

EPSOM SALT- magnesium sulfate granule, for solution
Publix Super Markets, Inc

Publix 602.002/602AA
Epsom Salt

Tamper Evident Packaging:

Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated.

Active ingredient

Magnesium sulfate USP (Heptahydrate) 100%

Purpose

Saline laxative

Uses

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week.

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

None

Other information

- each teaspoon (5 grams) contains: magnesium content 495 mg

Side Panel

Publix

Epsom salt

Soaking Aid

- Soaking Solution

For external use as a soaking aid for minor sprains and bruises

Directions: GENEROUSLY SPRINKLE INTO WARM RUNNING BATH WATER.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

- Directions for Plant Food Supplement

LAWNS Apply at a rate of 1/2 pound per one thousand square feet of lawn. For use as a plant food supplement apply at the following rates:

TOMATOES, ROSES - One teaspoon per foot plant height every two weeks.

EVERGREENS, AZALEAS, RHODODENDRONS - Apply one tablespoon per nine sq. ft (3' x3') over the root zone every two to four weeks.

GARDEN PLANTS AND SHRUBBERY - Sprinkle 2 tablespoons around the base of each plant.

TREES - Apply two tablespoons per nine sq. ft. (3' x3') over root zone once every four months

GARDEN STARTUP - Sprinkle approximately one cup per 100 sq. ft (10' x 10') and mix into soil prior to planting.

HOUSEPLANTS - Mix one teaspoon per gallon of water and feed to plants every one to four weeks.

For quicker results water plants after applying this product.

Guaranteed analysis*

Magnesium (Mg) 9.8% - 9.8% Soluble Magnesium (Mg)

Sulfur (S) 12.9% - 12.9 % Combined Sulfur (S)

Derived from: magnesium sulfate

F-1253

Information regarding the contents and levels of metals in this product is available on the Internet at: <http://agr.wa.gov>

GUARANTEED BY: Vi-Jon, LLC

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St. Louis, MO 63114

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principal display panel

RESEALABLE POUCH

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epsom salt

Soaking Aid

MAGNESIUM SULFATE U.S.P.

MgSO₄ 7H₂O

Saline laxative

for relief of occasional constipation

Soaking aid

for minor sprains and bruises

Plant food supplement

for bigger, more vigorous plants

NET WT 4LB (1.81 kg)



epsomsalt
SOAKING AID



MAGNESIUM SULFATE USP
MgSO₄ · 7H₂O

SALINE LAXATIVE
FOR RELIEF OF OCCASIONAL CONSTIPATION

SOAKING AID
FOR MINOR SPRAINS AND BRUISES

PLANT FOOD SUPPLEMENT
FOR BIGGER, MORE VIGOROUS PLANTS

NET WT 4 LB (1.81 kg)

EPSOM SALT

magnesium sulfate granule, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:56062-602	
Route of Administration	ORAL, TOPICAL			
Active Ingredient/Active Moiety				
	Ingredient Name	Basis of Strength	Strength	
	MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g	
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:56062-602-01	1814 g in 1 POUCH; Type 0: Not a Combination Product	09/05/2014	
2	NDC:56062-602-06	454 g in 1 POUCH; Type 0: Not a Combination Product	09/05/2014	
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC Monograph Drug	M007	09/05/2014		

Labeler - Publix Super Markets, Inc (006922009)

Registrant - Consumer Product Partners, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Consumer Product Partners, LLC		119091514	manufacture(56062-602)

Establishment

Name	Address	ID/FEI	Business Operations
Consumer Product Partners, LLC		119091520	manufacture(56062-602)

Revised: 9/2024

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