

FLUTICASONE PROPIONATE- fluticasone propionate spray, metered Grocery Outlet

24 Hour Allergy Relief, Fluticasone Propionate 50mcg

Active ingredient(s)

Fluticasone propionate (glucocorticoid) 50 mcg per spray

Purpose

Allergy symptom reliever

Use(s)

Temporarily relieves these symptoms of hay fever or other upper respiratory allergies:

- nasal congestion
- runny nose
- sneezing
- itchy nose
- itchy, watery eye

Warnings

Only for use in the nose. Do not spray into your eyes or mouth.

Do not use

- in children under 4 years of age
- to treat asthma
- if you have an injury or surgery to your nose that is not fully healed
- if you have ever had an allergic reaction to this product or any of the ingredient

Ask a doctor before use if you

have or had glaucoma or cataracts.

Ask a doctor or pharmacist before use if you are taking

- medicine for HIV infection (such as ritonavir)
- a steroid medicine for asthma, allergies or skin rash
- ketoconazole pills (medicine for fungal infection)

When using this product

- the growth rate of some children may be slower
- stinging or sneezing may occur for a few seconds right after use
- do not share this bottle with anyone else as this may spread germs
- remember to tell your doctor about all the medicines you take, including this one

Stop use and ask a doctor if

- you have, or come into contact with someone who has chicken pox, measles, or tuberculosis
- your symptoms do not get better within 7 days of starting use or you get new symptoms such as severe facial pain or thick nasal discharge. You may have something more than allergies, such as an infection.
- you get a constant whistling sound from your nose. This may be a sign of damage inside your nose.
- you get an allergic reaction to this product. Seek medical help right away.
- you get new changes to your vision that develop after starting this product
- you have severe or frequent nosebleeds

If pregnant or breastfeeding,

ask a health professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions**read the Quick Start Guide for how to:**

- prime the bottle
- use the spray
- clean the spray nozzle

- shake gently before each use
- use this product only once a day
- do not use more than directed

ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER

- Week 1: use 2 sprays in each nostril daily
- Week 2 through 6 months: use 1 or 2 sprays in each nostril once daily, as needed to treat symptoms
- After 6 months of daily use: ask a doctor if you can keep using

CHILDREN 4 to 11 YEARS OF AGE

- the growth of some children may be slower while using this product. Children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than 2 months a year.
- an adult should supervise use
- use 1 spray in each nostril daily

CHILDREN UNDER 4 YEARS OF AGE: do not use

Other information

- you may start to feel relief the first day and full effect after several days of regular once-a-day use
- store between 4° and 30°C (39° and 86°F)
- keep this carton and enclosed materials. They contain important additional information.


Inactive ingredients

0.02% w/w benzalkonium chloride, dextrose, microcrystalline cellulose and carboxymethylcellulose sodium, 0.25% w/w phenylethyl alcohol, polysorbate 80, purified water

Questions/Comments

Call **1-877-290-4008**

Principal Display Panel

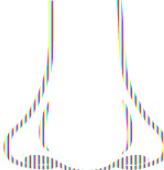
Eli Lilly


Fluticasone Propionate Nasal Spray, USP
QUICK START GUIDE
 HOW TO START GETTING ALLERGY RELIEF RIGHT NOW

USE THE RIGHT DOSE
 Fluticasone Propionate Nasal Spray, USP works best when you use it daily. Here's how to get started.

Children age 4-11

An adult should supervise use
 Use one spray in each nostril once daily.

1x  1x

Don't use more than one spray in each nostril per day.

If you miss a dose, just use your regular dose the next day.
 Don't add an extra dose.

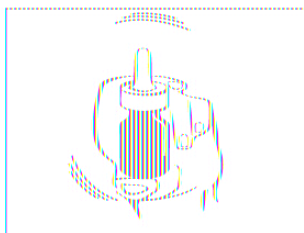

Check with a doctor if a child needs to use Fluticasone Propionate Nasal Spray, USP for longer than two months a year.

Users age 12 or older

In your first week
 Use two sprays in each nostril every day. Don't use more than two sprays in each nostril per day.


GET THE RELIEF YOU NEED
 Fluticasone Propionate Nasal Spray, USP works best when you use it daily. Here's how to get started.

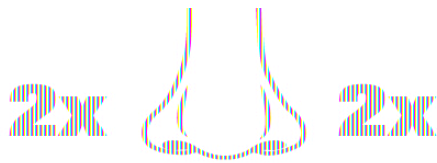
1 Shake

Gently shake spray bottle. Remove cap.

