

NO-SHIFT-LAG- arnica montana, bellis perennis, ipecac, phytolacca americana root, and zinc tablet

Miers Laboratories

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

No-Shift-Lag™

Drug Facts

Active Ingredients	Purpose
Arnica Montana 30C HPUS	For the relief of symptoms of shift lag
Bellis Perennis 30C HPUS	
Cephaelis ipecacuanha 30C HPUS	
Phytolacca decandra 30C HPUS	
Zinc metallicum 30C HPUS	

Uses

For the relief of shift lag such as tiredness due to working night shifts.

Warnings

Do not use if the blister pack is broken.

Stop use and ask a doctor if symptoms persist for more than 3 days or worsen.

If pregnant or breast-feeding, ask a health professional before use.

- **Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Centre right away.

Directions

Adults Dose	Chew one tablet at the beginning of a night shift and one tablet at the end of a night shift. However, variation of these directions is acceptable and may be found preferable. Best taken separately from meals. Can be used with other types of medication.
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Other Information

- store under 85°F (30°C)
- No known drug interactions
- Non drowsy
- **Important: Read all product information before using. Keep this package for important information.**

Inactive ingredients

Dextrose, and separating agents magnesium stearate and silicon dioxide.

Distributed to retailers by

Miers Distributors LLC

Boulder Colorado 80302

Tel 1- 213-776-0095

www.noshiftlag.com

www.miersdistributors.com

Manufactured by

Miers Laboratories Limited

Wellington New Zealand 6144

PRINCIPAL DISPLAY PANEL - 32 Tablet Blister Pack Carton**Made in New Zealand**

NDC 59672-0230-1

NET 32 TABLETS**NO-SHIFT-LAG™**

safe natural effective no side effects or drug interactions

Homeopathic Shift Lag Prevention

NO-SHIFT-LAG™
Homeopathic Shift Lag Prevention
32 TABLETS

NDC 59672-0230-1

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The letters HPUS indicate that these ingredients are officially included in the Homeopathic Pharmacopeia of the United States.

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F5751-CV-A R3



Lot number 226

USE BY JANUARY 31 2030

NO-SHIFT-LAG

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Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:59672-0230
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	30 [hp_C]
BELLIS PERENNIS (UNII: 2HU33I03UY) (BELLIS PERENNIS - UNII:2HU33I03UY)	BELLIS PERENNIS	30 [hp_C]
IPECAC (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	30 [hp_C]
PHYTOLACCA AMERICANA ROOT (UNII: 11E6V18VEG) (PHYTOLACCA AMERICANA ROOT - UNII:11E6V18VEG)	PHYTOLACCA AMERICANA ROOT	30 [hp_C]
ZINC (UNII: J41CSQ7QDS) (ZINC - UNII:J41CSQ7QDS)	ZINC	30 [hp_C]

Inactive Ingredients

Ingredient Name	Strength
DEXTROSE, UNSPECIFIED FORM (UNII: IY9XDZ35W2)	242 mg
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

MAGNESIUM STEARATE (UNII: 70097M6I30)

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	9mm
Flavor		Imprint Code	ML
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59672-0230-1	1 in 1 CARTON	01/20/2016	
1		32 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/20/2016	

Labeler - Miers Laboratories (594355794)

Establishment

Name	Address	ID/FEI	Business Operations
Miers Laboratories		594355794	manufacture(59672-0230)

Revised: 12/2025

Miers Laboratories