

**CHEST RUB- camphor, eucalyptus oil, menthol jelly  
Publix Super Markets, Inc.**

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**Publix 248.001/248AI  
Medicated Chest Rub**

**Additional warnings**

Failure to follow these warnings could result in serious consequences

**Active ingredients**

Camphor 4.8%

Eucalyptus oil 1.2%

Menthol 2.6%

**Purpose**

Cough suppressant & topical analgesic

**Uses**

- on chest and throat, temporarily relieves cough due to the common cold
- on muscles and joints, temporarily relieves minor aches and pains

**Warnings**

For external use only; avoid contact with eyes.

**Do not use**

- by mouth
- with tight bandages
- in nostrils
- on wounds or damaged skin

**Ask a doctor before use if you have**

- cough that occurs with too much phlegm (mucus)
- persistent or chronic cough such as occurs with smoking, asthma or emphysema

**When using this product, do not**

- **heat**
- **microwave**
- **add to hot water or any container where heating water.**

**May cause splattering and result in burns.**

**Stop use and ask a doctor if**

- muscle aches and pains persist more than 7 days or come back
- cough lasts more than 7 days, comes back, or occurs with fever, rash or persistent headache.

These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of accidental ingestion, get medical help or contact a Poison Control Center right away.

**Directions****See important warnings under "When using this product"**

- adults & children 2 yrs & over:
- rub a thick layer on chest & throat or rub on sore aching muscles
- cover with a warm, dry cloth if desired
- keep clothing loose about throat/chest to help vapors reach the nose/mouth
- repeat up to three times per 24 hours or as directed by doctor
- children under 2 years of age: ask a doctor

**Other information**

- store at room temperature

**Inactive ingredients**

cedarleaf oil, nutmeg oil, special petrolatum, spirits of turpentine, thymol

**Disclaimer**

\*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks<sup>®</sup>VapoRub .

**Adverse reactons**

DISTRIBURTED BY PUBLIX SUPER MARKETS, INC.

3300 PULBIX CORPORATE PARKWAY

LAKELAND, FL 33811

publix.com

PUBLIX GUARANTEE: COMPLETE SATISFACTION OR YOUR MONEY BACK

## **Claims**

Publix

MEDICATED

chest rub

The active ingredients in Publix Medicated Chest Rub work naturally by breathing the medicated vapors to relieve coughing due to colds. Publix Medicated Chest Rub also relieves minor aches and pains.

## **principal display panel**

If Seal Under Cap Is Broken or Missing, DO NOT USE

Only selected information is listed on the bottle label. You should keep this carton.