2 Prime





After your first week

If your symptoms are under control, you may reduce to one spray in each nostril every day. If your symptoms get worse, go back to two sprays in each nostril.

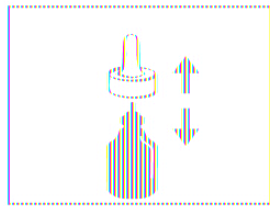
If you miss a dose, just use your regular dose the next day. Don't add an extra dose.

WARNING: Do not spray in your eyes. Only for use in your nose.

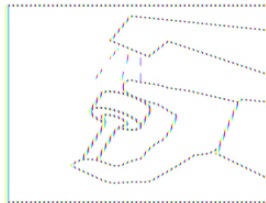


KEEP IT CLEAN

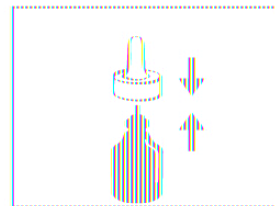
A clean spray nozzle helps ensure a full dose. Clean it weekly, or if it's clogged. Don't try to unblock nozzle with pin or sharp object – that can damage it.



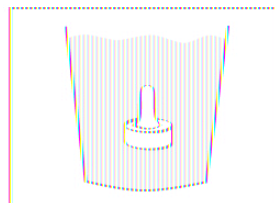
1) Remove spray nozzle by grasping at base and pulling up.



2) Rinse under running tap, and dry at room temperature.



3) Aim away from your face and gently replace spray nozzle until you hear a soft click.



If spray nozzle is clogged, soak in warm water. Then repeat

Do this when:

- Starting new bottle
- Haven't used it in a week
- Just cleaned nozzle

Otherwise go to step 3

Aim away from face. Grasp spray bottle & fine mist appears.

Pumped six times and still no mist? Spray clogged. See **KEEP IT CLEAN**.

3 Blow

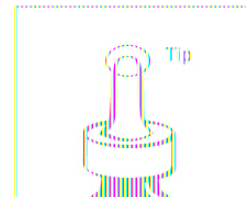


Blow nose gently to clear nostrils.

4 Aim



Close one nostril and put tip of spray nozzle



Put just the tip into your nose.



Aim spray from side.

5 Breathe and



While sniffing gently, press down on spray (according to dosing instructions). You'll feel fine mist in your nose. Breathe out through your mouth.

Repeat in other nostril.

Wipe spray nozzle with clean tissue and repeat

steps 2 and 3.

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Insert



FLUTICASONE PROPIONATE NASAL SPRAY, USP QUESTIONS & ANSWERS

WHAT FLUTICASONE PROPIONATE NASAL SPRAY, USP IS, HOW TO USE IT, AND WHAT TO

UNDERSTANDING FLUTICASONE PROPIONATE NASAL SPRAY, USP

What Fluticasone Propionate Nasal Spray, USP is, and how it works.

What is Fluticasone Propionate Nasal Spray, USP?

Fluticasone Propionate Nasal Spray, USP is an effective, allergy medicine that you can buy without a prescription. It works directly in the nose to help block your allergic reactions. Fluticasone Propionate Nasal Spray, USP relieves allergy symptoms caused by pollen, mold, dust and pets.

What is the active ingredient in Fluticasone Propionate Nasal Spray, USP?

The active ingredient in Fluticasone Propionate Nasal Spray, USP is called fluticasone propionate. Fluticasone propionate is a glucocorticoid — a substance produced naturally by your body to help fight inflammation. It works in your nose to relieve your allergy symptoms. Barely any of it travels through your body. It's been

prescribed by doctors for over 20 years, and used effectively by millions.

A glucocorticoid is a kind of steroid that is different from the anabolic (muscle-building) steroids sometimes misused by athletes. In fact, world class athletes are allowed to use glucocorticoids during competition to treat their allergies.

Who should not use Fluticasone Propionate Nasal Spray, USP?

For complete guidance, check the *Drug Facts* label on the back of the Fluticasone Propionate Nasal Spray, USP package.

Can I use Fluticasone Propionate Nasal Spray, USP for asthma?

No, Fluticasone Propionate Nasal Spray, USP is not a treatment for asthma. Ask your doctor what medicine to take for your asthma.

Can I use Fluticasone Propionate Nasal Spray, USP for colds?

No, use Fluticasone Propionate Nasal Spray, USP to treat only your allergies—not your cold symptoms. If you're not sure whether your symptoms come from allergies or a cold, ask your doctor.

What happens when you have allergies?

Allergies start when allergens like pollen or pet dander enter your body and trigger your immune system to respond.

