SODIUM POLYSTYRENE SULFONATE- sodium polystyrene sulfonate suspension West-Ward Pharmaceuticals Corp.

Sodium Polystyrene Sulfonate Suspension USP Rx Only

DESCRIPTION

Sodium Polystyrene Sulfonate Suspension USP can be administered orally or in an enema. It is a cherry-flavored suspension containing 15 grams of cation-exchange resin (Sodium Polystyrene Sulfonate USP). In addition sodium polystyrene sulfonate suspension contains the following inactive ingredients: citric acid (anhydrous), artificial flavor (wild-cherry), magnesium aluminum silicate, methylparaben, propylene glycol, propylparaben, purified water and sucralose.

Sodium polystyrene sulfonate is a benzene, diethenyl-, polymer with ethenylbenzene, sulfonated, sodium salt and has the following structural formula:

The sodium content of the suspension is 1575 mg (68.5 mEq) per 60 mL which is equivalent to 1500 mg on the anhydrous basis. It is an amber, smooth suspension with an *in-vitro* exchange capacity of approximately 3.1 mEq (*in-vivo* approximately 1 mEq) of potassium per 4 mL (1 gram) of suspension. It can be administered orally or in an enema.

CLINICAL PHARMACOLOGY

As the resin passes along the intestine or is retained in the colon after administration by enema, the sodium ions are partially released and are replaced by potassium ions. For the most part, this action occurs in the large intestine, which excretes potassium ions to a greater degree than does the small intestine. The efficiency of this process is limited and unpredictably variable. It commonly approximates the order of 33%, but the range is so large that definitive indices of electrolyte balance must be clearly monitored.

Metabolic data are unavailable.

INDICATIONS AND USAGE

Sodium polystyrene sulfonate is indicated for the treatment of hyperkalemia.

CONTRAINDICATIONS

Sodium polystyrene sulfonate is contraindicated in the following conditions: patients with hypokalemia, patients with a history of hypersensitivity to polystyrene sulfonate resins, obstructive bowel disease,

oral or rectal administration in neonates (see **PRECAUTIONS**).

WARNINGS

Intestinal Necrosis

Cases of intestinal necrosis, which may be fatal, and other serious gastrointestinal adverse events (bleeding, ischemic colitis, perforation) have been reported in association with sodium polystyrene sulfonate use. The majority of these cases reported the concomitant use of sorbitol. Risk factors for gastrointestinal adverse events were present in many of the cases including prematurity, history of intestinal disease or surgery, hypovolemia, and renal insufficiency and failure. Concomitant administration of additional sorbitol is not recommended (see **PRECAUTIONS: Drug Interactions**).

- Use only in patients who have normal bowel function. Avoid use in patients who have not had a bowel movement post-surgery.
- Avoid use in patients who are at risk for developing constipation or impaction (including those
 with history of impaction, chronic constipation, inflammatory bowel disease, ischemic colitis,
 vascular intestinal atherosclerosis, previous bowel resection, or bowel obstruction).
- Discontinue use in patients who develop constipation.

Alternative Therapy in Severe Hyperkalemia

Since the effective lowering of serum potassium with sodium polystyrene sulfonate may take hours to days, treatment with this drug alone may be insufficient to rapidly correct severe hyperkalemia associated with states of rapid tissue breakdown (e.g., burns and renal failure) or hyperkalemia so marked as to constitute a medical emergency. Therefore, other definitive measures, including dialysis, should always be considered and may be imperative.

Hypokalemia

Serious potassium deficiency can occur from sodium polystyrene sulfonate therapy. The effect must be carefully controlled by frequent serum potassium determinations within each 24 hour period. Since intracellular potassium deficiency is not always reflected by serum potassium levels, the level at which treatment with sodium polystyrene sulfonate should be discontinued must be determined individually for each patient. Important aids in making this determination are the patient's clinical condition and electrocardiogram. Early clinical signs of severe hypokalemia include a pattern of irritable confusion and delayed thought processes.

