

**PAIN RELIEF PM- acetaminophen and diphenhydramine hydrochloride tablet**  
**We Care Distributor Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Pain Relief PM - Acetaminophen and Diphenhydramine HCl**

***Drug Facts***

<b><i>Active ingredients (in each caplet)</i></b>	<b><i>Purpose</i></b>
Acetaminophen 500 mg	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

**Uses**

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**

**Liver warning**

This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.**

### **Overdose warning**

Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222) Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### **Directions**

- **do not take more than directed (see overdose warning)**
- **adults and children 12 years and over:** take 2 caplets at bedtime
- do not take more than 2 caplets of this product in 24 hours
- **children under 12 years:** do not use this adult product in children under 12 years of age; this will provide more than the recommended dose (overdose) and may cause liver damage

### **Other information**

- store between 20-25°C (68-77°F)
- **do not use if pouch is torn or open**
- see side panel for lot number and expiration date

### **Inactive ingredients**

FD &C blue, hypermellose, magnesium stearate, microcrystalline cellulose, pregelatinized starch, polyethylene glycol, polyvinyl pyrrolidone, stearic acid, titanium dioxide

### **Questions or comments?**

1-888-705-WECARE (Mon-Fri 9am-5pm EST) or [www.wecaredistributor.com](http://www.wecaredistributor.com)

### **PRINCIPAL DISPLAY PANEL - 50 Pouch Box**

**See New Warnings Information & Directions**

**Compare to the Active Ingredients in  
Tylenol PM®\***

**PAIN RELIEF PM**

□ **Pain Reliever** □ **Nighttime Sleep Aid**

**Acetaminophen, Diphenhydramine HCl**

**TO OPEN**

**PUSH IN TAB AND PULL OUT**

**25 Pouches of 2 Caplets Each**

NDC: 70005-007-25



# PAIN RELIEF PM

COMPARE TO ACTIVE INGREDIENTS IN

# Extra Strength Tylenol<sup>®</sup> PM\*

TABLETS

Acetaminophen 500 mg,  
Diphenhydramine HCl 25 mg

**Pain Reliever/Nighttime Sleep Aid**

Aspirin Free - Non-Habit Forming

\*This product is not manufactured or distributed by McNeil Consumer Healthcare, owner of the registered trademark Extra Strength Tylenol<sup>®</sup> PM.



25 Pouches of 2 Coated Tablets

READ AND KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION

## Drug Facts

### Active Ingredients (in each tablet)

Acetaminophen 500 mg ..... Pain reliever/fever reducer  
Diphenhydramine HCl 25 mg ..... Nighttime sleep-aid

**Uses:** temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness.

### Warnings

**Liver warning:** This product contains acetaminophen.

Severe liver damage may occur if you take:

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

### Do not use

- with any other drug containing acetaminophen (prescription or nonprescription).
- if you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age

### Ask a doctor before use if you have

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

### Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

### When using this product

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

### Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

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If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

## Drug Facts (continued)

### Directions

do not take more than directed (see overdose warning)

■ adults and children 12 years and over: take 2 tablets at bedtime.

Do not take more than 2 tablets of this product in 24 hours.

■ children under 12 years: do not use

### Other information

■ store at room temperature 15°-30°C (59°-86°F)

■ avoid high humidity and excessive heat

### Inactive ingredients

FD & C blue, hypromellose, magnesium stearate, microcrystalline cellulose, pregelatinized starch, polyethylene glycol, polyvinyl pyrrolidone, stearic acid, titanium dioxide

### Questions or Comments

1-888-705-WEGARE (Mon-Fri 9am-5pm EST) or www.wecaredistributor.com



Manufactured For / Distributed By:  
We Care Distributor Inc.  
Hemlock, TN 37075  
www.wecaredistributor.com

**DO NOT USE IF POUCH IS  
BROKEN OR TORN**

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## PAIN RELIEF PM

acetaminophen and diphenhydramine hydrochloride tablet

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70005-007
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
Acetaminophen (UNII: 362O9ITL9D) (Acetaminophen - UNII:362O9ITL9D)	Acetaminophen	500 mg
Diphenhydramine Hydrochloride (UNII: TC2D6JAD40) (Diphenhydramine - UNII:8GTS82S83M)	Diphenhydramine Hydrochloride	25 mg

### Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D6IU)	
STARCH, PREGELATINIZED CORN (UNII: O8232NY3SJ)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

### Product Characteristics

<b>Color</b>	BLUE	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	18mm
<b>Flavor</b>		<b>Imprint Code</b>	131
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70005-007-25	25 in 1 BOX		
1		2 in 1 POUCH; Type 0: Not a Combination Product		
2	NDC:70005-007-50	50 in 1 BOX		
2		2 in 1 POUCH; Type 0: Not a Combination Product		
3	NDC:70005-007-02	2 in 1 POUCH		
3		2 in 1 POUCH; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part343	02/09/2016	

**Labeler** - We Care Distributor Inc. (079832998)

### Establishment

Name	Address	ID/FEI	Business Operations
Elysium Pharmaceutical Ltd.		915664486	manufacture(70005-007)

Revised: 2/2016

We Care Distributor Inc.