

**STRESS RELIEF- aesculus hippocastanum, flos, calc phos, fagus sylvatica, flos, impatiens glandulifera, flos, kali phos, mag phos, prunus cerasifera, flos spray  
Siddha Flower Essences LLC**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Drug Facts**

**Active Ingredient**

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Each dose contains equal parts of:

Aesculus hippocastanum, flos (White Chestnut) 5X HPUS

Calc Phos 12X HPUS

Fagus sylvatica, flos (Beech) 5X HPUS

Impatiens glandulifera, flos (Impatiens) 5X HPUS

Kali Phos 6X HPUS

Mag Phos 12X HPUS

Prunus cerasifera, flos (Cherry Plum) 5X HPUS

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**Purpose**

Each dose contains equal parts of:

Aesculus hippocastanum, flos (White Chestnut) 5X HPUS.....persistent unwanted thoughts and inner dialogue

Calc Phos 12X HPUS.....occasional anxiety; restlessness; fretfulness

Fagus sylvatica, flos (Beech) 5X HPUS.....overly critical

Impatiens glandulifera, flos (Impatiens) 5X HPUS.....impatience, irritability, and quickness to react

Kali Phos 6X HPUS.....difficulty concentrating; restlessness; irritability; laziness; exhaustion after moderate mental effort

Mag Phos 12X HPUS.....inability to think clearly;  
forgetfulness

Prunus cerasifera, flos (Cherry Plum) 5X HPUS.....feeling blocked or congested  
inside

The letters HPUS indicate that these ingredients are officially monographed in the  
Homeopathic Pharmacopoeia of the United States.

## Uses

- temporarily relieves symptoms of:
- occasional anxiety
- restlessness
- irritability
- forgetfulness
- inability to think clearly
- impatience

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indications are based on homeopathic materia medica, not clinical tests.

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## Warnings

**Stop use and ask a doctor** if symptoms persist or worsen

**If pregnant or breast-feeding** ask a health professional before use

**Keep out of reach of children**

## Directions

- spray in mouth twice per day
- for acute stress use 5 or more times per day
- use 5 days per week until symptoms are relieved

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adults and children 12 years and over	4-5 sprays per dose
children 2 years to under 12 years	2-3 sprays per dose
children under 2 years	consult a doctor

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## **Other Information**

- do not use if plastic seal around cap is broken or missing.
- store in a cool, dry place.

## **Inactive Ingredients**

Lotus\*, Natural Flavor, Purified Water, Ruta Graveolens\*

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\*flower essence

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*Questions or Comments?*

**Call 800.570.0021**

**Between 9am-5pm PST**

**info@siddhaflowers.com**

**siddhaflowers.com**

MFD by Siddha Flower Essences  
Oxnard, CA 93030

**Made in USA**

## **Side Panel**

homeopathy and flower essences:

- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy and gluten free
- Prepared in purified water with natural preservatives
- Blends time-tested natural medicine with modern technology
- One month supply

## **FOUNDATIONAL REMEDIES**

*may be used with targeted remedies*

stress relief  
*daily alignment*

emotional detox  
*deep-seated stress*

### TARGETED REMEDIES

sleep	male balance
healthy hair	blood sugar
female balance	lung and sinus
muscles and joints	throat and voice
youthful skin	teeth and gums
happy heart	hearing
digestion	sight

### Principal Display Panel

**100% natural - no alcohol**

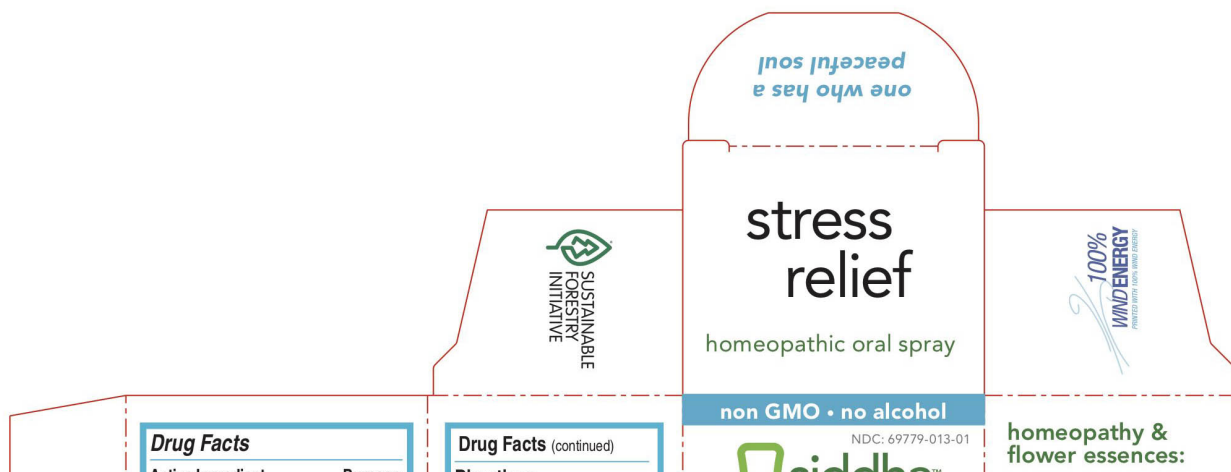
**siddha** cell salts + flower essences

### stress relief

Occasional Anxiety  
Restlessness  
Impatience

sugar, dairy and gluten free

**Homeopathic Remedy**  
**1 US fl oz (29.6mL)**



**Active ingredient**      **Purpose**

Each dose contains equal parts of:

