

## **VITAMIN D- vitamin d capsule, liquid filled DirectRX**

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### **VITAMIN D**

Rx only

ERGOCALCIFEROL CAPSULES, USP, is a synthetic calcium regulator for oral administration.

Ergocalciferol is a white, colorless crystal, insoluble in water, soluble in organic solvents, and slightly soluble in vegetable oils. It is affected by air and by light. Ergosterol or provitamin D<sub>2</sub> is found in plants and yeast and has no antirachitic activity.

There are more than 10 substances belonging to a group of steroid compounds, classified as having vitamin D or antirachitic activity.

One USP Unit of vitamin D<sub>2</sub> is equivalent to one International Unit (IU), and 1 mcg of vitamin D<sub>2</sub> is equal to 40 IU.

Each softgel, for oral administration, contains Ergocalciferol, USP 1.25 mg (equivalent to 50,000 USP units of Vitamin D), in an edible vegetable oil.

Ergocalciferol, also called vitamin D<sub>2</sub>, is 9,10-secoergosta-5,7,10(19),22-tetraen-3-ol,(3 $\beta$ ,5Z,7E,22E)-; (C<sub>28</sub>H<sub>44</sub>O) with a molecular weight of 396.65, and has the following structural formula:

[Structure Formula]

Inactive Ingredients: Refined soybean oil, gelatin, glycerin, purified water, D&C Yellow #10, and FD&C Blue #1.

The in vivo synthesis of the major biologically active metabolites of vitamin D occurs in two steps. The first hydroxylation of ergocalciferol takes place in the liver (to 25-hydroxyvitamin D) and the second in the kidneys (to 1,25-dihydroxyvitamin D). Vitamin D metabolites promote the active absorption of calcium and phosphorous by the small intestine, thus elevating serum calcium and phosphate levels sufficiently to permit bone mineralization. Vitamin D metabolites also mobilize calcium and phosphate from bone and probably increase the reabsorption of calcium and perhaps also of phosphate by the renal tubules.

There is a time lag of 10 to 24 hours between the administration of vitamin D and the initiation of its action in the body due to the necessity of synthesis of the active metabolites in the liver and kidneys. Parathyroid hormone is responsible for the regulation of this metabolism in the kidneys.

Ergocalciferol is indicated for use in the treatment of hypoparathyroidism, refractory rickets, also known as vitamin D resistant rickets, and familial hypophosphatemia.

Ergocalciferol is contraindicated in patients with hypercalcemia, malabsorption syndrome, abnormal sensitivity to the toxic effects of vitamin D, and hypervitaminosis D.

Hypersensitivity to vitamin D may be one etiologic factor in infants with idiopathic hypercalcemia. In these cases vitamin D must be strictly restricted.

Keep out of the reach of children.

### General

Vitamin D administration from fortified foods, dietary supplements, self-administered and prescription drug sources should be evaluated. Therapeutic dosage should be readjusted as soon as there is clinical improvement. Dosage levels must be individualized and great care exercised to prevent serious toxic effects. IN VITAMIN D RESISTANT RICKETS THE RANGE BETWEEN THERAPEUTIC AND TOXIC DOSES IS NARROW. When high therapeutic doses are used progress should be followed with frequent blood calcium determinations.

In the treatment of hypoparathyroidism, intravenous calcium, parathyroid hormone, and/or dihydrotachysterol may be required.

Maintenance of a normal serum phosphorous level by dietary phosphate restriction and/or administration of aluminum gels as intestinal phosphate binders in those patients with hyperphosphatemia as frequently seen in renal osteodystrophy is essential to prevent metastatic calcification.

Adequate dietary calcium is necessary for clinical response to vitamin D therapy.

Protect from light.

### Drug Interactions

Mineral oil interferes with the absorption of fat-soluble vitamins, including vitamin D preparations.

Administration of thiazide diuretics to hypoparathyroid patients who are concurrently being treated with ergocalciferol may cause hypercalcemia.

### Carcinogenesis, Mutagenesis, Impairment of Fertility

No long-term animal studies have been performed to evaluate the drug's potential in these areas.

