

BREATHE EASIER FORMULA - cupressus aus, eucalyptus, mentha pip, origanum, pinus syl, salvia, kali iod, euphorbium, galphimia, hydrastis, luffa, pulsatilla, hepar suplh calc, histaminum, kali bic. spray
Integrative Healing Institute, LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

BREATHE EASIER FORMULA

Active ingredients: HPUS ingredients: Cupressus Aus 3X, Eucalyptus 3X, Mentha Pip 3X, Origanum 3X, Pinus Syl 3X, Salvia 3X, Kali Iod 4X, Euphorbium 6X, Galphimia 6X, Hydrastis 6X, Luffa 6X, Pulsatilla 6X, Hepar Sulph Calc 12X, Histaminum 12X, Kali Bic 12X.

Purpose: Relief from sinus congestion and dry nasal passages.

Use: This product is a Homeopathic Dilution, formulated to decongest and moisten nasal passageways.

Warnings:

- Use only as directed.
- **Stop use and consult a doctor if** symptoms worsen or do not improve after 5 days.
- **If pregnant or breast-feeding,** ask a health professional before use.
- **Keep out of reach of children.**

Directions: For Intranasal Use Only. Shake bottle well before use.

- **Adults (12 and Older)** Spray 1 to 2 metered sprays into each nostril up to 4 times a day.
- **Children (11 and Younger)** Spray 1 to 2 metered sprays into each nostril up to 4 times a day as needed or as directed by your health care provider.
- **Consult a Physician** for use in children under 12 years of age.

Other information: Do not use if TAMPER EVIDENT seal around neck is broken or missing.

- Store at room temperature.

Inactive ingredients: Benzalkonium Chloride, Sodium Chloride, Purified Water.

Mfg. by: OHM Pharma, Inc., Mineral Wells, TX 76067

Made in USA

INTEGRATIVE HEALING INSTITUTE

San Antonio, TX 78216

integrativehealingsa.com

1.888.841.4034

INTEGRATIVE HEALING INSTITUTE

- HOMEOPATHIC MEDICINE
- NDC: 59623-004-03

BREATHE EASIER FORMULA

- SAFE
- NATURAL
- EFFECTIVE

- ALCOHOL FREE
- NET 1 fl oz (30 mL)

| | | |
|--|---|--|
| <p>INTEGRATIVE HEALING INSTITUTE®</p> <p>HOMEOPATHIC MEDICINE NDC: 59623-004-03</p> <p>BREATHE EASIER FORMULA</p> <p>SAFE NATURAL EFFECTIVE</p> <p>ALCOHOL FREE NET 1 fl oz (30 mL)</p> | <p>Drug Facts</p> <p>Active Ingredients: (HPUS); Cupressus Aus 3X, Eucalyptus 3X, Mentha Pip 3X, Origanum 3X, Pinus Syl 3X, Salvia 3X, Kali Iod 4X, Euphorbium 6X, Galphimia 6X, Hydrastis 6X, Luffa 6X, Pulsatilla 6X, Hepar Sulph Calc 12X, Histaminum 12X, Kali Bic 12X. Purpose: Relief from sinus congestion and dry nasal passages.</p> <p>Use: This product is a Homeopathic Dilution, formulated to decongest and moisten nasal passageways.</p> <p>Warnings:</p> <ul style="list-style-type: none">■ Use only as directed.■ Stop use and consult a doctor if symptoms worsen or do not improve after 5 days.■ If pregnant or breast-feeding, ask a health professional before use.■ Keep out of reach of children. <p>Directions: For Intranasal Use Only. Shake bottle well before use. ■ Adults (12 and Older) 1 to 2 sprays in each nostril up to 4 times a day. ■ Children (11 and Younger) 1 to 2 sprays in each nostril up to 4 times a day as needed or as directed by your health care provider. ■ Consult a Physician for use in children under 12 years of age.</p> <p>Other information: Do not use if TAMPER EVIDENT seal around neck is broken or missing. ■ Store at room temperature.</p> <p>Inactive Ingredients: Benzalkonium Chloride, Sodium Chloride, Purified Water.</p> | <p>Mfg. by: OHM Pharma, Inc., Mineral Wells, TX 76067 Made in USA THE LETTERS "HPUS" INDICATE THAT THE COMPONENTS IN THIS PRODUCT ARE OFFICIALLY MONOGRAPHED IN THE HOMEOPATHIC PHARMACOPOEIA OF THE UNITED STATES.</p> <p>INTEGRATIVE HEALING INSTITUTE® San Antonio, TX 78216 integrativehealingsa.com 1.888.841.4034</p> <p>LOT # EXP 0030950826</p> |
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cupressus aus, eucalyptus, mentha pip, origanum, pinus syl, salvia, kali iod, euphorbium, galphimia, hydrastis, luffa, pulsatilla, hepar suplh calc, histaminum, kali bic. spray

