

EPSOM SALT- magnesium sulfate granule, for solution
HARRIS TEETER

Harris Teeter 602.002/602AA
Epsom Salt

TEP Statement

Tamper Evident Packaging

Caution: This package has been sealed for your protection.

Do not use if package is open, torn or mutilated

Disclaimer

FOR EXTERNAL USE AS A SOAKING AID FOR MINOR SPRAINS AND BRUISES.

DIRECTIONS: For a relaxing bath/soak, generously sprinkle Epsom Salt into warm, running bath water.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

Active ingredient

Magnesium sulfate USP (heptahydrate) 100%

Purpose

Saline Laxative

Uses

- for relief of occasional constipation (irregularity)
- for this product generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks

- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a help professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste.

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

Other information

- **each teaspoon (5 grams) contains:** magnesium 495 mg

Inactive Ingredients

None

Adverse Reaction

PROUDLY DISTRIBUTED BY:

HARRIS TEETER, LLC, MATTHEWS, NC 28105

1-800-432-6111 or harristeeter.com

principal panel display

Cut along dotted line and press zipper to reseal.

Harris Teeter [™]

EPSOM SALT

MAGNESIUM SULFATE U.S.P.

SALINE LAXATIVE

For Relief of Occasional Constipation

SOAKING AID

For Minor Sprains and Bruises

NET WT. 4 LB (1.81 kg)

EPSOM SALT

Magnesium Sulfate U.S.P.

NET WT. 4 LB (1.81 kg)

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LOG21923PA



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Magnesium Sulfate U.S.P.

Saline Laxative
 For Relief of Occasional Constipation
Soaking Aid
 For Minor Sprains and Bruises

NET WT. **4** LB (1.81 kg)

EPSOM SALT NET WT. **4** LB
 Magnesium Sulfate U.S.P. (1.81 kg)

EPSOM SALT

magnesium sulfate granule, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:72036-602
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g
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Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72036-602-01	1814 g in 1 POUCH; Type 0: Not a Combination Product	12/03/2024	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	12/03/2024	

Labeler - HARRIS TEETER (047279351)

Registrant - Nice-Pak Products, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(72036-602)

Revised: 2/2026

HARRIS TEETER