

EPSOM SALT- magnesium sulfate granule

Walgreens

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

- **do not use more than directed**

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons dissolved in a full glass (8oz) of water

Not recommended for children under 6 years of age.

Other information

- **each teaspoon contains:** magnesium 495 mg

Inactive ingredient

none

Questions or comments?

For laxative or soak, call 1-877-753-3935 Monday- Friday 9AM-5PM EST

Principal Display Panel**EPSOM SALTS**

MAGNESIUM SULFATE USP

(HEPTAHYDRATE) 100%

- Soaking aid for minor sprains & bruises
- Saline laxative

NET WT LBS (kg)

Tamper evident: do not use if the heat-sealed pouch is improperly sealed

DISTRIBUTED BY: WALGREEN CO.

200 WILMOT RD., DEERFIELD, IL 60015

walgreens.com

Package Label

Cut along dotted line. Press zipper to reseal. PACKAGE OPENING

REWIND PANEL

Resealable Pouch Tamper evident: Do not use if the heat-sealed pouch is improperly sealed

Walgreens Epsom Salt

Walgreens Epsom Salt is useful every season of the year.

Winter Warmth:
Simply dissolve 2 cups of Epsom salt in a warm bath for a calm, refreshing soak that warms and relaxes your muscles.

Spring Mineral Spa:
Springtime is your fresh start to working out, often leading to overexertion. Dissolve 2 cups of Epsom salt in warm bath water, settle in, and experience the relief and relaxation.

Summer First Aid:
Mix 1 cup of Epsom salt in 1 quart of cold water to make a compress. Apply it with a washcloth as a wet dressing to relieve mild sunburn, mosquito bites or bee stings.

Autumn Relaxation:
Dissolve 2 cups of Epsom salt in a warm bath to revitalize tired, aching muscles and feel more refreshed and rejuvenated.

VALUE SIZE NDC 0363-0395-06



Epsom Salt

MAGNESIUM SULFATE USP (HEPTAHYDRATE) 100%

- Soaking aid for minor sprains & bruises
- Saline laxative



NET WT 96 OZ (6 LB) / 2.72 kg

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Inactive ingredient none

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 PLASTIC POUCH

*Our pharmacists recommend the Walgreens brand.

DISTRIBUTED BY: WALGREEN CO.
200 WILMOT RD., DEERFIELD, IL 60015

100% SATISFACTION GUARANTEED

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ITEM 157831 W10606-0622-F



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W3OR09821-F REV-0122

WALGREENS Epsom Salt

EPSOM SALT

magnesium sulfate granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0363-0395
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0363-0395-04	1810 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2016	
2	NDC:0363-0395-06	2721 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2016	01/30/2027
3	NDC:0363-0395-03	1360 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2016	
4	NDC:0363-0395-01	454 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2016	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	04/30/2016	

Labeler - Walgreens (008965063)

Revised: 9/2025

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