NIGHTTIME SLEEP AID- nighttime sleep aid liquid
Allegiant Health

---

446 - Nighttime Sleep Aid

Active ingredient(s)

Diphenhydramine HCl 50mg

In each 30mL dose cup or 2 tablespoons

Purpose

Nighttime sleep-aid

Use(s)

- reduces time to fall asleep if you have difficulty falling asleep
- for relief of occasional sleeplessness

Warnings

Do not use

- Do not use n for children under 12 years of age.
- with any other product containing diphenhydramine, even one used on skin
- with any other drugs that cause drowsiness such as antihistamines and nighttime cough, cold/flu products

Ask a doctor before use if

- heart disease
- trouble urinating due to an enlarged prostate gland
- glaucoma
- a breathing problem such as asthma, emphysema or chronic bronchitis

Ask a doctor or pharmacist before use if

you are taking sedatives or tranquilizers or any other sleep aid

When using this product

- do not use more than directed
- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery
- alcohol, sedatives, and tranquilizers may increase drowsiness

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks.

Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breastfeeding,

ask a health professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- take only as recommended
- use dosage cup or tablespoon

Age	**Dose**
Adults & children	

12 years & over: One Dose = 2 tablespoons (30 mL) at bed time if needed or as directed by a doctor

Children under 12 yrs: Do not use

Other information

- each 30 mL dose (2 tablespoons) contains: sodium 23 mg
- dosage cup provided
- store at room temperature
- do not use if imprinted shrink band is missing or broken

Inactive ingredients

citric acid, FD&C Blue #1, FD&C Red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, sodium benzoate, sodium citrate, sodium saccharin

Questions/Comments

Call 1-888-952-0050 Monday through Friday 9AM to 5PM

Principal Display Panel

Nighttime Sleep Aid

NIGHTTIME SLEEP AID

nighttime sleep aid liquid

Product Information

Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:69168-446
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
POLOXAMER 407 (UNII: TUF2IVW3M2)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CITRATE (UNII: 1Q73Q2JULR)	
SACCHARIN (UNII: FST467XS7D)	

Product Characteristics

Color		**Score**	
Shape		**Size**	
Flavor	BERRY	**Imprint Code**	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69168-446-39	354 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/16/2024	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	01/16/2024	

Labeler - Allegiant Health (079501930)

Revised: 1/2024

Allegiant Health