

**SMOKE FREE- dieffenbachia seguine, daphne odora bark, graphites, valerian tablet
Schwabe North America, Inc.**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Smoke Free Tablets

ACTIVE INGREDIENTS

Caladium seguinum 6X

Daphne indica 12X

Graphites 12X

Valerian officinalis 6X

INACTIVE INGREDIENT

Cellulose

Lactose monohydrate

Magnesium stearate

Dosage & Administration

Directions: Sublingual medication. Place tablet under tongue and let dissolve.

Tablets work best when taken at least 15 minutes before or after eating, brushing your teeth, or drinking anything except water.

Adults: Stop smoking completely.

Weeks 1 through 3, 1 tablet every hour.

Weeks 4 through 6, 1 tablet every 2 hours, or as needed.

Weeks 7 through 9, 1 tablet 4 times a day, or as needed.

Indications and Usage

To reduce withdrawal symptoms, including cravings to smoke, withdrawal nerves, and increased appetite.

Purpose

To reduce withdrawal symptoms, including cravings to smoke, withdrawal nerves, and increased appetite.

Warnings

Stop use and ask a doctor if condition does not improve in 4 weeks.

Pregnancy or Breast Feeding:

If pregnant or breast-feeding, ask a health professional before use.

Keep Out of Reach of Children:

Keep out of reach of children.

Overdosage

In case of overdose, seek medical help or contact a Poison Control Center immediately.



REDUCES CRAVINGS & CALMS WITHDRAWAL††

Smoke Free™



Drug Facts (continued)

Directions, continued

Week 1-3	1 tablet every hour
Week 4-6	1 tablet every 2 hours or as needed
Week 7-9	1 tablet 4 times a day or as needed

Other Information

- Store at room temperature 20-25° C (68-77° F)
- Keep in a dry place out of direct sunlight.

Inactive ingredients

cellulose, lactose monohydrate, magnesium stearate

Questions?

1-800-9NATURE / naturesway.com

††There are no valid studies using current scientific methods confirming this product's efficacy. These indications are based solely on traditional homeopathic principles.

TAMPER EVIDENT. This bottle has a cap with a perforated ring attached. Do not use if the ring is broken or missing.

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Green Bay, WI 54311 USA
Product of Mexico

Smoke Free™
You can do it!

Millions have quit smoking, and you can too. Be sure to read the enclosed "Helpful Hints: How to become an ex-smoker." Written by an ex-smoker, it explains what to expect and what you can do to help yourself succeed in kicking the habit. Remember, stopping smoking may well be the single most important thing you can do for your health. It's worth the effort.

- Reduces Craving to Smoke††
- Calms Withdrawal Nerves††
- Curbs Increased Appetite††
- Contains No Nicotine



Smoke Free™

REDUCES CRAVINGS & CALMS WITHDRAWAL††

HOMEOPATHIC



100 tablets

Drug Facts

Active ingredient Purpose
(154.42 mg in each tablet)

Caladium seguinum 6X... Relieves cravings††
Daphne indica 12X... Relieves cravings††
Graphites 12X... Curbs increase in appetite††
Valerian officinalis 6X... Calms nervousness††

Uses

To reduce withdrawal symptoms including:

- increased appetite††
- craving to smoke††
- withdrawal nerves††

Warnings

Stop use and ask a doctor if condition does not improve in 4 weeks.

If pregnant or breast-feeding, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

Directions

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- Tablets work best when taken at least 15 minutes before or after eating, brushing your teeth or drinking anything except water.
- **Adults:** stop smoking completely. ▶

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BLK7585



Carton Contact: Sue McVey
sue.mcvey@naturesway.com
920.469.1313 X61550

PMS 193	PMS 144	PMS 202	PMS 116	Varnish

SMOKE FREE

dieffenbachia seguine, daphne odora bark, graphites, valerian tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53499-9598
Route of Administration	SUBLINGUAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIEFFENBACHIA SEGUINE (UNII: 01800C6E6B) (DIEFFENBACHIA SEGUINE - UNII:01800C6E6B)	DIEFFENBACHIA SEGUINE	6 [hp_X]
DAPHNE ODORA BARK (UNII: JSJ34YQJ5D) (DAPHNE ODORA BARK - UNII:JSJ34YQJ5D)	DAPHNE ODORA BARK	12 [hp_X]
GRAPHITE (UNII: 4QQN74LH4O) (GRAPHITE - UNII:4QQN74LH4O)	GRAPHITE	12 [hp_X]
VALERIAN (UNII: JWF5YAW3QW) (VALERIAN - UNII:JWF5YAW3QW)	VALERIAN	6 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	

Product Characteristics

Color	white (B;T)	Score	no score
Shape	ROUND (BT)	Size	8mm
Flavor		Imprint Code	B;T
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-9598-2	1 in 1 BOX	06/01/2017	12/30/2025
1		100 in 1 BOTTLE, GLASS; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/01/2017	12/30/2025

Labeler - Schwabe North America, Inc. (831153908)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe Mexico, S.A. de C.V.		812805901	manufacture(53499-9598)