Aesculus hippocastanum, flos 5X HPUS.....  
(White Chestnut)      persistent unwanted thoughts  
and inner dialogue

Calc Phos 12X HPUS.....      occasional  
anxiety; restlessness; fretfulness

Fagus sylvatica, flos 5X HPUS .....      overly  
(Beech)      critical

Impatiens glandulifera, flos 5X HPUS .....  
(Impatiens)      impatience, irritability,  
and a quickness to react

Kali Phos 6X HPUS .....      difficulty concentrating;  
restlessness; irritability; laziness; exhaustion  
after moderate mental effort

Mag Phos 12X HPUS.....      inability to  
think clearly; forgetfulness

Prunus cerasifera, flos 5X HPUS .....      feeling  
(Cherry Plum)      blocked or congested inside

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are officially monographed in the Homeopathic  
Pharmacopoeia of the United States.

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- restlessness
- irritability
- forgetfulness
- inability to think clearly
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persist or worsen  
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# stress relief

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Restlessness  
Impatience

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**FOUNDATIONAL REMEDIES**  
may be used with targeted remedies

stress relief  
daily alignment  
emotional detox  
deep-seated stress

**TARGETED REMEDIES**

sleep	male balance
healthy hair	blood sugar
female balance	lung & sinus
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youthful skin	teeth & gums
happy heart	hearing
digest	sight

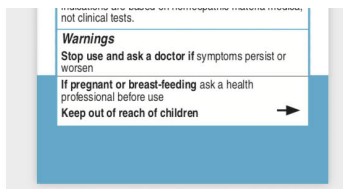
sugar, dairy & gluten free  
Homeopathic Remedy  
1 US fl oz (29.6mL)



Lot No.

With Love & Gratitude





## STRESS RELIEF

aesculus hippocastanum, flos, calc phos, fagus sylvatica, flos, impatiens glandulifera, flos, kali phos, mag phos, prunus cerasifera, flos spray

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:69779-013
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>AESCULUS HIPPOCASTANUM FLOWER</b> (UNII: KK0Z92II8M) (AESCULUS HIPPOCASTANUM FLOWER - UNII:KK0Z92II8M)	AESCULUS HIPPOCASTANUM FLOWER	5 [hp_X] in 29.6 mL
<b>TRIBASIC CALCIUM PHOSPHATE</b> (UNII: 91D9GV0Z28) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CATION	12 [hp_X] in 29.6 mL
<b>FAGUS SYLVATICA FLOWERING TOP</b> (UNII: 21AF0IH5U) (FAGUS SYLVATICA FLOWERING TOP - UNII:21AF0IH5U)	FAGUS SYLVATICA FLOWERING TOP	5 [hp_X] in 29.6 mL
<b>IMPATIENS GLANDULIFERA FLOWER</b> (UNII: AJU501A5ZV) (IMPATIENS GLANDULIFERA FLOWER - UNII:AJU501A5ZV)	IMPATIENS GLANDULIFERA FLOWER	5 [hp_X] in 29.6 mL
<b>POTASSIUM PHOSPHATE, DIBASIC</b> (UNII: C171S98N1Z) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM PHOSPHATE, DIBASIC	6 [hp_X] in 29.6 mL
<b>MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE</b> (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	12 [hp_X] in 29.6 mL
<b>PRUNUS CERASIFERA FLOWER</b> (UNII: 0KD7R09EAS) (PRUNUS CERASIFERA FLOWER - UNII:0KD7R09EAS)	PRUNUS CERASIFERA FLOWER	5 [hp_X] in 29.6 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>NELUMBO NUCIFERA FLOWER</b> (UNII: 61W322NLDV)	
<b>RUTA GRAVEOLENS FLOWERING TOP</b> (UNII: N94C2U587S)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69779-013-01	1 in 1 CARTON	04/09/2015	
1		29.6 mL in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:69779-013-02	1 in 1 CARTON	04/03/2017	
2		7.5 mL in 1 BOTTLE; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		04/09/2015	

**Labeler** - Siddha Flower Essences LLC (053674034)**Registrant** - Siddha Flower Essences LLC (053674034)**Establishment**

Name	Address	ID/FEI	Business Operations
Siddha Flower Essences LLC		053674034	manufacture(69779-013)

Revised: 1/2022

Siddha Flower Essences LLC