# SMOKE FREE- dieffenbachia seguine, daphne odora bark, graphites, valerian tablet Schwabe North America, Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

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#### Smoke Free Tablets

### ACTIVE INGREDIENTS

Caladium seguinum 6X

Daphne indica 12X

Graphites 12X

Valerian officinalis 6X

## **INACTIVE INGREDIENT**

Cellulose

Lactose monohydrate

Magnesium stearate

## **Dosage & Administation**

**Directions**: Sublingual medication. Place tablet under tongue and let dissolve.

Tablets work best when taken at least 15 minutes before or after eating, brushing your teeth, or drinking anything except water.

**Adults**: Stop smoking completely.

Weeks 1 through 3, 1 tablet every hour.

Weeks 4 through 6, 1 tablet every 2 hours, or as needed.

Weeks 7 through 9, 1 tablet 4 times a day, or as needed.

## **Indications and Usage**

To reduce withdrawal symptoms, including cravings to smoke, withdrawal nerves, and increased appetite.

## Purpose

To reduce withdrawal symptoms, including cravings to smoke, withdrawal nerves, and increased appetite.

## **Warnings**

Stop use and ask a doctor if condition does not improve in 4 weeks.

## **Pregnancy or Breast Feeding:**

If pregnant or breast-feeding, ask a health professional before use.

## Keep Out of Reach of Children:

Keep out of reach of children.

## Overdosage

In case of overdose, seek medical help or contact a Poison Control Center immediately.



Упоке Утоке



#### Drug Facts (continued)

Directions, continued			
Week 1-3 1 tablet every ho			
Week 4-6	1 tablet every 2 hours or as needed		
Week 7-9	1 tablet 4 times a day or as needed		

#### Other Information

- Store at room temperature 20-25° C (68-77° F)
- Keep in a dry place out of direct sunlight.

#### Inactive ingredients

cellulose, lactose monohydrate, magnesium stearate

#### Questions?

1-800-9NATURE / naturesway.com

††There are no valid studies using current scientific methods confirming this product's efficacy. These indications are based solely on traditional homeopathic principles.

**TAMPER EVIDENT.** This bottle has a cap with a perforated ring attached. Do not use if the ring is broken or missing.

#### 02017

Distributed by: Boericke & Tafel a division of Nature's Way Brands, LLC Green Bay, WI 54311 USA Product of Mexico

## Smoke Free™ You can do it!

Millions have quit smoking, and you can too. Be sure to read the enclosed "Helpful Hints: How to become an ex-smoker." Written by an ex-smoker, it explains what to expect and what you can do to help yourself succeed in kicking the habit. Remember, stopping smoking may well be the single most important thing you can do for your health. It's worth the effort.

- Reduces Craving to Smokett
- Calms Withdrawal Nervestt
- Curbs Increased Appetite††
- Contains No Nicotine



Smoke Free™

REDUCES CRAVINGS & CALMS WITHDRAWAL#

HOMEOPATHIC



100 tablets

## **Drug Facts**

#### Active ingredient Purpo: (154.42 mg in each tablet)

Caladium seguinum 6X... Relieves cravings++
Daphne indica 12X........ Relieves cravings++
Graphites 12X..... Curbs increase in appetite++
Valerian officinalis 6X... Calms nervousness++

#### Uses

- To reduce withdrawal symptoms including: ■ increased appetite††
- craving to smoke††
- withdrawal nerves††

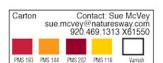
### Warnings

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#### Directions

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E0-208M



## **SMOKE FREE**

dieffenbachia seguine, daphne odora bark, graphites, valerian tablet

## **Product Information**

Product Type HUMAN OTC DRUG Item Code (Source) NDC:53499-9598

Route of Administration SUBLINGUAL

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
<b>DIEFFENBACHIA SEGUINE</b> (UNII: 01800C6E6B) (DIEFFENBACHIA SEGUINE - UNII:01800C6E6B)	DIEFFENBACHIA SEGUINE	6 [hp_X]	
DAPHNE O DO RA BARK (UNII: JSJ34YQJ5D) (DAPHNE O DORA BARK - UNII:JSJ34YQJ5D)	DAPHNE ODORA BARK	12 [hp_X]	
GRAPHITE (UNII: 4QQN74LH4O) (GRAPHITE - UNII:4QQN74LH4O)	GRAPHITE	12 [hp_X]	
VALERIAN (UNII: JWF5YAW3QW) (VALERIAN - UNII:JWF5YAW3QW)	VALERIAN	6 [hp_X]	

Inactive Ingredients		
Ingredient Name	Strength	
MICRO CRYSTALLINE CELLULO SE (UNII: OP1R32D61U)		
LACTOSE MONO HYDRATE (UNII: EWQ57Q8I5X)		
MAGNESIUM STEARATE (UNII: 70097M6I30)		

Product Characteristics			
Color	white (B;T)	Score	no score
Shape	ROUND (BT)	Size	8 mm
Flavor		Imprint Code	В;Т
Contains			

Packaging				
# Item Code	Package Description	Marketing Start Date	Marketing End Date	
1 NDC:53499-9598-	1 in 1 BOX	06/01/2017	12/30/2025	
1	100 in 1 BOTTLE, GLASS; Type 0: Not a Combination Product			

Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
unapproved homeopathic		06/01/2017	12/30/2025	

# Labeler - Schwabe North America, Inc. (831153908)

Establishment				
Name	Address	ID/FEI	Business Operations	
Schwabe Mexico, S.A. de C.V.		812805901	manufacture(53499-9598)	

Revised: 12/2020 Schwabe North America, Inc.