

**EZ NITE SLEEP- diphenhydramine hydrochloride capsule
THE KROGER CO.**

Kroger® NIGHTTIME SLEEP-AID

EZ NITE SLEEP

Drug Facts

ACTIVE INGREDIENT (in each softgel)

Diphenhydramine HCl 25mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Drug Facts (continued)

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin.

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of prostate gland

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a

Poison Control Center right away.

Directions

- take only one dose per day (24 hours)

adults & children 12 years & over	One dose= TWO 25 mg softgels (50 mg) at bed time if needed or as directed by a doctor
children under 12 years	Do not use

Other information

- Store at 20-25° C (68-77° F)
- avoid excessive heat above 40° C (104° F)
- Protect from light

Inactive ingredients

FD&C Blue#1, FD&C Red#40, gelatin, glycerin, polyethylene glycol, propylene glycol, purified water, sorbitol sorbitan solution, titanium dioxide

Drug Facts (continued)

Questions or comments? 1-800-632-6900

PRINCIPAL DISPLAY PANEL

COMPARE TO the active ingredient of ZZZQUIL® *see side panel

NDC 30142-229-24

Kroger®

Nighttime Sleep-Aid

EZ Nite Sleep

Diphenhydramine HCL 25 mg

Helps Reduce Difficulty Faling Asleep

actual size

Non-Habit Forming

Not fro Treating Cold or Flu- See Warnings

24 SOFTGELS

*Zzzquil® is a registered trademark of The Procter & Gamble Company, Cincinnati, OH 45202. The Procter & Gamble Comopany is not affiliated with The Kroger Co. ir this product.



EZ NITE SLEEP

diphenhydramine hydrochloride capsule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30142-229
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SORBITOL (UNII: 506T60A25R)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	purple	Score	no score
Shape	CAPSULE	Size	15mm
Flavor		Imprint Code	602
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-229-24	2 in 1 CARTON	04/25/2019	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	04/25/2019	

Labeler - THE KROGER CO. (006999528)

Revised: 12/2024

THE KROGER CO.