

EZ NITE SLEEP AID- diphenhydramine hcl liquid
AAFES/Your Military Exchanges

Drug Facts

Active ingredient (in each 30 mL)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- with any other product containing diphenhydramine, even one used on the skin
- for children under 12 years of age

Ask a doctor before use if you have

- glaucoma
- breathing problem such as occurs with asthma or emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers or any other sleep-aid.

When using this product

- avoid alcoholic beverages.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center(1-800-222-1222) right away.

Directions

- take only one dose per day (24 hours)
- mL=milliliter
- measure only with dosing cup provided. Do not use any other dosing device
- keep dosing cup with product
- adults and children 12 years and over
 - one dose=30mL (50 mg) at bedtime if needed, or as directed by a doctor
- children under 12 years do not use

Other information

- **each 30 mL contains:** sodium 23 mg
- store between 20-25°C (68-77°F). Do not refrigerate
- protect from light

Inactive ingredients

citric acid, ethyl alcohol, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, polyoxyl 40 stearate, propylene glycol, purified water, saccharin sodium , sodium benzoate, trisodium citrate dihydrate

Questions or comments?

Call **1-877-753-3935** Monday-Friday 9AM-5PM EST

Principal Display Panel

*Compare to the active ingredient of ZZZQUIL®

EZ Nite Sleep Aid

NIGHTTIME SLEEP-AID

Diphenhydramine HCl 50 mg

- Non-Habit Forming
- Berry Flavor

Not for treating cold or flu

Alcohol 10%

fl oz (mL)

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL AROUND DOSAGE CUP OR UNDER CAP IS BROKEN OR MISSING.

*This product is not manufactured or distributed by The Procter & Gamble Company. ZZZQUIL® is a registered trademark of The Procter & Gamble Company.

Manufactured for Your Military Exchanges

By: PL Developments, 11865 S. Alameda St

Lynwood, CA 90262

Package Label

← Peel Here For Continued Drug Facts

Drug Facts	
Active ingredient (in each 30 mL)	Purpose
Diphenhydramine HCl 50 mg.....	Nighttime sleep-aid
Uses	
<ul style="list-style-type: none"> ■ for the relief of occasional sleeplessness ■ reduces time to fall asleep if you have difficulty falling asleep 	
Warnings	
Do not use	
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Failure to follow these warnings could result in serious consequences.

*Compare to the active ingredient of ZZZQUIL®

exchange
select™

EZ Nite Sleep Aid

NIGHTTIME SLEEP-AID

Diphenhydramine HCl 50 mg

- Non-Habit Forming
- Berry Flavor

Not for treating Cold or Flu
Alcohol 10%

6 fl oz (177 mL)

quality
value

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TAMPER EVIDENT: DO NOT USE IF PRINTED
SAFETY SEAL AROUND DOSAGE CUP OR
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SATISFACTION GUARANTEED OR YOUR MONEY BACK.

Manufactured For Your Military Exchanges
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Drug Facts (continued)

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Drug Facts (continued)

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EXCHANGE SELECT EZ Nite Sleep Aid

EZ NITE SLEEP AID

diphenhydramine hcl liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55301-314
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
POLYOXYL 40 STEARATE (UNII: 13A4J4NH9I)	
WATER (UNII: 059QF0KO0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SACCHARIN SODIUM ANHYDROUS (UNII: I4807BK602)	
TRISODIUM CITRATE DIHYDRATE (UNII: B22547B95K)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
ALCOHOL (UNII: 3K9958V90M)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	

Product Characteristics

Color		Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-314-06	177 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	08/31/2015	08/31/2025

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	08/31/2015	08/31/2025

Labeler - AAFES/Your Military Exchanges (001695568)