### Pregnancy Category C

Animal reproduction studies have shown fetal abnormalities in several species associated with hypervitaminosis D. These are similar to the supravalvular aortic stenosis syndrome described in infants by Black in England (1963). This syndrome was characterized by supravalvular aortic stenosis, elfin facies, and mental retardation. For the protection of the fetus, therefore, the use of vitamin D in excess of the recommended dietary allowance during normal pregnancy should be avoided unless, in the judgment of the physician, potential benefits in a specific, unique case outweigh the significant hazards involved. The safety in excess of 400 USP units of vitamin D daily during pregnancy has not been established.

### Nursing Mothers

Caution should be exercised when ergocalciferol is administered to a nursing woman. In a mother given large doses of vitamin D, 25-hydroxycholecalciferol appeared in the milk and caused hypercalcemia in her child. Monitoring of the infant's serum calcium concentration is required in that case (Goldberg, 1972).

## Pediatric Use

Pediatric doses must be individualized (see DOSAGE AND ADMINISTRATION).

## Geriatric Use

Clinical studies of Ergocalciferol capsules, USP did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. A few published reports have suggested that the absorption of orally administered vitamin D may be attenuated in elderly compared to younger individuals. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

Hypervitaminosis D is characterized by effects on the following organ system:

**Renal:** Impairment of renal function with polyuria, nocturia, polydipsia, hypercalciuria, reversible azotemia, hypertension, nephrocalcinosis, generalized vascular calcification, or irreversible renal insufficiency which may result in death.

**CNS:** Mental retardation.

**Soft Tissues:** Widespread calcification of the soft tissues, including the heart, blood vessels, renal tubules, and lungs.

**Skeletal:** Bone demineralization (osteoporosis) in adults occurs concomitantly.

Decline in the average rate of linear growth and increased mineralization of bones in infants and children (dwarfism), vague aches, stiffness, and weakness.

**Gastrointestinal:** Nausea, anorexia, constipation.

**Metabolic:** Mild acidosis, anemia, weight loss.

To report SUSPECTED ADVERSE REACTIONS, contact Bionpharma at 1-888-235-2466 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch)

The effects of administered vitamin D can persist for two or more months after cessation of treatment.

Hypervitaminosis D is characterized by:

Hypercalcemia with anorexia, nausea, weakness, weight loss, vague aches and stiffness, constipation, mental retardation, anemia, and mild acidosis.

Impairment of renal function with polyuria, nocturia, polydipsia, hypercalciuria, reversible azotemia, hypertension, nephrocalcinosis, generalized vascular calcification, or irreversible renal insufficiency which may result in death.

Widespread calcification of the soft tissues, including the heart, blood vessels, renal tubules, and lungs. Bone demineralization (osteoporosis) in adults occurs concomitantly. Decline in the average rate of linear growth and increased mineralization of bones in infants and children (dwarfism).

The treatment of hypervitaminosis D with hypercalcemia consists in immediate withdrawal of the vitamin, a low calcium diet, generous intake of fluids, along with symptomatic and supportive treatment. Hypercalcemic crisis with dehydration, stupor,

coma, and azotemia requires more vigorous treatment. The first step should be hydration of the patient. Intravenous saline may quickly and significantly increase urinary calcium excretion. A loop diuretic (furosemide or ethacrynic acid) may be given with the saline infusion to further increase renal calcium excretion. Other reported therapeutic measures include dialysis or the administration of citrates, sulfates, phosphates, corticosteroids, EDTA (ethylenediaminetetraacetic acid), and mithramycin via appropriate regimens. With appropriate therapy, recovery is the usual outcome when no permanent damage has occurred. Deaths via renal or cardiovascular failure have been reported.

The LD50 in animals is unknown. The toxic oral dose of ergocalciferol in the dog is 4 mg/kg.

THE RANGE BETWEEN THERAPEUTIC AND TOXIC DOSES IS NARROW.

Vitamin D Resistant Rickets: 12,000 to 500,000 USP units daily.

Hypoparathyroidism: 50,000 to 200,000 USP units daily concomitantly with calcium lactate 4 g, six times per day.

