

**EPSOM SALT- magnesium sulfate granule**  
**Western Family**

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**Western Family 029.003/029AA**  
**Epsom Salt 3 in 1**

**Active ingredient**

Magnesium sulfate USP (heptahydrate) 100%

**Purpose**

Saline laxative

**Uses**

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

**Warnings**

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if**

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily  
children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily  
children under 6 years - consult a doctor

### **Other information**

•magnesium content 495 mg per teaspoon (5 grams)

### **Inactive Ingredient**

None

### **Tamper evident Packaging:**

**Caution: This package has been sealed for your protection. Do not use if package is open, torn or mutilated.**

**For external use as a soaking aid for minor sprains and bruises**

**Directions: Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or toweling for 30 minutes up to three times a day, or use as a soak or in bath. Use warm water for best results.**

### **Directions for use (fertilizer)**

Or for use as a fertilizer apply at the following rates:

#### **Lawns:**

Apply at a rate of 1/2 pound per one thousand square feet of lawn.

**Garden Plants and Shrubbery:**Sprinkle 2 tablespoons around the base of each plant.

#### **For use as a plant food supplement apply at the following rates:**

**Tomatoes, roses** One teaspoon per foot plant height every two weeks.

**Evergreens, Azaleas, Rhododendrons.** Apply one tablespoon per nine sq. Ft. (3' x 3') over the root zone every two to four weeks .

**Trees** Apply two tablespoons per nine sq ft (3' x 3') over root zone once every four months

**Garden startup** Sprinkle approximately one cup per 100 sq.ft. (10' x 10') and mix into soil prior to planting.

**Houseplants** Mix one teaspoon per gallon of water and feed to plants every one to four weeks

For quicker results water plants after applying this product.

#### **Guaranteed Analysis**

Magnesium (Mg) .....9.8%

9.8% Soluble Magnesium (Mg)

Sulfur (S).....12.9%

12.9% Combined Sulfur (S)

Derived from: magnesium sulfate

F-1253

Information regarding the contents and levels of metals in this product is available on the Internet at:

<http://agr.wa.gov>

GUARANTEED BY: Vi-Jon, Inc

8515 Page Ave.

St. Louis, MO 63114

Proudly Distributed by

Western Family Foods, Inc

PO Box 4507

Portland, OR 97208

### **principal display panel**

RESEALABLE

Helps Keep Moisture Out

WESTERN FAMILY

Epsom Salt

MAGNESIUM SULFATE U.S.P

- Soak Solution - for minor sprains and bruises
- Saline Laxative
- Plant Nutrient

Net Wt 1 LB (454 g)



## EPSOM SALT

magnesium sulfate granule

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:55312-029
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM SULFATE HEPTAHYDRATE</b> (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	100 kg in 100 kg

### Packaging

#	Item Code	Package Description	Marketing Start	Marketing End
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#	Item Code	Package Description	Date	Date
1	NDC:55312-029-07	1.81 kg in 1 POUCH; Type 0: Not a Combination Product	06/05/1998	
2	NDC:55312-029-43	0.454 kg in 1 POUCH; Type 0: Not a Combination Product	06/05/1998	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	06/05/1998	

**Labeler** - Western Family (192166072)

**Registrant** - Consumer Product Partners, LLC (119091520)

## Establishment

Name	Address	ID/FEI	Business Operations
Consumer Product Partners, LLC		119091514	manufacture(55312-029)

Revised: 3/2024

Western Family