Electrocardiographically, severe hypokalemia is often associated with a lengthened Q-T interval, widening, flattening, or inversion of the T wave, and prominent U waves. Also, cardiac arrhythmias may occur, such as premature atrial, nodal, and ventricular contractions, and supraventricular and ventricular tachycardias. The toxic effects of digitalis are likely to be exaggerated. Marked hypokalemia can also be manifested by severe muscle weakness, at times extending into frank paralysis.

Electrolyte Disturbances

Like all cation-exchange resins, sodium polystyrene sulfonate is not totally selective (for potassium) in its actions, and small amounts of other cations such as magnesium and calcium can also be lost during treatment. Accordingly, patients receiving sodium polystyrene sulfonate should be monitored for all applicable electrolyte disturbances.

Systemic Alkalosis

Systemic alkalosis has been reported after cation-exchange resins were administered orally in combination with nonabsorbable cation-donating antacids and laxatives such as magnesium hydroxide and aluminum carbonate. Magnesium hydroxide should not be administered with sodium polystyrene

sulfonate. One case of grand mal seizure has been reported in a patient with chronic hypocalcemia of renal failure who was given sodium polystyrene sulfonate with magnesium hydroxide as a laxative (see **PRECAUTIONS: Drug Interactions**).

PRECAUTIONS

Caution is advised when sodium polystyrene sulfonate is administered to patients who cannot tolerate even a small increase in sodium loads (i.e., severe congestive heart failure, severe hypertension, or marked edema). In such instances compensatory restriction of sodium intake from other sources may be indicated.

Precautions should be taken to ensure the use of adequate volumes of sodium-free cleansing enemas after rectal administration.

In the event of clinically significant constipation, treatment with sodium polystyrene sulfonate should be discontinued until normal bowel motion is resumed (see **WARNINGS: Intestinal Necrosis**).

Drug Interactions

Antacids: The simultaneous oral administration of sodium polystyrene sulfonate with nonabsorbable cation-donating antacids and laxatives may reduce the resin's potassium exchange capability.

Nonabsorbable cation-donating antacids and laxatives: Systemic alkalosis has been reported after cation exchange resins were administered orally in combination with nonabsorbable cation-donating antacids and laxatives such as magnesium hydroxide and aluminum carbonate. Magnesium hydroxide should not be administered with sodium polystyrene sulfonate. One case of grand mal seizure has been reported in a patient with chronic hypocalcemia of renal failure who was given sodium polystyrene sulfonate with magnesium hydroxide as a laxative.

Intestinal obstruction due to concretions of aluminum hydroxide when used in combination with sodium polystyrene sulfonate has been reported.

Digitalis: The toxic effects of digitalis on the heart, especially various ventricular arrhythmias and A-V nodal dissociation, are likely to be exaggerated by hypokalemia, even in the face of serum digoxin concentrations in the "normal range" (see **WARNINGS**).

Sorbitol: Concomitant use of sorbitol with sodium polystyrene sulfonate has been implicated in cases of intestinal necrosis, which may be fatal (see **WARNINGS**).

Lithium: Sodium polystyrene sulfonate may decrease absorption of lithium.

Thyroxine: Sodium polystyrene sulfonate may decrease absorption of thyroxine.

Carcinogenesis, Mutagenesis, Impairment of Fertility

Studies have not been performed.

Pregnancy

Category C

Animal reproduction studies have not been conducted with sodium polystyrene sulfonate. It is also not known whether sodium polystyrene sulfonate can cause fetal harm when administered to a pregnant woman or can affect reproduction capacity. Sodium polystyrene sulfonate should be given to a pregnant woman only if clearly needed.

Nursing Mothers

It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when sodium polystyrene sulfonate is administered to a nursing woman.

