

GEL COOLING PAIN RELIEF- menthol gel
The Kroger Co.

Kroger 894.002/894AB-AC
Gel Cooling Pain Relief

Active ingredient

Menthol 4%

Purpose

External analgesic

Use

for temporary relief from minor aches and pains of muscles & joints associated with

- simple backache
- arthritis
- strains
- bruises
- sprains

Warnings

For external use only

Flammable, keep away from fire or flame.

When using this product

- avoid contact with the eyes
- do not apply to wounds or damaged skin
- do not bandage tightly

Stop use and ask a doctor if

- condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days

Keep out of reach of children

If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- adults and children 2 years of age and older: apply to affected area not more than 3

to 4 times daily

- children under 2 years of age: consult physician.

Other information

- store in a cool dry place with lid closed tightly

Inactive ingredients

Aloe barbadensis leaf juice, Arctium lappa root extract, Arnica montana flower extract, blue 1, Boswellia carterii resin extract, Calendula officinalis flower extract, Camellia sinensis leaf extract, camphor, carbomer, Chamomilla recutita (matricaria) flower extract, glycerin, Ilex paraguariensis leaf extract, isopropyl alcohol, isopropyl myristate, Juniperus communis fruit extract, Melissa officinalis extract, silica, sodium hydroxide, tocopheryl acetate, water, yellow 5

Questions or comments?

Call 1-800-632-6900

Disclaimer

*BIOFREEZE[®] IS A REGISTERED TRADEMARK OF RECKITT HEALTH PAIN (US) LLC.

Adverse Reactions Section

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CINCINNATI, OHIO 415202

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principal display panel

COMPARE TO the active ingredient in BIOFREEZE[®] PAIN RELIEF GEL*

Kroger[®]

Cooling

Therapy

Relief

Pain Relieving Gel

Cold Pain Relief Therapy

Fast Acting Menthol Pain Relief

Provides Temporary Relief from
Sore Muscles, Joints, Sprains,
Strains & Bruises
3 FL OZ (89 mL)

Drug Facts	
Active ingredient	Purpose
Menthol 4%.....	EXTERNAL ANALGESIC
Uses for Temporary relief from minor aches and pains of muscles & joints associated with • simple backache • arthritis • strains • bruises • sprains	
Warnings For external use only.	
Flammable, keep away from fire or flame.	
When using this product	
• avoid contact with the eyes	
• do not apply to wounds or damaged skin	
• do not bandage tightly	
Stop use and ask a doctor if • condition worsens, or if symptoms persist for more than 7 days, or clear up and occur again within a few days	
Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away	
Directions	
• Adults and children 2 years of age and older: Apply to affected area not more than 3 to 4 times daily.	
• Children under 2 years of age: Consult physician.	
Other information	
• store in a cool dry place with lid closed tightly	
Inactive ingredients ALOE BARBADENSIS LEAF JUICE, ARCTIUM LAPPULA ROOT EXTRACT, ARNICA MONTANA FLOWER EXTRACT, BLUE 1, BOSWELLIA CARTERII RESIN EXTRACT, CALENDULA OFFICINALIS FLOWER EXTRACT, CAMELLIA SINENSIS LEAF EXTRACT, CAMPHOR, CARBOMER, CHAMOMILLA RECUTITA (MATRICARIA) FLOWER EXTRACT, GLYCERIN, LLEX PARAGUARIENSIS LEAF EXTRACT, ISOPROPYL ALCOHOL, ISOPROPYL MYRISTATE, JUNIPERUS COMMUNIS FRUIT EXTRACT, MELISSA OFFICINALIS EXTRACT, SILICA, SODIUM HYDROXIDE, TOCOPHERYL ACETATE, WATER, YELLOW 5.	
Questions or comments? Call 1-800-632-6900	

COMPARE TO the active ingredient
in BIOFREEZE® PAIN RELIEF GEL*



Cooling Therapy Relief

Pain Relieving Gel

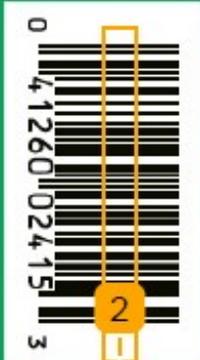
Cold Pain Relief Therapy

Fast Acting Menthol Pain Relief

Provides Temporary Relief from
Sore Muscles, Joints, Sprains,
Strains & Bruises

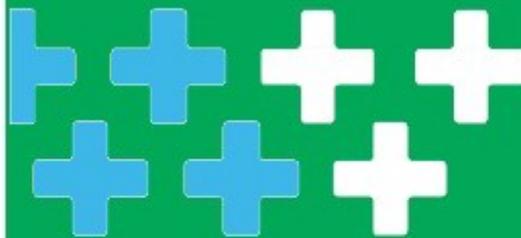
*BIOFREEZE® IS A REGISTERED TRADEMARK OF
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CINCINNATI, OHIO 45202



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LD01898378



3 FL OZ (89mL)

GEL COOLING PAIN RELIEF

menthol gel

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30142-043
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	40 mg in 1 mL

Inactive Ingredients

Ingredient Name	Strength
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
ARCTIUM LAPPA ROOT (UNII: 597E9BI3Z3)	
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FRANKINCENSE (UNII: R9XLF1R1WM)	
CALENDULA OFFICINALIS FLOWER (UNII: P0M7O4Y7YD)	
GREEN TEA LEAF (UNII: W2ZU1RY8B0)	
CAMPHOR (NATURAL) (UNII: N20HL7Q941)	
CARBOMER HOMOPOLYMER, UNSPECIFIED TYPE (UNII: 0A5MM307FC)	
CHAMOMILE (UNII: FGL3685T2X)	
GLYCERIN (UNII: PDC6A3C0OX)	
ILEX PARAGUARIENSIS LEAF (UNII: 1Q953B4O4F)	
ISOPROPYL ALCOHOL (UNII: ND2M416302)	
ISOPROPYL MYRISTATE (UNII: 0RE8K4LNJS)	
JUNIPER BERRY (UNII: O84B5194RL)	
MELISSA OFFICINALIS WHOLE (UNII: YF70189L0N)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
.ALPHA.-TOCOPHEROL ACETATE (UNII: 9E8X80D2L0)	
WATER (UNII: 059QF0KOOR)	
FD&C YELLOW NO. 5 (UNII: I753WB2F1M)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-043-21	89 mL in 1 TUBE; Type 0: Not a Combination Product	02/15/2020	
2	NDC:30142-043-18	74 mL in 1 BOTTLE, WTH APPLICATOR; Type 0: Not a Combination Product	02/15/2020	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	02/15/2020	

Labeler - The Kroger Co. (006999528)

Registrant - Nice-Pak Products, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(30142-043)

Revised: 2/2026

The Kroger Co.