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:59623-004 |
| Route of Administration | NASAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|--|-------------------|
| CUPRESSUS SEMPERVIRENS FRUITING LEAFY TWIG (UNII: DX4EWL40MZ) (CUPRESSUS SEMPERVIRENS FRUITING LEAFY TWIG - UNII:DX4EWL40MZ) | CUPRESSUS SEMPERVIRENS FRUITING LEAFY TWIG | 3 [hp_X] in 1 mL |
| EUCALYPTUS GLOBULUS LEAF (UNII: S546YLW6E6) (EUCALYPTUS GLOBULUS LEAF - UNII:S546YLW6E6) | EUCALYPTUS GLOBULUS LEAF | 3 [hp_X] in 1 mL |
| MENTHA PIPERITA (UNII: 79M2M2UDA9) (MENTHA PIPERITA - UNII:79M2M2UDA9) | MENTHA PIPERITA | 3 [hp_X] in 1 mL |
| ORIGANUM MAJORANA WHOLE (UNII: R40XM3HU5X) (ORIGANUM MAJORANA WHOLE - UNII:R40XM3HU5X) | ORIGANUM MAJORANA WHOLE | 3 [hp_X] in 1 mL |
| PINUS SYLVESTRIS LEAFY TWIG (UNII: Q1RGP4UB73) (PINUS SYLVESTRIS LEAFY TWIG - UNII:Q1RGP4UB73) | PINUS SYLVESTRIS LEAFY TWIG | 3 [hp_X] in 1 mL |
| SAGE (UNII: 065C5D077J) (SAGE - UNII:065C5D077J) | SAGE | 3 [hp_X] in 1 mL |
| POTASSIUM IODIDE (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q) | IODIDE ION | 4 [hp_X] in 1 mL |
| EUPHORBIA RESINIFERA RESIN (UNII: 1T11O9028K) (EUPHORBIA RESINIFERA RESIN - UNII:1T11O9028K) | EUPHORBIA RESINIFERA RESIN | 6 [hp_X] in 1 mL |
| GALPHIMIA GLAUCA FLOWERING TOP (UNII: 93PH5Q8M7E) (GALPHIMIA GLAUCA FLOWERING TOP - UNII:93PH5Q8M7E) | GALPHIMIA GLAUCA FLOWERING TOP | 6 [hp_X] in 1 mL |
| GOLDENSEAL (UNII: ZW3Z11D0JV) (GOLDENSEAL - UNII:ZW3Z11D0JV) | GOLDENSEAL | 6 [hp_X] in 1 mL |
| LUFFA OPERCULATA FRUIT (UNII: C4MO6809HU) (LUFFA OPERCULATA FRUIT - UNII:C4MO6809HU) | LUFFA OPERCULATA FRUIT | 6 [hp_X] in 1 mL |
| PULSATILLA VULGARIS (UNII: I76KB35JEV) (PULSATILLA VULGARIS - UNII:I76KB35JEV) | PULSATILLA VULGARIS | 6 [hp_X] in 1 mL |
| CALCIUM SULFIDE (UNII: 1MBW07J51Q) (CALCIUM SULFIDE - UNII:1MBW07J51Q) | CALCIUM SULFIDE | 12 [hp_X] in 1 mL |
| HISTAMINE DIHYDROCHLORIDE (UNII: 3POA0Q644U) (HISTAMINE - UNII:820484N8I3) | HISTAMINE DIHYDROCHLORIDE | 12 [hp_X] in 1 mL |
| POTASSIUM DICHROMATE (UNII: T4423S18FM) (DICHROMATE ION - UNII:9LKY4BFN2V) | POTASSIUM DICHROMATE | 12 [hp_X] in 1 mL |

Inactive Ingredients

| Ingredient Name | Strength |
|---|----------|
| WATER (UNII: 059QF0KO0R) | |
| BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7) | |
| SODIUM CHLORIDE (UNII: 451W47IQ8X) | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:59623-004-03 | 30 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product | 09/23/2013 | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|---------------------------|--|----------------------|--------------------|
| unapproved homeopathic | | 09/23/2013 | |

Labeler - Integrative Healing Institute, LLC (938638595)

Revised: 12/2021

Integrative Healing Institute, LLC