

**MIELIM Y MAS- dextromethorphan liquid**  
**Efficient Laboratories Inc.**

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**Drug Facts**

**Active Ingredient: (In each teaspoonful 5 mls)**

**Purpose**

Dextromethorphan HBr 15 mg (USP).....Cough Suppressant

**Cough Suppressant**

**Warnings**

A persistent cough may be a sign of a serious condition. If cough persists for more than 1 week, tends to recur, or is accompanied by fever, rash or persistent headache, consult a doctor.

**Do not use**

- this product for persistent or chronic cough such as occurs with smoking, asthma, or emphysema, or if cough is accompanied by excessive phlegm (mucus) unless directed by a doctor.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug.
- if you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Stop use and ask a doctor**

- if cough persists for more than 1 week, tends to recur, or is accompanied by a fever, rash or persistent headache.

**Keep Out of Reach of Children.**

**In case of accidental overdose, get medical help or contact the Poison Control Center right away.**

**If pregnant or breast-feeding,**ask a health professional before use.

**Directions:**

Shake well immediately before use.

Do not exceed 4 doses in any 24 hour period.

Adults and Children 12 years and over - 10 ml (2 tsps) every 6 to 8 hours

Children 6 to under 12 years of age - 5 ml (1 tsp) every 6 to 8 hours

Children under 6 years of age - Consult a doctor

Temporarily relieves cough as may occur with the common cold or inhaled irritants.

**Inactive Ingredients:** Aspartame, Flavor, Honey, Methylparaben, Potassium Sorbate, Propylene

Glycol, Propylparaben, Purified Water and Sodium Chloride.

## Questions or Comments?

305.805.3456 Monday-Friday 9AM to 5PM EST

www.efficientlabs.com

<p><b>Drug Facts</b></p> <p><b>Active ingredient:</b> (in each teaspoonful 5 ml) <b>Purpose</b> Dextromethorphan HBr 15 mg (USP)..... Cough Suppressant</p> <p><b>Uses</b> • Temporarily relieves cough as may occur with the common cold or inhaled irritants.</p> <p><b>Warnings</b> A persistent cough may be a sign of a serious conditions. If cough persists for more than 1 week, tends to recur, or is accompanied by fever, rash or persistent headache, consult a doctor.</p> <p><b>Do not use</b></p> <ul style="list-style-type: none"> <li>• this product for persistent or chronic cough such as occurs with smoking, asthma, or emphysema, or if cough is accompanied by excessive phlegm (mucus) unless directed by a doctor.</li> <li>• if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug.</li> <li>• if you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.</li> </ul> <p><b>Stop use and ask a doctor</b> If cough persists for more than 1 week, tends to recur, or is accompanied by a fever, rash, or persistent headache.</p> <p><b>If pregnant or breast-feeding</b>, ask a health professional before use.</p> <p><b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away. ➔</p>	 <h1 style="color: yellow; margin: 0;">Mielim y más®</h1> <p style="margin: 0;"><b>ANTITUSSIVE</b></p> <p style="margin: 0;"><b>ADVANCED FORMULA</b></p> <p style="margin: 0;"><b>Dextromethorphan HBr</b></p> <p style="margin: 0;"><b>Cough Suppressant</b></p> <p style="margin: 0;"><b>Made with PURE HONEY</b></p> <p style="margin: 0;"><b>Pleasant LEMON FLAVOR</b></p> <p style="margin: 0;"><b>Free of alcohol and antihistamines</b></p>	<p><b>Directions:</b> Shake well immediately before each use. Do not exceed 4 doses in any 24 hour period.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%;">Age</th> <th style="width: 50%;">Dose</th> </tr> </thead> <tbody> <tr> <td>Adults and Children 12 years and over</td> <td>10ml (2 tsp) every 6 to 8 hrs.</td> </tr> <tr> <td>Children 6 to under 12 years of age</td> <td>5ml (1 tsp) every 6 to 8 hrs.</td> </tr> <tr> <td>Children under 6 years of age</td> <td>Consult a doctor</td> </tr> </tbody> </table> <p><b>Other Information</b> Each 5 ml contains: sodium 6 mg, and potassium 2 mg. Phenylketonurics: Contains Phenylalanine 6.75 mg per 5 ml (teaspoonful). <b>Tamper Evident Feature:</b> Do not use if cap seal is torn, broken or missing. Dosage cup included. Store between 15° - 30° C (59° - 86° F). Does not contain alcohol or antihistamines. Product color and flavor may vary due to natural honey.</p> <p><b>Inactive Ingredients:</b> Aspartame, Flavor, Honey, Methylparaben, Potassium Sorbate, Propylene Glycol, Propylparaben, Purified Water and Sodium Chloride.</p> <p><b>Questions or Comments?</b> 305.805.3456 Monday- Friday 9 AM to 5PM EST www.efficientlabs.com</p>	Age	Dose	Adults and Children 12 years and over	10ml (2 tsp) every 6 to 8 hrs.	Children 6 to under 12 years of age	5ml (1 tsp) every 6 to 8 hrs.	Children under 6 years of age	Consult a doctor
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<p>Lot #. _____</p> <p>Exp. Date: _____</p>	<p>Rev 03/17</p> <p><b>Net Wt. 6 fl. oz. (178 mls.)</b></p>	<p><b>Distributed by</b> Efficient Laboratories, Inc., Miami, FL 33166 <b>Made in U.S.A.</b></p>								

<b>MIELIM Y MAS</b>			
dextromethorphan liquid			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:58593-295
<b>Route of Administration</b>	ORAL		
<b>Active Ingredient/Active Moiety</b>			
	<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
	<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	15 mg in 5 mL
<b>Inactive Ingredients</b>			
	<b>Ingredient Name</b>		<b>Strength</b>
	<b>ASPARTAME</b> (UNII: Z0H242BBR1)		
	<b>HONEY</b> (UNII: Y9H1V576FH)		
	<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)		

**PROPYLENE GLYCOL** (UNII: 6DC9Q167V3)

**PROPYLPARABEN** (UNII: Z8IX2SC1OH)

**METHYLPARABEN** (UNII: A2I8C7HI9T)

**WATER** (UNII: 059QF0KO0R)

**SODIUM CHLORIDE** (UNII: 451W47IQ8X)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58593-295-04	118 mL in 1 BOTTLE; Type 0: Not a Combination Product	02/01/1997	05/16/2023
2	NDC:58593-295-06	178 mL in 1 BOTTLE; Type 0: Not a Combination Product	02/01/1997	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	02/01/1997	

**Labeler** - Efficient Laboratories Inc. (969044932)

**Registrant** - Efficient Laboratories Inc. (969044932)

Revised: 10/2024

Efficient Laboratories Inc.