DOSAGE MUST BE INDIVIDUALIZED UNDER CLOSE MEDICAL SUPERVISION.

Calcium intake should be adequate. Blood calcium and phosphorous determinations must be made every 2 weeks or more frequently if necessary. X-rays of the bones should be taken every month until condition is corrected and stabilized.

Each green, oval softgel is imprinted with PA140 and contains 1.25 mg (50,000 USP units vitamin D) of ergocalciferol, USP, and is available in bottles of 100 (69452-151-20) Softgels.

Store at 25° C (77° F); excursions permitted to 15° - 30° C (59° - 86 ° F) [See USP Controlled Room Temperature.]

Protect from light and moisture.

Dispense in a tight, light-resistant container as defined in the USP.

Manufactured for:  
Bionpharma Inc.  
600 Alexander Road  
Princeton, NJ 08540, USA  
Rev. 12/2015

**D**

**VITAMIN D**  
**50,000 USP units (1.25mg)**  
**4 Softgels**

Generic For:  
 Each softgel contains Vitamin D 1.25mg equivalent to 50,000 USP units

Lot# 702-04  
 Prod# 702-04

Discard After: 5/31/21  
 61919-702-04

5/31/21 Alphaletta, GA 30005  
 A04SX

Caution: Federal law prohibits transfer of this drug to any person other than the patient for whom it was prescribed.  
**RX ONLY-KEEP OUT OF REACH OF CHILDREN**  
 Dosage: See package insert. Store between 68-77 degrees F

Mfg For: Bianpharma Inc.  
 Princeton, NJ 08540  
 NDC 69452-151-20

Mfg Lot: 10/30/2018

Packaged and Distributed By: **DIRECT B**

**M**

NDC 61919-702-04

**Do not exceed recommended dosage**

VITAMIN D 50,000 USP units (1.25 NDC 61919-702-04 4 Softgel Lot Exp Date 05/21 Mfg NDC 69452-151-20

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NDC 61919-702-08

**VITAMIN D**

**1.25mg** **8 Softgels**

Generic For:  
 Each softgel contains Vitamin D 1.25mg equivalent to 50,000 USP units

Lot# 19MA2506  
 Prod# 4348-050-08

Discard After: 10/31/27  
 61919-702-08

19MA2506 Dawsonville, GA 30534  
 10/31/27 CMFT8

Caution: Federal law prohibits transfer of this drug to any person other than the patient for whom it was prescribed.  
 Dosage: See package insert. Store between 68-77 degrees F.  
**For RX ONLY. Keep out of reach of children.**

Mfg For: Bianpharma Inc.  
 Princeton, NJ 08540  
 NDC 69452-151-20

Mfg Lot: S2421009  
 KS 3/19/2025 2915003

VITAMIN D 1.25mg NDC 61919-702-08 8 Softgels Lot 19MA2506 Exp 10/31/27 Mfg NDC 69452-151-20

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Packaged and Distributed By: **DIRECT B**

## VITAMIN D

vitamin d capsule, liquid filled

### Product Information

<b>Product Type</b>	HUMAN PRESCRIPTION DRUG	<b>Item Code (Source)</b>	NDC:61919-702(NDC:69452-151)
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ERGOCALCIFEROL</b> (UNII: VS041H42XC) (ERGOCALCIFEROL - UNII:VS041H42XC)	ERGOCALCIFEROL	1.25 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>SOYBEAN OIL</b> (UNII: 241ATL177A)	

<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>D&amp;C YELLOW NO. 10</b> (UNII: 35SW5USQ3G)	

### Product Characteristics

<b>Color</b>	green	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	PA140
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:61919-702-04	4 in 1 BOTTLE; Type 0: Not a Combination Product	03/19/2019	
2	NDC:61919-702-08	8 in 1 BOTTLE; Type 0: Not a Combination Product	03/19/2019	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA080704	03/19/2019	

**Labeler** - DirectRX (079254320)

### Establishment

Name	Address	ID/FEI	Business Operations
DirectRX		079254320	repack(61919-702)

Revised: 3/2025

DirectRX