

PAIN RELIEVER PM- acetaminophen and diphenhydramine hydrochloride tablet
HealthLife of USA

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Pain Relief PM - Acetaminophen and Diphenhydramine HCl

Drug Facts

<i>Active ingredients (in each caplet)</i>	<i>Purpose</i>
Acetaminophen 500 mg	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

Uses

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning

This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning

Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222) Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed (see overdose warning)**
- **adults and children 12 years and over:** take 2 caplets at bedtime
- do not take more than 2 caplets of this product in 24 hours
- **children under 12 years:** do not use this adult product in children under 12 years of age; this will provide more than the recommended dose (overdose) and may cause liver damage

Other information

- store between 20-25°C (68-77°F)
- **do not use if pouch is torn or open**
- see side panel for lot number and expiration date

Inactive ingredients

colloidal silicon dioxide, croscarmellose sodium, fdc blue #1 aluminum lake, fdc blue #2 aluminum lake, hypromellose, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, purified water, sodium metabisulfite, sodium starch glycolate, stearic acid, titanium dioxide, talc

Questions or comments?

1-888-705-WECARE (Mon-Fri 9am-5pm EST) or www.wecaredistributor.com

PRINCIPAL DISPLAY PANEL

See New Warnings Information & Directions

**Compare to the Active Ingredients in
Tylenol PM®***

PAIN RELIEVER PM

□ **Pain Reliever** □ **Nighttime Sleep Aid**

Acetaminophen, Diphenhydramine HCl

Drug Facts (continued)

- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

ask your doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedative or tranquilizers.

When using this product

- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery, this product will cause drowsiness

Stop use and ask a doctor if:

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur.

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning: Taking more than recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms. ▶

Drug Facts (continued)

Directions

- do not exceed recommended dose
- Adults and children 12 years and over: take 2 caplets at bedtime.
- do not take more than 2 caplets of this product in 24 hours.
- children under 12 years: do not use this adult product in children under 12 years of age; this will provide more than the recommended dose (overdose) and may cause liver damage.

Other information store at 25 °C (77°F) excursions permitted between 15-30°C (59-86°F) read all product information before using

TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

Inactive ingredients colloidal silicon dioxide, croscarmellose sodium, fd&c blue #1 aluminum lake, fd&c blue #2 aluminum lake, hypromellose, microcrystalline cellulose, polyethylene glycol, povidone, pregelatinized starch, purified water, sodium metabisulfite, sodium starch glycolate, stearic acid, titanium dioxide, talc

Questions or comments? Call toll free 1-844-832-1138 Monday through Friday 9AM – 5PM EST or www.healthlifeofusa.com

30 CAPLETS

SEE NEW WARNINGS INFORMATION

NDC 69517-113-30

Compare to EXTRA STRENGTH Tylenol® PM active ingredients*

HealthLife

Extra Strength Pain Reliever PM

Acetaminophen 500 mg / Pain Reliever
Diphenhydramine HCl 25 mg / Nighttime Sleep Aid

Aspirin Free • Non-Habit Forming



Drug Facts

Active ingredient (in each caplet)	Purpose
Acetaminophen 500mg... Pain reliever /Fever reducer	
Diphenhydramine HCl 25mg..... Nighttime sleep aid	

Uses
temporarily relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver Warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks everyday while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

do not use

- with any other drug containing acetaminophen (prescription or not prescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin.
- In children under 12 years of age

ask a doctor before use if you have

- liver disease
- asthma

▶

PAIN RELIEVER PM

acetaminophen and diphenhydramine hydrochloride tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69517-113
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
Acetaminophen (UNII: 362O9ITL9D) (Acetaminophen - UNII:362O9ITL9D)	Acetaminophen	500 mg
Diphenhydramine Hydrochloride (UNII: TC2D6JAD40) (Diphenhydramine - UNII:8GTS82S83M)	Diphenhydramine Hydrochloride	25 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
POLYETHYLENE GLYCOLS (UNII: 3WJQ0SDW1A)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D6IU)	
STARCH, PREGELATINIZED CORN (UNII: O8232NY3SJ)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	BLUE	Score	no score
Shape	CAPSULE	Size	18mm
Flavor		Imprint Code	131
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69517-113-25	25 in 1 BOX	06/06/2016	
1		2 in 1 POUCH; Type 0: Not a Combination Product		
2	NDC:69517-113-50	50 in 1 BOX	06/06/2016	
2		2 in 1 POUCH; Type 0: Not a Combination Product		
3	NDC:69517-113-02	2 in 1 POUCH	06/06/2016	
3		2 in 1 POUCH; Type 0: Not a Combination Product		
4	NDC:69517-113-10	1000 in 1 BOTTLE	06/06/2016	
4	NDC:69517-113-05	500 in 1 BOTTLE		
4	NDC:69517-113-30	30 in 1 BOTTLE		
4		1 in 1 CARTON; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part343	02/09/2016	

Labeler - HealthLife of USA (079656178)

Establishment

Name	Address	ID/FEI	Business Operations
Elysium Pharmaceutical Ltd.		915664486	manufacture(69517-113)

Revised: 6/2016

HealthLife of USA