

**PUBLIX FAST RELIEF EFFERVESCENT- aspirin, citric acid, sodium bicarbonate tablet, effervescent
Publix Super Markets Inc.**

Publix Fast Relief Effervescent

Active ingredients (in each effervescent tablet)

Aspirin 325 mg (NSAID)*

Citric acid 1000 mg

Sodium bicarbonate (heat-treated) 1916 mg

*Nonsteroidal anti-inflammatory drug

Purpose

Aspirin 325 mg (NSAID)*.Pain reliever

Citric acid 1000 mg Antacid

Sodium bicarbonate (heat-treated) 1916 mg Antacid

*Nonsteroidal anti-inflammatory drug

Uses

Usesfor the temporary relief of

- heartburn, acid indigestion and sour stomach when accompanied by headache or body aches and pains
- upset stomach with headache from overindulgence in food or drink
- pain alone (headaches or body aches and pains)

Warnings

Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

Allergy alert: Aspirin may cause a severe allergic reaction which may include: ■ hives ■ facial swelling ■ asthma (wheezing) ■ shock

Stomach bleeding warning: This product contains a nonsteroidal anti-inflammatory drug (NSAID), which may cause severe stomach bleeding. The chance is higher if you ■ are age 60 or older ■ have had stomach ulcers or bleeding problems ■ take a blood thinning (anticoagulant) or steroid drug ■ take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others) ■ have 3 or more

alcoholic drinks every day while using this product ■ take more or for a longer time than directed

Do not use

Do not use ■ if you have ever had an allergic reaction to any other pain reliever/fever reducer

■ if you are allergic to aspirin ■ if overly full from food or drink. Ask a doctor if severe stomach pain occurs after taking this product.

Ask a doctor before use if

Ask a doctor before use if ■ stomach bleeding warning applies to you ■ you have a history of stomach problems, such as heartburn ■ you have high blood pressure, heart disease, liver cirrhosis, or kidney disease ■ you are taking a diuretic

Ask a doctor or pharmacist before use if you are

Ask a doctor or pharmacist before use if you are ■ presently taking a prescription drug. Antacids may interact with certain prescription drugs. ■ taking a prescription drug for anticoagulation (thinning the blood), diabetes, gout or arthritis

When using this product

When using this product do not take more than 8 tablets (adults) or 4 tablets (60 years and over) in a 24-hour period or use the maximum dosage for more than 10 days

Stop use and ask a doctor if

Stop use and ask a doctor if you experience any of the following signs of stomach bleeding

■ feel faint ■ vomit blood ■ have bloody or black stools ■ have stomach pain that does not get better

■ an allergic reaction occurs. Seek medical help right away.

■ pain lasts for more than 10 days or gets worse

■ new symptoms occur

■ redness or swelling is present

■ ringing in the ears or a loss of hearing occurs

If pregnant or breast-feeding

If pregnant or breast-feeding, ask a health professional before use. **It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in**

the unborn child or complications during delivery.

Keep out of reach of children.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

■ do not exceed recommended dosage

■ to avoid serious injury, completely dissolve tablets in 4 oz. of water before taking
adults and children 12 years and over (up to 60 years of age): 2 tablets every 4 hours -
do not exceed 8 tablets in 24 hours

60 years and over: 2 tablets every 4 hours do not exceed 4 tablets in 24 hours

Take this product any time - morning, noon or night - when you need relief from
heartburn, acid indigestion, sour stomach with headache or body aches and pains.

Place two (2) tablets in 4 oz. of water. Dissolve tablets completely. You do not have to
drink any of the residue that may be on the bottom of the glass. The medicines are in
the water.

Other information

■ **each tablet contains:** sodium 524 mg

■ store at room temperature (59°-86°F)

Inactive ingredients

■ none

Questions

Serious side effects associated with the use of this product can be reported to the
following address:

DISTRIBUTED BY

PUBLIX SUPER MARKETS, INC.

3300 PUBLIX CORPORATE PARKWAY

LAKELAND, FL 33811

publix.com

PACKAGE LABEL. PRINCIPAL DISPLAY PANEL



PUBLIX FAST RELIEF EFFERVESCENT

aspirin, citric acid, sodium bicarbonate tablet, effervescent

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:56062-421
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ASPIRIN (UNII: R16CO5Y76E) (ASPIRIN - UNII:R16CO5Y76E)	ASPIRIN	325 mg
SODIUM BICARBONATE (UNII: 8MDF5V39QO) (BICARBONATE ION - UNII:HN1Z RA3Q20)	SODIUM BICARBONATE	1916 mg
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL) (ANHYDROUS CITRIC ACID - UNII:XF417D3PSL)	ANHYDROUS CITRIC ACID	1000 mg

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	25mm
Flavor		Imprint Code	L421
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:56062-421-68	18 in 1 CARTON	11/10/2011	
1		2 in 1 POUCH; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	11/10/2011	12/31/2026

Labeler - Publix Super Markets Inc. (006922009)

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Publix Super Markets Inc.