

**BETR SLEEP AID- diphenhydramine hydrochloride tablet, film coated**  
**Live Betr LLC**

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**Live Betr LLC Sleep Aid Drug Facts**

**Active ingredient (in each caplet)**

Diphenhydramine HCl 25 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness

**Warnings**

**Do not use**

- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers

**When using this product**

- avoid alcoholic drinks
- drowsiness may occur
- do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

## Keep out of reach of children.

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

## Directions

adults and children 12 years and over	take 2 caplets at bedtime if needed, or as directed by a doctor
children under 12 years	do not use

## Other information

- **each caplet contains:** calcium 15 mg
- store at 20-25°C (68-77°F). Avoid high humidity. Protect from light.
- **do not use if blister unit is broken or torn**

## Inactive ingredients

carnauba wax, crospovidone, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, pregelatinized starch, stearic acid, titanium dioxide

## Questions or comments?

**1-800-719-9260**

## Principal Display Panel

Get Betr, Give Back.

Betr™

sleep aid

DIPHENHYDRAMINE HCl CAPLETS 25 mg

Actual Size

Nighttime Sleep Aid

- Relief Of Occasional Sleeplessness

48 CAPLETS

Access to medication for all, one purchase at a time.

# Betr™

Get Betr, Give Back.



# Betr™

## sleep aid

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**Nighttime Sleep Aid**

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43167 CD C3

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**Questions or comments? 1-800-719-9260**

**DO NOT USE IF BLISTER UNIT IS BROKEN OR TORN**

Distributed by Betr Remedies, LLC  
730 Arizona Ave  
Santa Monica, CA 90401  
www.betrremedies.com





## BETR SLEEP AID

diphenhydramine hydrochloride tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:80267-431
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>CARNAUBA WAX</b> (UNII: R12CBM0EIZ)	
<b>CROSPVIDONE (120 .MU.M)</b> (UNII: 68401960MK)	
<b>DIBASIC CALCIUM PHOSPHATE DIHYDRATE</b> (UNII: O7TSZ97GEP)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C BLUE NO. 2</b> (UNII: L06K8R7DQK)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

### Product Characteristics

<b>Color</b>	BLUE (Light Blue)	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	11mm
<b>Flavor</b>		<b>Imprint Code</b>	L431
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
	NDC 80267-431			

1	NDC:80267-431-67	24 in 1 CARTON	01/25/2021	
1		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		
<b>Marketing Information</b>				
<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>		<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M010		01/25/2021	

**Labeler - Live Betr LLC (117423281)**

Revised: 7/2024

Live Betr LLC