# EPSOM SALT- magnesium sulfate granule Family Dollar (FAMILY WELLNESS)

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**Drug Facts** 

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#### **Active ingredient**

Magnesium sulfate USP 100%

#### **Purpose**

Saline laxative

#### Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

#### **Warnings**

## Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

# Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

## When using this product

do not use more than directed

## Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

# If pregnant or breast-feeding,

ask a health professional before use.

# Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-

#### **Directions**

• do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and	2-4 level teaspoons dissolved in a full glass (8 oz) of
older	water
Chiloren b to 11 years	1-2 level teaspoons dissolved in a full glass (8 oz) of water

#### Not recommended for children under 6 years of age.

#### Other information

• each teaspoon contains: magnesium 495 mg

#### **Inactive Ingredients**

none

#### Questions or comments?

For laxative or soak, call 1-877-753-3935 Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

**MULTI-PURPOSE** 

#### **EPSOM SALT**

MAGNESIUM SULFATE

#### Saline Laxative

- Relieves occasional constipation
- Soaking aid for minor sprains and bruises

NET WT OZ kg

# TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

#### **DISTRIBUTED BY:**

#### MIDWOOD BRANDS, LLC

500 VOLVO PARKWAY

CHESAPEAKE, VA 23320

# Package Label



# MULTI-PURPOSE EPSOM SALT

# **MAGNESIUM SULFATE**

# Saline Laxative

- Relieves occasional constipation
- Soaking aid for minor sprains and bruises



NET WT. 32 OZ (2 LB) / 907 g

NDC 55319-572-02

### sbujujem

Ask a doctor before use if you have mikidney disease

a magnesium restricted diet
 stomach pain, nausea or vomiting

■ noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are presently taking a prescription drug.

When using this product 

do not use more than directed

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use.

This may indicate a serious condition.

■ you need to use a laxative for more than 1 week

(1-800-222-1222) right away. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center If pregnant or breast-feeding, ask a health professional before use.

■ do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours Directions

under 6 vears of age.	Not recommended for children under 6 years of age.		
1-2 level teaspoons balved	children 6 to		
in a full glass (S os) of water	11 years		
2-4 level teaspoons dissolved	adults and children		
in a full glass (8 oz) of water	12 years and older		
esop	aĝe		

m each teaspoon contains: magnesium 495 mg Other information

15-30 minutes to help reduce swelling. Repeat as needed.

Inactive ingredient none

Center (1-800-222-1222) immediately.

:gnimsW

As a warm compress: to sid minor sprains and bruises.

As a soaking solution:

For external use

Questions or comments?

For laxative or soak, call 1-877-753-3935 Monday-Friday 9AM-5PM EST

content may occur during shipment. If caking occurs, tap pouch gently to free granules. Store in cool dry place out of direct sunlight. Package sold by weight not volume. Some settling of

use and consult a doctor. Do not use if pregnant or diabetic, unless advised by a doctor. Where prompt relief is not obtained or where there is evidence of irritation or infection, discontinue

KEEP OUT OF REACH OF CHILDREM. In case of overdose, get medical help or contact a Poison Control

Dissolve 1 cup of epsom salt in 1 quart of water. Using a towel, apply solution to the affected area for

Pour 2 cups of epsom salt under warm, running bath water. Soak for 15 minutes, three times a week,

SKU 909223



(with receipt) or exchange. store of purchase for a refund Return within 30 days to the



NOT 100% SATISFIED?

CHERAPEAKE, VA 23320 USA 500 VOLVO PARKWAY MIDWOOD BRANDS, LLC

YR GETURIATED BY:

· feel refreshed and rejuvenated

· revitalize tired and aching muscles you'll be able to:

By dissolving two cups of epsom salt in a warm bath,

**ИМИТИА ОТИІ ХАЈЗЯ** 

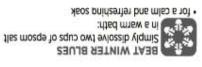
suq pee spuds:

Mix 1 cup of epsom salt in 1 quant or to make a compress. Apply with a washcloth as to make a compress. FIRST AID SUMMER SALTS

settle in, and experience the relief and relaxation. Just dissolve two cups of epsom salt in warm bath water,

times leading to overexertion. Springtime is your fresh start to working out, often A MINERAL SPRING SPA

· to warm and relax your muscles



is useful every season of the year. Epsom Salt is a trusted remedy that

	USes ■ relieves occasional constipation (irregularity) ■ generally produces bowel movement in 1/2 to 6 hours
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	Drug Facts

#### **FAMILY WELLNESS Epsom Salt**

#### **EPSOM SALT**

magnesium sulfate granule

Product	Information	nn

**Product Type HUMAN OTC DRUG Item Code (Source)** NDC:55319-572

ORAL, TOPICAL **Route of Administration** 

#### **Active Ingredient/Active Moiety**

**Ingredient Name Basis of Strength** Strength MAGNESIUM SULFATE,

MAGNESIUM SULFATE, UNSPECIFIED (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)

**UNS PECIFIED** 

1 g in 1 g

#### **Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
	NDC:55319-572- 02	907 g in 1 POUCH; Type 0: Not a Combination Product	07/01/2023	

# Marketing Information

Marketing	Application Number or Monograph	Marketing Start	Marketing End
Category	Citation	Date	Date
OTC Monograph Drug	M007	07/01/2023	

#### **Labeler -** Family Dollar (FAMILY WELLNESS) (024472631)

Revised: 3/2024 Family Dollar (FAMILY WELLNESS)