.-LIPOIC ACID - UNII:73Y7P0K73Y)	ALPHA LIPOIC ACID	75 mg
UBIDECARENONE (UNII: EJ27X76M46) (UBIDECARENONE - UNII:EJ27X76M46)	UBIDECARENONE	10 mg

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:85622-014-30	30 in 1 BOTTLE		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
dietary supplement		05/08/2026	

Supplement Facts

Serving Size :

Serving per Container :

	Amount Per Serving	% Daily Value
color		
shape		
size (solid drugs)	19 mm	
scoring	1	

Revised: 5/2026

Blue Heron Pharmaceuticals, LLC