

**ACETAMINOPHEN AND DIPHENHYDRAMINE HYDROCHLORIDE- acetaminophen and diphenhydramine hydrochloride tablet**  
**Bi-Mart**

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**Drug Facts**

<b>Active ingredients (in each caplet)</b>	<b>Purpose</b>
Acetaminophen 500 mg	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

**Uses**

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**

**Liver warning**

This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:**

acetaminophen may cause severe skin reactions.

Symptoms may include:

- skin reddening ■ blisters ■ rash

If a skin reaction occurs, stop use and seek medical help right away

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

**If pregnant or breast-feeding,**ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

***Directions***

- **do not take more than directed (see overdose warning)**
- **adults and children 12 years and over:**take 2 caplets at bedtime; do not take more than 2 caplets of this product in 24 hours
- **children under 12 years:**do not use

***Other information***

- store between 20-25°C (68-77°F)
- DO NOT USE IF PRINTED SEAL UNDER CAP IS MISSING OR DAMAGED

**Inactive ingredients**

brilliant blue lake, colloidal silicon dioxide, indigo carmine lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, pregelatinized starch, PVP-K30, sodium starch glycolate, stearic acid, talc, titanium dioxide.

***Questions?***

call toll free **1-844-912-4012**

# PRINCIPAL DISPLAY PANEL-100 Count

NDC 37835-537-01

Compare to the active ingredients in Extra Strength Tylenol® PM\*

## EXTRA STRENGTH PAIN RELIEVER PM

Acetaminophen, Diphenhydramine HCl

Pain Reliever / Nighttime Sleep Aid

100 Caplets

\*This product is not manufactured or distributed by the owner of the registered trademark Extra Strength Tylenol® PM.

Distributed by:

**BI-MART**

Eugene, OR 97402

Compare to the active ingredients in Extra Strength Tylenol® PM\*

**BI-MART** NDC 37835-537-01

**EXTRA STRENGTH PAIN RELIEVER PM**

Non-Habit Forming

ACETAMINOPHEN  
DIPHENHYDRAMINE HCl  
Pain Reliever / Nighttime Sleep Aid

**100 CAPLETS**

DO NOT USE IF PRINTED SEAL UNDER CAP IS MISSING OR DAMAGED

**Drug Facts**

**Active ingredients (in each caplet) Purpose**  
Acetaminophen 500 mg ..... Pain reliever  
Diphenhydramine HCl 25 mg ..... Nighttime sleep aid

**Uses** temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**  
**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take ■ more than 4,000 mg of acetaminophen in 24 hours ■ with other drugs containing acetaminophen ■ 3 or more alcoholic drinks every day while using this product  
**Allergy alert:** acetaminophen may cause severe skin reactions. Symptoms may include:  
■ skin redness ■ blisters ■ rash. If a skin reaction occurs, stop use and seek medical help right away.

**Do not use** ■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist. ■ with any other product containing diphenhydramine, even one used on skin ■ in children under 12 years of age ■ if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have** ■ liver disease ■ a breathing problem such as emphysema or chronic bronchitis ■ trouble urinating due to an enlarged prostate gland ■ glaucoma

**Ask a doctor or pharmacist before use if you are**  
■ taking the blood thinning drug warfarin ■ taking

BI-MART UNCONVENTIONAL MONITOR BACK LABELS: If you are not completely satisfied with your BI-MART purchase, return the unused portion and your entire purchase price will be cheerfully refunded.

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PEEL FOR DIRECTIONS

LIFT HERE

**Drug Facts (continued)**

sedatives or tranquilizers  
■ drowsiness will occur  
■ avoid alcoholic drinks ■ do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**  
■ sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness. ■ pain gets worse or lasts more than 10 days ■ fever gets worse or lasts more than 3 days ■ redness or swelling is present ■ new symptoms occur These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.**  
**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

**Directions** ■ do not take more than directed (see overdose warning)  
■ adults and children 12 years and over: take 2 caplets at bedtime; do not take more than 2 caplets of this product in 24 hours  
■ children under 12 years: do not use

**Other information**  
■ Store between 20-25°C (68-77°F)

**Inactive ingredients**  
Brilliant blue lake, colloidal silicon dioxide, indigo carmine lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, pregelatinized starch, PVP-K30, sodium starch glycolate, stearic acid, talc, titanium dioxide.

