

ORAL SALINE LAXATIVE LEMON GINGER- sodium phosphate, dibasic and sodium phosphate, monobasic, unspecified form liquid
Natureplex, LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

ORAL SALINE LAXATIVE LEMON GINGER

Drug Facts

<i>Active ingredients (in each tablespoon)</i>	<i>Purpose</i>
Dibasic Sodium Phosphate 2.7g	Saline laxative
Monobasic Sodium Phosphate 7.2g	Saline laxative

Use

- relieves occasional constipation
- this product generally produces bowel movement in 30 minutes to 6 hours

Warnings

Dosage Warning

Taking more than the recommended dosage in 24 hours can be harmful.

Do not use

- if you have a previous kidney problem, congestive heart failure, impaired renal functions, decreased intervascular volume, dehydration, or uncorrected electrolyte abnormalities
- in children under 6 years old
- for bowel cleansing

Ask a doctor before use if you

- have abdominal pain, nausea, or vomiting
- have kidney disease
- have heart problems
- have a sudden change in bowel habits lasting more than 2 weeks
- have already used a laxative for more than 3 days
- are dehydrated
- are 55 years of age or older
- are on a sodium-restricted diet
- under a doctor's care for any medical condition
- are taking any other prescription or non-prescription medications

Ask a doctor or pharmacist before use if you are taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

When using this product

- **do not use more than directed. Serious side effects may occur from excess dosage.**
- do not use for more than 3 days, without asking a doctor

Stop use and ask a doctor if

- you have rectal bleeding
- you do not have a bowel movement within 6 hours
- you have any symptoms that your body is losing more fluid than you are drinking
- you have early symptoms of dehydration including
 - thirstiness
 - dizziness
 - urinating less often than normal
 - vomiting

These symptoms may indicate a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away: 800-222-1222.

Directions (or as directed by a doctor)

- **Use as a laxative for relief of occasional constipation**
- **Dilute dose in the table below** with one glass (8 fl oz) of cool water. Drink, then follow with at least one additional glass (8 fl oz) of cool water. **There is significant loss of fluid when using this product.** To prevent dehydration, drink plenty of clear liquids after use.
- **Do not use for bowel cleansing**
- **There are 3 teaspoons in 1 TABLEspoon**
- **Do not take more unless directed by a doctor. See Warnings**

Ages (years)	Dosage	Maximum dose
12 and older	1 TABLEspoon	2 to 3 TABLEspoons*
10 to 11	1 TABLEspoon*	1 TABLEspoon*
6 to 9	1 teaspoons*	2 teaspoons*
Under 6	ASK A DOCTOR	ASK A DOCTOR

* SINGLE DAILY DOSAGE. DO NOT TAKE MORE OF THIS PRODUCT IN A 24-HOUR PERIOD

Other information

- **each tablespoon contains:** 1.6 g sodium
- saline laxatives increase retention of water in the intestines, promoting bowel movements
- this product generally produces a bowel movement in 30 minutes to 6 hours
- this product is sugar-free
- do not freeze
- store at 15 to 30°C (59 to 86°F)
- **Tamper Evident:** DO NOT USE IF SEAL ON BOTTLE IS PUNCTURED OR MISSING.

Inactive ingredients

flavor, glycerin, purified water, saccharin sodium, sodium benzoate

Questions or comments?

866-323-0107 or www.natureplex.com

PRINCIPAL DISPLAY PANEL - 45 mL Bottle Carton

▣ **FOR DIRECTIONS LIFT SIDE PANEL**

Natureplex™

ORAL SALINE

Laxative

Phosphate

For Relief Of

Occasional

Constipation

NDC 67234-044-01

Lemon

Ginger

1.5 Fl Oz (45 mL)

Drug Facts (continued)

Use ■ relieves occasional constipation
minutes to 6 hours

Warnings

Dosage Warning: Taking more than the

Do not use ■ if you have a previous kid
functions, decreased intervascular volume
■ in children under 6 years old ■ for bow

Ask a doctor before use if you ■ have
■ have heart problems ■ have a sudden
already used a laxative for more than 3 d
on a sodium-restricted diet ■ under a do
prescription or non-prescription medicati

Ask a doctor or pharmacist before use
more hours before or alter other drugs. L
When using this product ■ **do not use**
from excess dosage. ■ do not use for n

Drug Facts (continued)

Stop use and ask a doctor if ■ you ha
movement within 6 hours ■ you have an
you are drinking ■ you have early sympt
• dizziness • unimaging less often than no
These symptoms may indicate a serious

Drug Facts (continued)

If pregnant or breast-feeding, ask a he
Keep out of reach of children. In case
Poison Control Center right away: 800-22

Drug Facts (continued)

Directions (or as directed by a di
■ Use as a laxative for relief of occasi
■ Dilute dose in the table below with or
one additional glass (8 fl oz) of cool wa
product. To prevent dehydration, drink
■ **Do not use for bowel cleansing**
■ There are 3 teaspoons in 1 TABLEsp
■ Do not take more unless directed by

Ages (years)	Dose
12 and older	1
10 to 11	1
6 to 9	1/1
Under 6	1/4

*SINGLE DAILY DOSAGE. DO NOT TA

ORAL SALINE LAXATIVE LEMON GINGER

sodium phosphate, dibasic and sodium phosphate, monobasic, unspecified form liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:67234-044
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM (UNII: GR686LBA74) (PHOSPHATE ION - UNII: NK08V8K8HR, SODIUM CATION - UNII: LYR4M0NH37)	SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM	1.4 g in 14.7868 mL
SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII: NK08V8K8HR, SODIUM CATION - UNII: LYR4M0NH37)	SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM	6.2 g in 14.7868 mL

Inactive Ingredients

Ingredient Name	Strength
GLYCERIN (UNII: PDC6A3C0OX)	
WATER (UNII: 059QF0KO0R)	
SACCHARIN SODIUM (UNII: SB8ZUX40TY)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	

Product Characteristics

Color		Score	
Shape		Size	
Flavor	LEMON, GINGER	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:67234-044-01	1 in 1 CARTON	05/30/2012	
1		45 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	05/30/2012	

Labeler - Natureplex, LLC (062808196)

Establishment

Name	Address	ID/FEI	Business Operations
Natureplex LLC		062808196	MANUFACTURE(67234-044)

Revised: 6/2018

Natureplex, LLC