Publix

MEDICATED

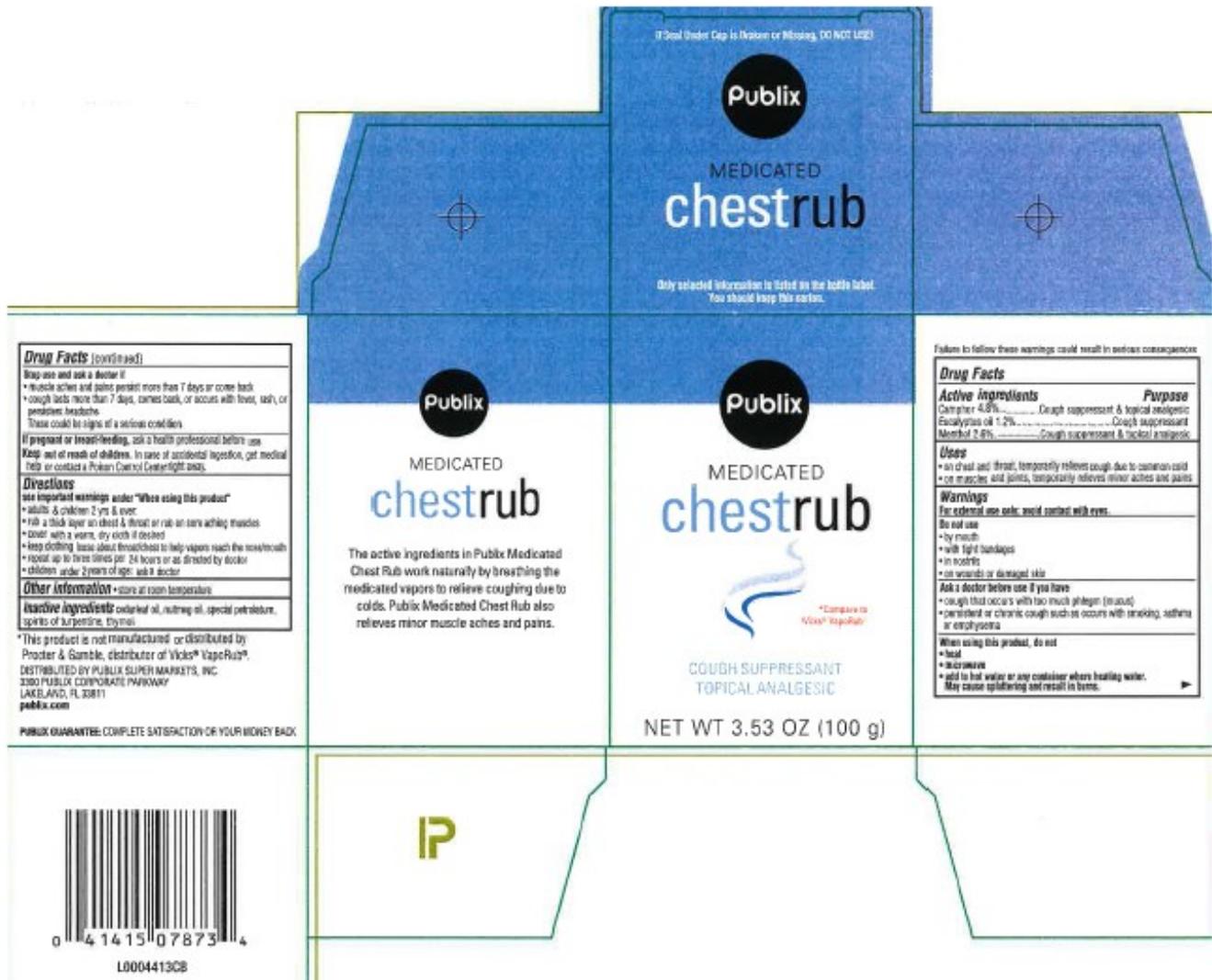
CHESTRUB

\*Compare to Vicks<sup>®</sup> VaporRub<sup>®</sup>

COUGH SUPPRESSANT

TOPICAL ANALGESIC

NET WT 3.53 OZ (100 g)



## CHEST RUB

camphor, eucalyptus oil, menthol jelly

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:56062-248
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CAMPHOR (SYNTHETIC)</b> (UNII: 5TJD82A1ET) (CAMPHOR (SYNTHETIC) - UNII:5TJD82A1ET)	CAMPHOR (SYNTHETIC)	48 mg in 1 g
<b>EUCALYPTUS OIL</b> (UNII: 2R04ONI662) (EUCALYPTUS OIL - UNII:2R04ONI662)	EUCALYPTUS OIL	12 mg in 1 g
<b>MENTHOL</b> (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	26 mg in 1 g

### Inactive Ingredients

Ingredient Name	Strength
<b>CEDAR LEAF OIL</b> (UNII: BJ169U4NLG)	
<b>NUTMEG OIL</b> (UNII: Z1CLM48948)	
<b>PETROLATUM</b> (UNII: 4T6H12BN9U)	
<b>TURPENTINE OIL</b> (UNII: C5H0QJ6V7F)	
<b>THYMOL</b> (UNII: 3J50XA376E)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:56062-248-75	1 in 1 CARTON	04/12/2021	
1		100 g in 1 JAR; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	04/12/2021	

**Labeler** - Publix Super Markets, Inc. (006922009)

**Registrant** - Nice-Pak Products, LLC (119091520)

### Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(56062-248)

Revised: 2/2026

Publix Super Markets, Inc.