

FREE TO BREATHE- calendula, eucalyptus,peppermint salve

Spry Life LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Free to Breathe

Purpose

Skin Protectant

Cough Suppressant

Topical Analgesic

OTC Active Ingredients

Organic Calendula Officinalis (Calendula) Flower Oil

Eucalyptus Globulus (Eucalyptus) Oil

Mentha Piperita (Peppermint) Oil

Indications & Usage

- helps prevent and temporarily protects and helps relieve ■ chapped or cracked skin
- when applied to the chest, throat, and bottom of feet, temporarily relieves cough due to minor throat and bronchial irritation associated with a cold
- temporarily relieves minor aches and pains of muscles and joints

Warnings

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For external use only.

Do not use on ■ on deep wounds ■ serious burns ■ by mouth ■ in nostrils ■ with tight bandages ■ with heat ■ in a vaporizer

Avoid contact with eyes. Rinse with water to remove eyes. Rinse with water to remove.

Stop use and ask a doctor if you ■ nasal congestion gets worse ■ condition worsens ■ symptoms last more than 7 days or clears up and occurs again within a few days

Ask Doctore before use if you ■ have cough with excessive mucus ■ persistent or chronic cough such as occurs with smoking, asthma, or emphysema ■ if pregnant or breast-feeding ■ children under 2 years

Keep Out of Reach of Children

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Storage and Handling

Store at room temperature.

Dosage & Administration

Rub gently on chest, neck or bottom of the feet. Apply 2-3 times a day.

Inactive Ingredients

Organic Olea Europaea (Olive) Fruit Oil, Organic Cera Alba (Beeswax), Organic Ricinus Communis (Castor) Seed Oil, Organic Helianthus Annuus (Sunflower) Seed Oil, Tocopherol (Vitamin E), Rosmarinus Officinalis (Rosemary) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Agathophyllum Aromatica (Ravensara) Leaf Oil.

Principal Display Panel



OUR VISION:
Empower change and
redefine natural body care
through time-honored
traditions and purposeful,
plant-based ingredients.

Does not contain: Petrolatum,
phthalates, parabens,
mineral oil, or any artificial
ingredients. Gluten Free.



FREE TO BREATHE

Whether you have a cold, the flu, or
allergies, Free to Breathe has a high
concentration of herbs and essential oils
that provide natural and soothing relief.

Directions: Apply a small portion
under your nose, on your chest, or on
the bottoms of your feet. Repeat as
often as needed.

CAUTION!! A good night's sleep might
just make you feel better. Our Free to
Breathe is a shield in the never-ending
war against pollen and mucus.

Drug Facts	
Active Ingredients	Purpose
Organic Calendula Officinalis (Calendula) Flower Oil 1X (HP US)	skin protectant
Eucalyptus Globulus (Eucalyptus) Leaf Oil 1.63%	cough suppressant
Mentha Piperita (Peppermint) Oil 1.63%	topical analgesic
Uses	
<ul style="list-style-type: none"> ■ helps prevent and temporarily protects and helps relieve ■ chapped or cracked skin ■ when applied to chest, back, neck, and bottoms of feet, temporarily relieves cough due to minor throat and bronchial irritation associated with a cold ■ temporarily relieves minor aches and pains of muscles and joints 	
Warnings	
For external use only.	
Do not use ■ on deep wounds or damaged skin ■ on serious burns ■ by mouth	
■ in nostrils ■ with tight bandages ■ with heat ■ in a vaporizer	
Avoid contact with eyes. Rinse with water to remove.	
Stop use and ask a doctor if ■ nasal congestion gets worse ■ condition worsens	
■ symptoms last more than 7 days or clear up and occur again within a few days	
Ask Doctor before use if you ■ have cough with excessive mucus ■ persistent or chronic cough such as occurs with smoking, asthma, or emphysema ■ if pregnant or breastfeeding ■ children under 2 years	
Keep Out of Reach of Children	
Directions Rub gently on chest, back, neck, and bottoms of feet. Apply 2-3 times a day.	
Other Information Store at room temperature.	
Inactive Ingredients Organic Olea Europaea (Olive) Fruit Oil, Organic Cera Alba (Beeswax), Organic Ricinus Communis (Castor) Seed Oil, Organic Helianthus Annuus (Sunflower) Seed Oil, Tocopherol (Vitamin E), Rosmarinus Officinalis (Rosemary) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Agathophyllum Aromaticum (Ravensara) Leaf Oil.	
Questions? 1-888-613-4972 info@greengoohelps.com ■ www.greengoo.com	

Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.



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Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70994-109
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CALENDULA OFFICINALIS FLOWER (UNII: P0M7O4Y7YD) (CALENDULA OFFICINALIS FLOWER - UNII:P0M7O4Y7YD)	CALENDULA OFFICINALIS FLOWER	1 [hp_X] in 100 g
EUCALYPTUS GLOBULUS LEAF (UNII: S546YLVW6E6) (EUCALYPTUS GLOBULUS LEAF - UNII:S546YLVW6E6)	EUCALYPTUS GLOBULUS LEAF	1.63 g in 100 g
MENTHA PIPERITA (UNII: 79M2M2UDA9) (MENTHA PIPERITA - UNII:79M2M2UDA9)	MENTHA PIPERITA	1.63 g in 100 g

Inactive Ingredients

Ingredient Name	Strength
SUNFLOWER OIL (UNII: 3W1JG795YI)	
LAVENDER OIL (UNII: ZBP1YXW0H8)	
CRYPTOCARYA AGATHOPHYLLA LEAF OIL (UNII: XM00Z00H98)	
OLIVE OIL (UNII: 6UYK2WLWLE)	
ALPHA-TOCOPHEROL (UNII: H4N855PNZ1)	
ROSEMARY OIL (UNII: 8LGU7VM393)	
YELLOW WAX (UNII: 2ZA36H0S2V)	
CASTOR OIL (UNII: D5340Y2I9G)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70994-109-04	17 g in 1 TUBE; Type 0: Not a Combination Product	03/06/2020	
2	NDC:70994-109-10	1 in 1 BOX	03/06/2020	
2	NDC:70994-109-02	51.7 g in 1 CAN; Type 0: Not a Combination Product		
3	NDC:70994-109-08	113.4 g in 1 JAR; Type 0: Not a Combination Product	03/06/2020	
4	NDC:70994-109-01	1 in 1 BOX	03/06/2020	
4	NDC:70994-109-09	19.8 g in 1 CAN; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/06/2020	

