CITRANATAL 90 DHA- vitamin c, calcium, iron, vitamin d3, vitamin e, thiamin, riboflavin, niacinamide, vitamin b6, folic acid, iodine, zinc, copper, docusate sodium tablet

Mission Pharmacal Company

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

CitraNatal ®90 DHA

WARNING:Accidental overdose of **iron-containing**products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

DESCRIPTION

CitraNatal $^{\$}$ 90 DHA is a prescription prenatal/postnatal multivitamin/mineral tablet with Ferr-Ease $^{\$}$, a patented dual-iron delivery comprising both a quick release and slow release iron, and a capsule of an essential fatty acid. The prenatal vitamin is a white, oval multivitamin/mineral tablet. The tablet is debossed "CN 90" on one side and "0821" on the other. The essential fatty acid DHA capsule is caramel colored and contains a light yellow to orange semi-solid mixture.

Each prenatal tablet contains:

120 mg
159 mg
90 mg
400 IU
30 IU
3 mg
3.4 mg
20 mg
20 mg
1 mg
150 mcg
25 mg
2 mg
50 mg

Each DHA gelatin capsule contains:

Docosahexaenoic	

Acid(DHA, 40% from 750 mg Algal Oil)	300 mg
Eicosapentaenoic Acid (EPA)	Not more than 0.750 mg

Other ingredients in DHA gelatin capsule: Gelatin, glycerin, sunflower oil, water, caramel color, tocopherols, rosemary extract, sunflower lecithin, ascorbyl palmitate.

INDICATIONS

CitraNatal ® 90 DHA is a multivitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING

Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B ₁₂ is deficient.

PRECAUTIONS

Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS

Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION

One tablet and one capsule daily or as directed by a physician.

STORAGE

Store at 20-25°C (68-77°F)

NOTICE:Contact with moisture can discolor or erode the tablet.

HOW SUPPLIED

Six child-resistant blister packs of 5 tablets and 5 capsules each - NDC0178-0821-30

To report a serious adverse event or obtain product information, call (210) 696-8400.

Please consultyour health care provider with any dietary concerns.

51072R1120

DHA capsules manufactured for:

MISSION PHARMACAL COMPANY

San Antonio, TX USA 78230 1355

Prenatal tablets manufactured by:

MISSION PHARMACAL COMPANY

San Antonio, TX USA 78230 1355

Ferr-Ease™

Dual-iron delivery

Trademark of Mission Pharmacal Company

CitraNatal ® 90DHA Carton

NDC: 0178-0821-30



citranatal.com



WHEN YOU NEED EXTRA IRON

90 mg Ferr-Ease® dual-iron 300 mg DHA 159 mg Calcium (calcium citrate)

Please see side of carton for other important ingredients.

Citra Natal 90 DHA Rx Prenatal Tablet and 300 mg DHA Soft Gel

90 mg Ferr-Ease® dual-iron 300 mg DHA 159 mg Calcium (calcium citrate)

Please see side of carton for other important ingredients.

SIX 5-DAY BLISTER PACKS

CitraNatal 90 DHA Rx Prenatal Tablet and 300 mg DHA Soft Gel

DESCRIPTION: CitraNatal* 90 DHA is a prescription prenatal/postnatal multi-vitamin/mineral tablet with Ferr-Ease*, a dual-iron delivery comprising both a quick release and not a sort gel of DHA, an essential staty acid. The prenatal vitamin is a white, coated, was until vitamin/mineral tablet. The tablet is debosed vTON 90* on one side and "0821" on the other. The essential fatty acid DHA soft gel is oblong, transparent, and carrante colored.

Each prenatal tablet contains:

Vitamin C (assortion acid).

120 mg

Rx Only

Vitamin C (ascorbic acid)	120	ma
Calcium (calcium citrate)	159	mg
Iron (carbonyl iron, ferrous gluconate)	90	mg
Vitamin D ₃ (cholecalciferol)	400	IU
Vitamin E (dl-alpha tocopheryl acetate)	30	IU
Thiamin (vitamin B ₁)	3	mg
Riboflavin (vitamin B ₂)	3.4	mg
Niacinamide (vitamin B ₃)	20	mg
Vitamin B ₆ (pyridoxine HCI)	20	mg
Folic Acid	1	mg
lodine (potassium iodide)	150	mcq
Zinc (zinc oxide)	25	mg
Copper (cupric oxide)	2	mg
Docusate Sodium	50	mg
Each DHA soft gel contains:		

Each DHA sort get contains: Docosalnexaenoic Acid (DHA, 40% from 750 mg algal oil). Other ingredients in DHA soft gel: Gelatin, glycerin, high o oil, contains 2% or less: water, caramel color, tocopherols extract, and ascorbyl palmitate.