Pediatric Use

The effectiveness of sodium polystyrene sulfonate in pediatric patients has not been established. **The use of sodium polystyrene sulfonate is contraindicated in neonates and especially in premature infants.** In children and neonates, particular care should be observed with rectal administration, as excessive dosage could result in impaction of the resin. **Precautions should be taken to ensure the use of adequate volumes of sodium-free cleansing enemas after rectal administration.**

ADVERSE REACTIONS

Sodium polystyrene sulfonate may cause some degree of gastric irritation. Anorexia, nausea, vomiting, and constipation may occur especially if high doses are given. Also, hypokalemia, hypocalcemia, hypomagnesemia and significant sodium retention, and their related clinical manifestations, may occur (see **WARNINGS**). Occasionally diarrhea develops. Large doses in elderly individuals may cause fecal impaction (see **PRECAUTIONS**). Rare instances of intestinal necrosis have been reported. Intestinal obstruction due to concretions of aluminum hydroxide, when used in combination with sodium polystyrene sulfonate, has been reported.

The following events have been reported from worldwide post marketing experience:

- Fecal impaction following rectal administration, particularly in children;
- Gastrointestinal concretions (bezoars) following oral administration;
- Ischemic colitis, gastrointestinal tract ulceration or necrosis which could lead to intestinal perforation; and
- Rare cases of acute bronchitis and/or bronchopneumonia associated with inhalation of particles of polystyrene sulfonate.

OVERDOSAGE

Overdosage may result in electrolyte disturbances including hypokalemia, hypocalcemia, and hypomagnesemia. Biochemical disturbances resulting from overdosage may give rise to clinical signs and symptoms of hypokalemia, including: irritability, confusion, delayed thought processes, muscle weakness, hyporeflexia, which may progress to frank paralysis and/or apnea. Tetany may occur. Electrocardiographic changes may be consistent with hypokalemia or hypercalcemia; cardiac arrhythmias may occur. Appropriate measures should be taken to correct serum electrolytes (potassium, calcium, magnesium), and the resin should be removed from the alimentary tract by appropriate use of laxatives or enemas.

DOSAGE AND ADMINISTRATION

The average daily adult dose is 15 g (60 mL) to 60 g (240 mL) of suspension. This is best provided by administering 15 g (60 mL) of sodium polystyrene sulfonate suspension one to four times daily. Each 60 mL of sodium polystyrene sulfonate suspension contains 1575 mg (68.5 mEq) per 60 mL which is equivalent to 1500 mg on the anhydrous basis of sodium. Since the *in-vivo* efficiency of sodium-potassium exchange resins is approximately 33%, about one-third of the resin's actual sodium content is being delivered to the body.

In smaller children and infants, lower doses should be employed by using as a guide a rate of 1 mEq of potassium per gram of resin as the basis for calculation.

Sodium polystyrene sulfonate suspension may be introduced into the stomach through a plastic tube and, if desired, given with a diet appropriate for a patient in renal failure.

Sodium polystyrene sulfonate suspension may also be given, although with less effective results, as an

enema consisting (for adults) of 30 g (120 mL) to 50 g (200 mL) every six hours. The enema should be retained as long as possible and followed by a cleansing enema.

After an initial cleansing enema, a soft, large size (French 28) rubber tube is inserted into the rectum for a distance of about 20 cm, with the tip well into the sigmoid colon, and taped in place. The suspension is introduced at body temperature by gravity. The suspension is flushed with 50 or 100 mL of fluid, following which the tube is clamped and left in place. If back leakage occurs, the hips are elevated on pillows or a knee-chest position is taken temporarily. The suspension is kept in the sigmoid colon for several hours, if possible. **Then, the colon is irrigated with a sodium-free cleansing enema at body temperature in order to remove the resin. Two quarts of flushing solution may be necessary. The returns are drained constantly through a Y tube connection. While the use of sorbitol is not recommended, particular attention should be paid to this cleansing enema if sorbitol has been used.**

The intensity and duration of therapy depend upon the severity and resistance of hyperkalemia.

Sodium polystyrene sulfonate suspension should not be heated for to do so may alter the exchange properties of the resin.

HOW SUPPLIED

Sodium Polystyrene Sulfonate Suspension USP

15 g per 60 mL is supplied as a (wild-cherry flavored) amber smooth suspension.