**Questions?** call toll-free 1-844-912-4012

\*This product is not manufactured or distributed by the owner of the registered trademark Extra Strength Tylenol® PM

# PRINCIPAL DISPLAY PANEL-250 Count

**NDC 37835-537-25**

Compare to the active ingredients in Extra Strength Tylenol<sup>®</sup> PM\*

**EXTRA STRENGTH PAIN RELIEVER PM**

Acetaminophen, Diphenhydramine HCl

Pain Reliever / Nighttime Sleep Aid

250 Caplets

\*This product is not manufactured or distributed by the owner of the registered trademark Extra Strength Tylenol<sup>®</sup> PM.

Distributed by:

**BI-MART**

Eugene, OR 97402

Compare to the active ingredients in Extra Strength Tylenol<sup>®</sup> PM\*

**VP VALUE PACK**

**BI-MART** NDC 37835-537-25

**EXTRA STRENGTH PAIN RELIEVER PM**

Non-Habit Forming

**ACETAMINOPHEN  
DIPHENHYDRAMINE HCl**

Pain Reliever / Nighttime Sleep Aid

**250 CAPLETS**

DO NOT USE IF PRINTED SEAL UNDER CAP IS MISSING OR DAMAGED

**Drug Facts**

<b>Active ingredients (in each caplet)</b>	<b>Purpose</b>
Acetaminophen 500 mg.....Pain reliever	
Diphenhydramine HCl 25 mg.....Nighttime sleep aid	

**Uses** temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** acetaminophen may cause severe skin reactions. Symptoms may include: ■ skin reddening ■ blisters ■ rash

If a skin reaction occurs, stop use and seek medical help right away.

**Do not use** ■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist. ■ with any other product containing diphenhydramine, even one used on skin

- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have** ■ liver disease ■ a breathing problem such as emphysema or chronic bronchitis ■ trouble urinating due to an enlarged prostate gland ■ glaucoma

**PEEL FOR DIRECTIONS** 537-25-BM 02/25

**LIFT HERE**

BI-MART UNCONDITIONAL MONEY BACK GUARANTEE. If you are not completely satisfied with your purchase of this product, return the unopened portion and your entire purchase price will be cheerfully refunded.

Distributed by: BI-MART Eugene, OR 97402

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**Drug Facts (continued)**

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product** ■ drowsiness will occur ■ avoid alcoholic drinks ■ do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks.
- Insomnia may be a symptom of serious underlying medical illness. ■ pain gets worse or lasts more than 10 days ■ fever gets worse or lasts more than 3 days ■ redness or swelling is present ■ new symptoms occur

These could be signs of a serious condition.

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**ACETAMINOPHEN AND DIPHENHYDRAMINE HYDROCHLORIDE**

acetaminophen and diphenhydramine hydrochloride tablet

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:37835-537
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
<b>DIPHENHYDRAMINE</b> (UNII: 8GTS82S83M) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE	25 mg

**Inactive Ingredients**

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POLYVINYL ALCOHOL</b> (UNII: 532B59J990)	
<b>STARCH, PREGELATINIZED CORN</b> (UNII: O8232NY3SJ)	
<b>POVIDONE K30</b> (UNII: U725QWY32X)	
<b>SODIUM STARCH GLYCOLATE TYPE A CORN</b> (UNII: AG9B65PV6B)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TALC</b> (UNII: 7SEV7J4R1U)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

**Product Characteristics**

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	17mm
<b>Flavor</b>		<b>Imprint Code</b>	APM
<b>Contains</b>			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37835-537-01	100 in 1 BOTTLE; Type 0: Not a Combination Product	02/01/2025	
2	NDC:37835-537-25	250 in 1 BOTTLE; Type 0: Not a Combination Product	02/01/2025	

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date

OTC Monograph Drug	M013	02/01/2025	
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**Labeler - Bi-Mart (027630078)**

**Establishment**

Name	Address	ID/FEI	Business Operations
Health Pharma USA LLC		080804485	manufacture(37835-537)

Revised: 2/2025

Bi-Mart