

TERRAMED JUST THINK COMFORT LEG CRAMP- aconitum napellus,arnica montana,magnesium phosphorica,rhus toxicodendron,viscum album liquid Rida LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Drug Facts

Active Ingredient

Aconitum Napellus 3X HPUS

Arnica Montana 3X HPUS

Magnesium Phosphorica 10X HPUS

Rhus Toxicodendron 6X HPUS

Viscum Album 3X HPUS

Purpose

Muscle Soreness Relief

Uses

- prevents muscle cramps
- releases muscle tightness
- reduces muscle soreness

Warnings

For external use only.

If eye contact occurs, rinse thoroughly with water.

Stop use and ask a doctor if unintended effects occur.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- shake well
- apply 3-5 pumps onto entire muscle group(s) or area
- briskly rub in until absorbed
- use as needed

- allow to air dry

Inactive Ingredients

Aqua, Menthol, Hammamelis Virginiana, Portulaca Oleracea Extract, Propylene Glycol, Water Soluble Azone

Product label



TERRAMED JUST THINK COMFORT LEG CRAMP

aconitum napellus,arnica montana,magnesium phosphorica,rhus toxicodendron,viscum album liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:83004-007
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACONITUM NAPELLUS WHOLE (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)	ACONITUM NAPELLUS WHOLE	3 [hp_X] in 100 mL
ARNICA MONTANA WHOLE (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA WHOLE	3 [hp_X] in 100 mL
MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	10 [hp_X] in 100 mL
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A)	TOXICODENDRON	6 [hp_X]

(TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	PUBESCENS LEAF	in 100 mL
VISCUM ALBUM WHOLE (UNII: E6839Q6DO1) (VISCUM ALBUM WHOLE - UNII:E6839Q6DO1)	VISCUM ALBUM WHOLE	3 [hp_X] in 100 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
MENTHOL (UNII: L7T10EIP3A)	
HAMAMELIS VIRGINIANA WHOLE (UNII: V663Q8TEFU)	
PURSLANE (UNII: M6S840WVG5)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
LAUROCAPRAM (UNII: 1F3X9DRV9X)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:83004-007-01	1 in 1 BOX	11/11/2023	
1		100 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/11/2023	

Labeler - Rida LLC (004425803)

Revised: 3/2025

Rida LLC