NDC 0054-0379-51: Unit dose bottles filled to deliver 60 mL

NDC 0054-0379-50: Unit of use enema bottles filled to contain 120 mL (for use in delivering the suspension rectally through appropriate tubing)

NDC 0054-0379-55: Unit of use enema bottles filled to contain 200 mL (for use in delivering the suspension rectally through appropriate tubing)

NDC 0054-0379-63: Bottles of 500 mL

Dispense in a tight, child-resistant container as defined in the USP/NF. If repackaging into other containers, store in refrigerator and use within 14 days of packaging.

SHAKE WELL BEFORE USING.

Store at 20° to 25°C (68° to 77°F). [See USP Controlled Room Temperature.]

Distr. by: West-Ward

Pharmaceuticals Corp.

Eatontown, NJ 07724

10007838/03

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PACKAGE/LABEL PRINCIPAL DISPLAY PANEL

USUAL DOSAGE: See Package Insert for Complete Prescribing Information.

Dispense in a tight, child-resistant container as defined in the USP/NF.

Protect from freezing and from excessive heat.

Store at 20° to 25°C (68° to 77°F). [See USP Controlled Room Temperature.]

Distr. by: **West-Ward Pharmaceuticals Corp.**Eatontown, NJ 07724

NDC 0054-0379-51 Delivers 60 mL
Sodium Polystyrene
Sulfonate
Suspension USP

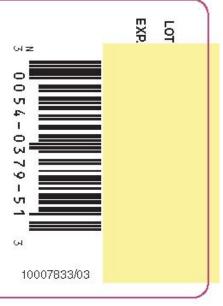
15 g/60 mL

Each 60 mL contains 15 g sodium polystyrene sulfonate USP, citric acid (anhydrous), artificial flavor (wild-cherry), magnesium aluminum silicate, methylparaben, propylene glycol, propylparaben, purified water and sucralose. Sodium content 1575 mg (68.5 mEq) per 60 mL which is equivalent to 1500 mg on the anhydrous basis.

FOR ORAL OR RECTAL USE







SODIUM POLYSTYRENE SULFONATE

sodium polystyrene sulfonate suspension

Product Information				
Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:0054-0379	
Route of Administration	ORAL, RECTAL			

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
SODIUM POLYSTYRENE SULFONATE (UNII: 1699G8679Z) (POLYS SULFONIC ACID - UNII:70KO0R01RY)	STYRENE SODIUM POLYSTYRENE SULFONATE	15 g in 60 mL	

Inactive Ingredients		
Ingredient Name	Strength	
ANHYDRO US CITRIC ACID (UNII: XF417D3PSL)		
MAGNESIUM ALUMINUM SILICATE (UNII: 6 M3P64V0 NC)		
METHYLPARABEN (UNII: A218 C7H19 T)		
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)		
PROPYLPARABEN (UNII: Z8 IX2SC1OH)		
SUCRALOSE (UNII: 96K6UQ3ZD4)		
WATER (UNII: 059QF0KO0R)		

Packaging			
# Item Code	Package Description	Marketing Start Date	Marketing End Date
1 NDC:0054-0379- 50	1 in 1 CARTON	06/17/2013	0 1/31/20 21

1		120 mL in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:0054-0379- 55	1 in 1 CARTON	06/17/2013	01/31/2021
2		200 mL in 1 BOTTLE; Type 0: Not a Combination Product		
3	NDC:0054-0379- 63	500 mL in 1 BOTTLE; Type 0: Not a Combination Product	06/17/2013	0 1/3 1/2 0 2 1
4	NDC:0054-0379- 51	$60~\mathrm{mL}$ in $1~\mathrm{BOTTLE},$ UNIT-DOSE; Type $0\colon\mathrm{Not}\mathrm{a}$ Combination Product	06/17/2013	01/31/2021

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA089049	06/17/2013	0 1/3 1/2 0 2 1

Labeler - West-Ward Pharmaceuticals Corp. (080189610)

Establishment			
Name	Address	ID/FEI	Business Operations
West-Ward Columbus Inc.		058839929	MANUFACTURE(0054-0379)

Revised: 11/2016 West-Ward Pharmaceuticals Corp.