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CitraNatal 90 DHA Rx Prenatal Tablet and 300 mg DHA Soft Gel

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSAGE AND ADMINISTRATION: One tablet and one soft gel daily

DOSAGE AND ADMINISTRATION: One tablet and one soft or as directed by a physician.

STORAGE: Store at 20°C to 25°C (88°F to 77°F), excursions per between 15°C and 30°C (between 95°F and 86°F). Brief exposure temperatures up to 40°C (104°F) may be tolerated provided the nikinetic temperature does not exceed 25°C (77°F); however, such exposure should be minimized.

NOTICE: Contact with moisture can discolor or erode the tablet. HOW SUPPLIED: Six child-resistant blister packs of 5 tablets and 5 soft gels each - NDC 0178-0821-30.

To report a serious adverse event or obtain product information, call (800) 298-1087.

Please consult your health care provider with any dietary con

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CITRANATAL 90 DHA

vitamin c, calcium, iron, vitamin d3, vitamin e, thiamin, riboflavin, niacinamide, vitamin b6, folic acid, iodine, zinc, copper, docusate sodium tablet

Product Information

HUMAN PRESCRIPTION DRUG NDC:0178-0821 **Product Type** Item Code (Source) **ORAL Route of Administration**

Active Ingredient/Active Moiety				
Ingredient Name	Basis of Strength	Strength		
ASCORBIC ACID (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	120 mg		
IRON (UNII: E1UOL152H7) (IRON - UNII:E1UOL152H7)	IRON	85 mg		
.ALPHATOCOPHEROL ACETATE (UNII: 9E8X80D2L0) (.ALPHATOCOPHEROL - UNII: H4N855PNZ 1)	.ALPHATOCOPHEROL	30 [iU]		
THIAMINE (UNII: X66NSO3N35) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	3 mg		
NIACINAMIDE (UNII: 25X5118RD4) (NIACINAMIDE - UNII:25X5118RD4)	NIACINAMIDE	20 mg		
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII: KV2JZ 1BI6Z)	PYRIDOXINE HYDROCHLORIDE	20 mg		
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg		
ZINC OXIDE (UNII: SOI2LOH54Z) (ZINC OXIDE - UNII:SOI2LOH54Z)	ZINC OXIDE	25 mg		
CUPRIC OXIDE (UNII: V1XJQ704R4) (CUPRIC CATION - UNII:8CBV67279L)	CUPRIC CATION	2 mg		
DOCUSATE SODIUM (UNII: F05Q2T2JA0) (DOCUSATE - UNII:M7P27195AG)	DOCUSATE SODIUM	50 mg		
CALCIUM CITRATE (UNII: MLM29U2X85) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CITRATE	159 mg		
THIAMINE MONONITRATE (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	4.54 mg		
POTASSIUM IODIDE (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	POTASSIUM IODIDE	150 ug		
FERROUS GLUCONATE (UNII: U1B11I423Z) (FERROUS CATION - UNII: GW89581OWR)	FERROUS CATION	5 mg		
VITAMIN D (UNII: 9VU1KI44GP) (VITAMIN D - UNII:9VU1KI44GP)	VITAMIN D	400 [iU]		
RIBOFLAVIN (UNII: TLM29760FR) (RIBOFLAVIN - UNII:TLM29760FR)	RIBOFLAVIN	3.4 mg		

Product Characteristics				
Color	brown (caramel)	Score	2 pieces	
Shape	CAPSULE	Size	10mm	
Flavor		Imprint Code	CN;90;0821	
Contains				

P	Packaging					
#	Item Code	Package Description	Marketing Start Date	Marketing End Date		
1	NDC:0178-0821- 30	6 in 1 CARTON	04/11/2014			
1		5 in 1 BLISTER PACK				
1		5 in 1 BLISTER PACK; Type 0: Not a Combination Product				

Marketing Information			
Marketing Application Number or Monograph Category Citation		Marketing Start Date	Marketing End Date
unapproved drug other		04/11/2014	

Labeler - Mission Pharmacal Company (008117095)

Establishment				
Name	Address	ID/FEI	Business Operations	
Mission Pharmacal Company		927726893	manufacture(0178-0821)	

Revised: 1/2024 Mission Pharmacal Company