Your body's natural response is to release multiple inflammatory substances, (also referred to as mediators) that cause your allergy symptoms.



How does Fluticasone Propionate Nasal Spray, USP work?

Fluticasone Propionate Nasal Spray, USP works right in your nose to help block your allergic reaction at the source to relieve the symptoms that make you uncomfortable.

Fluticasone Propionate Nasal Spray, USP acts on multiple inflammatory substances, including histamine, prostaglandins, cytokines, tryptases, chemokines and leukotrienes.

For example, Fluticasone Propionate Nasal Spray, USP helps with:

Symptoms



Triggers



Nasal Symptoms

- Congestion
- Runny Nose
- Sneezing
- Itchy nose

Eye Symptoms

- Itchy Eyes
- Watery Eyes

Outdoor allergens

- Weed pollen
- Grass pollen
- Tree pollen
- Mold spores

Animal allergens

- Cats
- Dogs

Who should not use Fluticasone Propionate Nasal Spray, USP or check with a doctor first?

Some people should not use Fluticasone Propionate Nasal Spray, USP, or need to check with a health professional first. This table offers a quick summary of these situations.

If you...	Here's what to do...
Are younger than 4	Do not use Fluticasone Propionate Nasal Spray, USP

If you...	Here's what to do...
Are pregnant or breast-feeding	Talk to a health professional before using Fluticasone Propionate Nasal Spray, USP
Have or had glaucoma or cataracts	Talk to your doctor before using Fluticasone Propionate Nasal Spray, USP
Have an injury or surgery to your nose that is not fully healed	Do not use Fluticasone Propionate Nasal Spray, USP

If you...	Here's what to do...
Have ever had an allergic reaction to Fluticasone Propionate Nasal Spray, USP or any of its ingredients	Do not use Fluticasone Propionate Nasal Spray, USP
Are taking a medicine for HIV infection (such as ritonavir)	Talk to your doctor or pharmacist before using Fluticasone Propionate Nasal Spray, USP

If you are taking any other medicine, ask your doctor for advice.

USING FLUTICASONE PROPIONATE NASAL SPRAY, USP

How to get the best results with Fluticasone Propionate Nasal Spray, USP

Read the Drug Facts label on the back of the package or the Quick Start Guide on the other side for simple directions on using Fluticasone Propionate Nasal Spray, USP.

Watch for bold text - it shows where there is different information for children ages 4-11, compared to users age 12 or older.

If you still have questions about using Fluticasone Propionate Nasal Spray, USP

of Fluticasone Propionate Nasal Spray, USP for a shorter period of time.

Ages	Children 4-11 years of age	Users 12 years of age and older
Dosage	1 spray in each nostril once daily	Up to 2 sprays in each nostril once daily
Duration before checking with a doctor	Up to 2 months of use a year	Up to 6 months of daily use

Why is the use of Fluticasone Propionate

you insert the nozzle in your nose.

Can I spray Fluticasone Propionate Nasal Spray, USP in my eyes or mouth?

No, Fluticasone Propionate Nasal Spray, USP is meant to work only in your nose to relieve your allergy symptoms, including itchy, watery eyes.



Never spray Fluticasone Propionate Nasal Spray, USP in your eyes or your mouth.

If you are taking any other medicine, ask your doctor for advice.

after reading the Quick Start Guide, read this section for answers.

I know how to use a nasal spray. Why do I have to follow the directions?

If you don't use the spray bottle correctly, you might not get a full dose. Without a full dose each time, you might not get the relief you deserve.

Follow the simple directions in the Quick Start Guide on the other side.

If my symptoms go away, should I stop using Fluticasone Propionate Nasal Spray, USP?

You may be tempted to stop using Fluticasone Propionate Nasal Spray, USP when you start to feel better. It's important you keep using Fluticasone Propionate Nasal Spray, USP daily as long as you're exposed to allergens that bother you, like pollen, mold, dust or pet dander. This way you'll keep feeling relief.

If you suffer allergy symptoms only during certain times, like when pollen levels are high, you may stop using Fluticasone Propionate Nasal Spray, USP when that time ends. If you are age 12 or older and need to use daily for longer than 6 months or age 4-11 and need to use for longer than 2 months a year, check with your doctor.

What are the differences in the way children age 4-11 should use Fluticasone Propionate Nasal Spray, USP?

Children age 4-11 should use a lower dose

nasal spray, USP for children age 4-11 limited to 2 months a year before checking with a doctor?

When used long-term, intranasal glucocorticoids like Fluticasone Propionate Nasal Spray, USP may cause the growth rate of some children to be slower. Whether this will affect a child's ultimate height is not known. As a precaution, children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than 2 months a year.

