LAXATIVES RUBILAX- psyllium huskpowder granule
Lydia Co., Ltd.

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

Drug Facts

psyllium husk powder, sennae fructus powder

lactose monohydrate, acacia, corn starch, carboxymethylcellulose calcium, l-menthol

constipation

relieving the following symptoms of constipation: loss of appetite, abdominal distension, intestinal fermentation, hemorrhoids

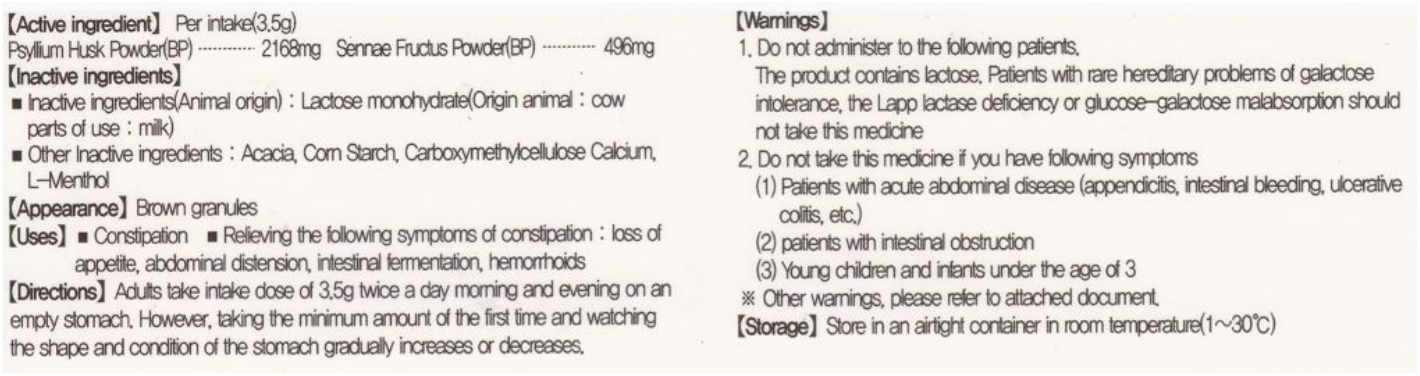
keep out of reach of the children

adults take intake does of 3.5g twice a day morning and evening on an empty stomach, however, taking the minimum amount of the first time and watching the shape and condition of the stomach gradually increases or decreases

do not administer to the following patients,

the product contains lactose, patients with rare hereditary problems of galactose intolerance, the lapp deficiency or glucose-galactose malabsorption should not take this medicine

for oral use only



【Active ingredient】 Per intake(3.5g)
Psyllium Husk Powder(BP) ····· 2168mg Sennae Fructus Powder(BP) ····· 496mg
【Inactive ingredients】
■ Inactive ingredients(Animal origin) : Lactose monohydrate(Origin animal : cow parts of use : milk)
■ Other Inactive ingredients : Acacia, Corn Starch, Carboxymethylcellulose Calcium, L-Menthol
【Appearance】 Brown granules
【Uses】 ■ Constipation ■ Relieving the following symptoms of constipation : loss of appetite, abdominal distension, intestinal fermentation, hemorrhoids
【Directions】 Adults take intake dose of 3.5g twice a day morning and evening on an empty stomach. However, taking the minimum amount of the first time and watching the shape and condition of the stomach gradually increases or decreases.

【Warnings】
1. Do not administer to the following patients.
The product contains lactose. Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine
2. Do not take this medicine if you have following symptoms
(1) Patients with acute abdominal disease (appendicitis, intestinal bleeding, ulcerative colitis, etc.)
(2) patients with intestinal obstruction
(3) Young children and infants under the age of 3
※ Other warnings, please refer to attached document.
【Storage】 Store in an airtight container in room temperature(1~30℃)

LAXATIVES RUBILAX
psyllium huskpowder granule

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:72988-0010
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PSYLLIUM HUSK (UNII: 0SHO53407G) (PSYLLIUM HUSK - UNII:0SHO53407G)	PSYLLIUM HUSK	2168 mg in 3.5 g
SENNA PODS (UNII: S8SJ19N2NX) (SENNA PODS - UNII:S8SJ19N2NX)	SENNA PODS	496 mg in 3.5 g

Inactive Ingredients

Ingredient Name	Strength
LEVOMENTHOL (UNII: BZ1R15MTK7)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72988-0010-2	30 in 1 POUCH	04/22/2019	
1	NDC:72988-0010-1	3.5 g in 1 POUCH; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		04/22/2019	

Labeler - Lydia Co., Ltd. (695735569)

Registrant - Lydia Co., Ltd. (695735569)

Establishment

Name	Address	ID/FEI	Business Operations
I World Pharmaceutical Co., Ltd.		688222857	manufacture(72988-0010)

Establishment

Name	Address	ID/FEI	Business Operations
Lydia Co., Ltd.		695735569	label(72988-0010)

Revised: 12/2023 Lydia Co., Ltd.