

## **FREE TO BREATHE- calendula, eucalyptus,peppermint salve**

### **Spry Life LLC**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

-----

## **Free to Breathe**

### **Purpose**

Skin Protectant

Cough Suppressant

Topical Analgesic

### **OTC Active Ingredients**

Organic Calendula Officinalis (Calendula) Flower Oil

Eucalyptus Globulus (Eucalyptus) Oil

Mentha Piperita (Peppermint) Oil

### **Indications & Usage**

- helps prevent and temporarily protects and helps relieve ■ chapped or cracked skin
- when applied to the chest, throat, and bottom of feet, temporarily relieves cough due to minor throat and bronchial irritation associated with a cold
- temporarily relieves minor aches and pains of muscles and joints

### **Warnings**

#### **Warnings**

For external use only.

Do not use on ■ on deep wounds ■ serious burns ■ by mouth ■ in nostrils ■ with tight bandages ■ with heat ■ in a vaporizer

Avoid contact with eyes. Rinse with water to remove eyes. Rinse with water to remove.

Stop use and ask a doctor if you ■ nasal congestion gets worse ■ condition worsens ■ symptoms last more than 7 days or clears up and occurs again within a few days

Ask Doctore before use if you ■ have cough with excessive mucus ■ persistent or chronic cough such as occurs with smoking, asthma, or emphysema ■ if pregnant or breast-feeding ■ children under 2 years



**OUR VISION:**  
Empower change and  
redefine natural body care  
through time-honored  
traditions and purposeful,  
plant-based ingredients.

Does not contain: Petrolatum,  
phthalates, parabens,  
mineral oil, or any artificial  
ingredients. Gluten Free.



## FREE TO BREATHE

Whether you have a cold, the flu, or  
allergies, Free to Breathe has a high  
concentration of herbs and essential oils  
that provide natural and soothing relief.

Directions: Apply a small portion  
under your nose, on your chest, or on  
the bottoms of your feet. Repeat as  
often as needed.

**CAUTION!!** A good night's sleep might  
just make you feel better. Our Free to  
Breathe is a shield in the never-ending  
war against pollen and mucus.

Drug Facts	
<b>Active Ingredients</b>	<b>Purpose</b>
Organic Calendula Officinalis ( <b>Calendula</b> ) Flower Oil 1X (HP US)	skin protectant
Eucalyptus Globulus ( <b>Eucalyptus</b> ) Leaf Oil 1.63%	cough suppressant
Mentha Piperita ( <b>Peppermint</b> ) Oil 1.63%	topical analgesic
<b>Uses</b>	
<ul style="list-style-type: none"> <li>■ helps prevent and temporarily protects and helps relieve chapped or cracked skin</li> <li>■ when applied to chest, back, neck, and bottoms of feet, temporarily relieves cough due to minor throat and bronchial irritation associated with a cold</li> <li>■ temporarily relieves minor aches and pains of muscles and joints</li> </ul>	
<b>Warnings</b>	
<b>For external use only.</b>	
Do not use ■ on deep wounds or damaged skin ■ on serious burns ■ by mouth ■ in nostrils ■ with tight bandages ■ with heat ■ in a vaporizer	
Avoid contact with eyes. Rinse with water to remove.	
Stop use and ask a doctor if ■ nasal congestion gets worse ■ condition worsens ■ symptoms last more than 7 days or clear up and occur again within a few days	
Ask Doctor before use if you ■ have cough with excessive mucus ■ persistent or chronic cough such as occurs with smoking, asthma, or emphysema ■ if pregnant or breastfeeding ■ children under 2 years	
<b>Keep Out of Reach of Children</b>	
<b>Directions</b> Rub gently on chest, back, neck, and bottoms of feet. Apply 2-3 times a day.	
<b>Other Information</b> Store at room temperature.	
<b>Inactive Ingredients</b> Organic Olea Europaea ( <b>Olive</b> ) Fruit Oil, Organic Cera Alba ( <b>Beeswax</b> ), Organic Ricinus Communis ( <b>Castor</b> ) Seed Oil, Organic Helianthus Annuus ( <b>Sunflower</b> ) Seed Oil, Tocopherol ( <b>Vitamin E</b> ), Rosmarinus Officinalis ( <b>Rosemary</b> ) Leaf Oil, Lavandula Angustifolia ( <b>Lavender</b> ) Oil, Agathophyllum Aromaticum ( <b>Ravensara</b> ) Leaf Oil.	
<b>Questions?</b> 1-888-613-4972 info@greengoohelps.com ■ www.greengoo.com	

Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.



## FREE TO BREATHE

calendula, eucalyptus, peppermint salve

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:70994-109
<b>Route of Administration</b>	TOPICAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CALENDULA OFFICINALIS FLOWER</b> (UNII: P0M7O4Y7YD) (CALENDULA OFFICINALIS FLOWER - UNII:P0M7O4Y7YD)	CALENDULA OFFICINALIS FLOWER	1 [hp_X] in 100 g
<b>EUCALYPTUS GLOBULUS LEAF</b> (UNII: S546YLVW6E6) (EUCALYPTUS GLOBULUS LEAF - UNII:S546YLVW6E6)	EUCALYPTUS GLOBULUS LEAF	1.63 g in 100 g
<b>MENTHA PIPERITA</b> (UNII: 79M2M2UDA9) (MENTHA PIPERITA - UNII:79M2M2UDA9)	MENTHA PIPERITA	1.63 g in 100 g

## Inactive Ingredients

Ingredient Name	Strength
<b>SUNFLOWER OIL</b> (UNII: 3W1JG795YI)	
<b>LAVENDER OIL</b> (UNII: ZBP1YXW0H8)	
<b>CRYPTOCARYA AGATHOPHYLLA LEAF OIL</b> (UNII: XM00Z00H98)	
<b>OLIVE OIL</b> (UNII: 6UYK2WLW1E)	
<b>ALPHA-TOCOPHEROL</b> (UNII: H4N855PNZ1)	
<b>ROSEMARY OIL</b> (UNII: 8LGU7VM393)	
<b>YELLOW WAX</b> (UNII: 2ZA36H0S2V)	
<b>CASTOR OIL</b> (UNII: D5340Y2I9G)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70994-109-04	17 g in 1 TUBE; Type 0: Not a Combination Product	03/06/2020	
2	NDC:70994-109-10	1 in 1 BOX	03/06/2020	
2	NDC:70994-109-02	51.7 g in 1 CAN; Type 0: Not a Combination Product		
3	NDC:70994-109-08	113.4 g in 1 JAR; Type 0: Not a Combination Product	03/06/2020	
4	NDC:70994-109-01	1 in 1 BOX	03/06/2020	
4	NDC:70994-109-09	19.8 g in 1 CAN; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/06/2020	