What if I miss a dose by accident?

If you miss a dose, just use your regular dose the next day. Don't add an extra dose to make up for it.

Can I keep using Fluticasone Propionate Nasal Spray, USP year round?

Some people suffer from allergies all year. If you are age 12 or older and have used Fluticasone Propionate Nasal Spray, USP for six months or age 4-11 and have used for two months a year, check with your doctor to make sure it's OK to keep using Fluticasone Propionate Nasal Spray, USP. In fact, it's a good idea for anyone with persistent allergies to talk with a doctor every so often about symptoms and medicines.

Can I share my Fluticasone Propionate Nasal Spray, USP?

Do not share a bottle of Fluticasone Propionate Nasal Spray, USP. Sharing the bottle can spread germs, because

Some decongestants may increase blood pressure. Does Fluticasone Propionate Nasal Spray, USP increase blood pressure?

When used as directed, Fluticasone Propionate Nasal Spray, USP does not increase blood pressure.

Won't I waste product by priming?

It's not a waste to prime the pump, because it helps you get a full dose. Getting a full dose is important for getting the relief you deserve. See the Quick Start Guide for when and how to prime the pump.

Don't worry about running out due to priming. There is enough medicine in the spray bottle to allow for priming sprays plus the number of sprays labeled on the bottle.

Always point the spray bottle away from your face when priming.

How long should a bottle of Fluticasone Propionate Nasal Spray, USP last?

This table shows roughly how long your bottle will last. It assumes you follow the instructions for priming the pump, and that those age 12 or older use two sprays in each nostril every day while children age 4-11 use one spray in each nostril every day.

After you've used the number of sprays shown on the label, each spray may not deliver a full dose -- even if there is liquid left in the bottle.

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WHAT TO EXPECT

What it's like to use Fluticasone Propionate Nasal Spray, USP

How soon will I get relief?

You may start to feel relief the first day you use Fluticasone Propionate Nasal Spray, USP. Keep using it every day, though. It takes several days before Fluticasone Propionate Nasal Spray, USP builds up to full effectiveness.

How long will the relief last?

Fluticasone Propionate Nasal Spray, USP is meant to control your symptoms every day, all day and all night. To help you get this lasting relief, it's important to use Fluticasone Propionate Nasal Spray, USP regularly, once a day.

Does Fluticasone Propionate Nasal Spray, USP cause a "rebound" effect?

No, Fluticasone Propionate Nasal Spray, USP does not cause a rebound effect.

Some nasal decongestant sprays may cause your nasal passages to swell up even more when you use them too often or for longer than their label says you should (three days). This is sometimes called a

"rebound effect."

Fluticasone Propionate Nasal Spray, USP is a different kind of medicine and does not cause any rebound effect. You can use Fluticasone Propionate Nasal Spray, USP for up to six months if you are age 12 or older or up to two months a year if you are age 4-11 before checking with a doctor.

Will Fluticasone Propionate Nasal Spray, USP make me drowsy?

No, Fluticasone Propionate Nasal Spray, USP does not cause drowsiness. Some allergy medications can cause drowsiness, but Fluticasone Propionate Nasal Spray, USP does not.

Why does Fluticasone Propionate Nasal Spray, USP have a smell?

The light floral scent you may notice comes from one of the important ingredients in the Fluticasone Propionate Nasal Spray, USP formula. No fragrance is added to Fluticasone Propionate Nasal Spray, USP.

What if little or nothing is spraying out?

Try priming the spray bottle. It may take a few pumps to get the dispenser spraying again.

If that doesn't work, the spray nozzle may be clogged. You can clean it following the directions in the Quick Start Guide on the other side.

What if I feel stinging in my nose, or I sneeze?

Some people may feel a slight stinging, or may sneeze, after spraying Fluticasone Propionate Nasal Spray, USP in their nostrils. This feeling should go away in a few seconds.

What if I feel or taste the medicine in my throat?

Generally, you can avoid this by taking a shallower breath next time you spray Fluticasone Propionate Nasal Spray, USP into your nostrils. For example, take the kind of breath you would use to smell a flower.

What if I have chicken pox, measles or tuberculosis or come into contact with someone who does?

Stop using Fluticasone Propionate Nasal Spray, USP and ask your doctor.

What if I'm having severe sinus pain?

