NIGHTTIME SLEEP AID- nighttime sleep aid liquid Allegiant Health

446 - Nighttime Sleep Aid

Active ingredient(s)

Diphenhydramine HCl 50mg

Purpose

Nighttime sleep-aid

Use(s)

- reduces time to fall asleep if you have difficulty falling asleep
- for relief of occasional sleeplessness

Warnings

Do not use

- Do not use n for children under 12 years of age.
- with any other product containing diphenhydramine, even one used on skin
- with any other drugs that cause drowsiness such as antihistamines and nighttime cough, cold/flu products

Ask a doctor before use if

- heart disease
- trouble urinating due to an enlarged prostate gland
- glaucoma
- a breathing problem such as asthma, emphysema or chronic bronchitis

Ask a doctor or pharmacist before use if

you are taking sedatives or tranquilizers or any other sleep aid

When using this product

- do not use more than directed
- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery
- alcohol, sedatives, and tranquilizers may increase drowsiness

Stop use and ask a doctor if

• sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breastfeeding,

ask a health professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- take only as recommended
- use dosage cup or tablespoon

Age Dose

Adults & children

12 years & over: One Dose = 2 tablespoons (30 mL) at bed time if needed or as directed by a doctor

Children under 12 yrs: Do not use

Other information

- each 30 mL dose (2 tablespoons) contains: sodium 23 mg
- dosage cup provided
- store at room temperature

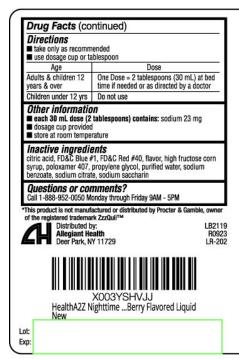
Inactive ingredients

citric acid, FD&C Blue #1, FD&C Red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, sodium benzoate, sodium citrate, sodium saccharin

Questions/Comments

Call 1-888-952-0050 Monday through Friday 9AM to 5PM

Principal Display Panel





Sleep Aid Liquid

DO NOT USE IF IMPRINTED SHRINK BAND IS MISSING OR BROKEN

Drug Facts

Purpose Active ingredient

(in each 30 mL dose cup or 2 tablespoons)
Diphenhydramine HCl 50 mg......Nighttime sleep-aid

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NIGHTTIME SLEEP AID

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Product Information

Product Type HUMAN OTC DRUG Item Code (Source) NDC:69168-446

Route of Administration ORAL

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients Strength **Ingredient Name** CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP) FD&C BLUE NO. 1 (UNII: H3R47K3TBD) FD&C RED NO. 40 (UNII: WZB9127XOA) **HIGH FRUCTOSE CORN SYRUP** (UNII: XY6UN3QB6S) POLOXAMER 407 (UNII: TUF2IVW3M2) PROPYLENE GLYCOL (UNII: 6DC9Q167V3) WATER (UNII: 059QF0KO0R) **SODIUM BENZOATE** (UNII: OJ245FE5EU) SODIUM CITRATE (UNII: 1Q73Q2JULR) SACCHARIN (UNII: FST467XS7D)

Product Characteristics					
Color		Score			
Shape		Size			
Flavor	BERRY	Imprint Code			
Contains					

P	Packaging					
#	Item Code	Package Description	Marketing Start Date	Marketing End Date		
	NDC:69168-446- 39	354 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/16/2024			

Marketing Information					
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date		
OTC Monograph Drug	M010	01/16/2024			

Labeler - Allegiant Health (079501930)

Revised: 1/2024 Allegiant Health