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Side effect	What could happen	What to do
Allergic reaction to the product	<ul style="list-style-type: none"> Sudden swelling of face or tongue A rash Wheezing or feeling faint 	If you feel any of these symptoms, stop using Fluticasone Propionate Nasal Spray, USP and see a doctor right away.
Nose injury	<ul style="list-style-type: none"> Severe or frequent nosebleeds Constant whistling sound that does not go away 	Apply pressure to your nose. Stop using Fluticasone Propionate Nasal Spray, USP and see a doctor. This could be a sign of damage to your nose. Stop using Fluticasone Propionate Nasal Spray, USP and see a doctor right away.
Eye conditions such as cataracts or	<ul style="list-style-type: none"> Cloudy vision Reduced vision 	Have a yearly eye exam to check for these conditions. Read the <i>Drug Facts</i> on the back of the Fluticasone Propionate Nasal Spray, USP package.

Side effect	What could happen	What to do
Growth effects	<ul style="list-style-type: none"> Slower growth rate in some children while using product 	Talk to your doctor.
Other side effects	<ul style="list-style-type: none"> Headaches or sneezing Bad taste or smell Minor nosebleeds Dry or irritated nose or throat 	Talk to your doctor.

Insert

NDC 85828-448-01

FULL PRESCRIPTION STRENGTH
Allergy Relief Nasal Spray

FLUTICASONE PROPIONATE
NASAL SPRAY USP, 50 mcg PER SPRAY

Allergy Symptom Reliever (Glucocorticoid)

GO

72

METERED SPRAYS
0.38 fl oz (11.1 mL)

IMPORTANT: Read Drug Facts label and enclosed materials for important information.
 Children 4-11: 1 spray per nostril per day. **Talk to a doctor if your child needs to use for longer than two months a year.**
Keep out of reach of children.
 Only for use in the nose, do not spray into eyes.
 Store between 4° and 30°C (39° and 86°F)
 Shake gently before each use.

DISTRIBUTED BY:
 Grocery Outlet, Inc. | Emeryville, CA 94608
 www.groceryoutlet.com

PRODUCT OF CANADA.
 LB2413 R1125



Label

Drug Facts (continued)

■ you get a constant whistling sound from your nose. This may be a sign of damage inside your nose.
 ■ you get an allergic reaction to this product. Seek medical help right away.
 ■ you get new changes to your vision that develop after starting this product
 ■ you have severe or frequent nosebleeds

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

■ read the Quick Start Guide for how to:
 ■ prime the bottle
 ■ use the spray
 ■ clean the spray nozzle
 ■ shake gently before each use
 ■ use this product only once a day
 ■ do not use more than directed

ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER

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Drug Facts (continued)

CHILDREN 4 to 11 YEARS OF AGE

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 ■ an adult should supervise use at use 1 spray in each nostril daily

CHILDREN UNDER 4 YEARS OF AGE
 do not use

Other Information

■ you may start to feel relief the first day and full effect after several days of regular once-a-day use
 ■ keep between 4° and 30°C (39° and 86°F)
 ■ keep this carton and enclosed materials. They contain important additional information.

Inactive Ingredients
 0.02% w/w benzalkonium chloride, dextrose, microcrystalline cellulose and carbonylmethylcellulose sodium, 0.25% w/w polyethylene alcohol, polysorbate 80, purified water

Questions or comments?
 Call 1-877-250-4008

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Allergy Relief Nasal Spray

FLUTICASONE PROPIONATE
NASAL SPRAY USP, 50 mcg PER SPRAY

Allergy Symptom Reliever (Glucocorticoid)

GO

24 HOUR RELIEF

72 METERED SPRAYS
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Route of Administration	NASAL			
Active Ingredient/Active Moiety				
	Ingredient Name	Basis of Strength	Strength	
	FLUTICASONE PROPIONATE (UNII: O2GMZ0LF5W) (FLUTICASONE - UNII:CUT2W21N7U)	FLUTICASONE PROPIONATE	50 ug	
Inactive Ingredients				
	Ingredient Name	Strength		
	BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)			
	DEXTROSE (UNII: IY9XDZ35W2)			
	MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)			
	CARBOXYMETHYLCELLULOSE SODIUM (UNII: K679OBS311)			
	PHENYLETHYL ALCOHOL (UNII: ML9LGA7468)			
	POLYSORBATE 80 (UNII: 6OZP39ZG8H)			
	WATER (UNII: 059QF0KO0R)			
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:85828-448-01	1 in 1 CARTON	03/16/2026	
1		72 in 1 BOTTLE, SPRAY; Type 2: Prefilled Drug Delivery Device/System (syringe, patch, etc.)		
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
ANDA	ANDA208150	03/16/2026		

Labeler - Grocery Outlet (029161585)

Revised: 3/2026

Grocery Outlet