

EPSOM SALTS- magnesium sulfate granule
Jell Pharmaceuticals Pvt. Ltd.

Assured Epsom Salts

Active Ingredients Purpose

Magnesium Sulfate (heptahydrate) 100% Saline Laxative

Uses

- For relief of Occasional Constipation (Irregularity)
- This product generally produces bowel movement

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Ask a doctor or pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after any other drugs. Laxative may affect how other drugs work.

Warnings

Ask a doctor before use if you have

- Kidney Disease
- A magnesium restricted diet
- Abdominal pain, nausea or vomiting
- Noticed a sudden change in bowel habits that persists over a period of 2 weeks
- Already used a laxative for a period of longer than 1 week

If pregnant or breast-feeding ask a health profesional before use

Directions

- do not exceed more than 2 doses per day
- drink a full glass (8 ounces) of liquid with each dose
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste.
- adults and children 12 years and over: 2 to 4 level teaspoons (10 to 20 grams) daily
- children 6 to under 12 years: 1 to 2 level teaspoons (5 to 10 grams) daily
- children under 6 years: consult a doctor

There are no inactive ingredients

Assured

Mutlipurpose

Epsom Salts

Net Wt. 16 oz (454 g)



ALL NATURAL

MULTI-PURPOSE

Epsom Salt

BATH FOR CALMING MOODS

Natural magnesium, a key ingredient in ASSURED Epsom Salt, is a stress reliever. Add 2 cups to your bath and soak away your worries.

FOOT SOAK FOR SORE FEET

Epsom Salt is famous for rejuvenating tired feet. Simply add 1 cup to about a gallon of warm water, and soak for at least 5 minutes at a time.

ASSURED FOR OVEREXERTION & STIFFNESS

For soothing relief from overexertion and stiffness, draw a bath and add 2 cups of ASSURED Epsom Salt. Soak for 15 Minutes and let our natural epsom salt do its job. Use in baths, soaks or a whirlpool for those natural benefits. Gentle enough for the whole family.

For External use As a Soaking Aid For Minor Sprains and Bruises:

Dissolve 2 cups of ASSURED Epsom Salt per gallon of water. Apply in conjunction with bandages or taweling or use in bath. Use with warm water for best results.

Warning:

Where prompt relief is not obtained or where there is evidence of infection, discontinue use and consult physician. Hot or warm soaks should not be used by individuals with diabetes except on advice of physician.

Caution :

Keep this and all drugs out of the reach of children. In case of accidental overdose, seek professional assistance or contact a poison control center immediately. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

Drug Facts	
Active Ingredients	Purpose
Magnesium sulfate (heptahydrate) 100%. Saline laxative	
Uses	
■ For relief of Occasional constipation (irregularity)	
■ This product generally produces bowel movement in ½ to 6 hours	
Warnings	
Ask a doctor before use if you have	
■ Kidney disease	
■ A magnesium restricted diet	
■ Abdominal pain, nausea or vomiting	
■ Noticed a sudden change in bowel habits that persists over a period of 2 weeks	
■ Already used a laxative for a period longer than 1 week	
Ask a doctor or pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs. Laxative may affect how other drugs work.	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
Directions	
■ Do not exceed more than 2 dose per day	
■ Drink a full glass (8 ounces) of liquid with each dose	
■ Dissolve the dose in 8 ounces of water . Lemon juice may be added to improve the taste	
Adults and children 12 years and over	2 to 4 level teaspoons (10 to 20 grams) daily
Children 6 to under 12 years	1 to 2 level teaspoons (5 to 10 grams) daily
Children under 6 years	consult a doctor
Other information	
■ A magnesium content 495 mg per teaspoon (5 grams)	

Fertilizer	
Guaranteed Analysis	
Magnesium (Mg).....	9.87%
[9.87% Water Soluble Magnesium (Mg)]	
Sulfur (S).....	12.98%
[12.98% Combined Sulfur (S)]	

Direction for use (fertilizer)

Lawns: Apply at a rate of 1/2 pound per one thousand square feet of lawn.
Garden Plants and Shrubbery: Sprinkle 2 tablespoons around the base of each plant.

Tomatoes.....	One teaspoon per foot plant height every 2 weeks.
Lawns.....	Three pounds per 1250 sq.ft.
Evergreen, Azaleas.....	Apply one tablespoon per 9 sq. ft.(3'x3') over the root zone every 2-4 weeks.
Rhododendrons	Apply one tablespoon per 9 sq. ft.(3'x3') over the root zone every 4 months.
Trees.....	Apply one tablespoon per 9 sq. ft.(3'x3') over the root zone every 4 months.
Garden Startup.....	Sprinkle approximately one cup per 100 sq. ft. (10'x10') and mix into soil prior to planting.
Houseplants.....	Mix one teaspoon per gallon of water and feed to plants every 1-4weeks.

For quicker results,water plants after applying this product.



240918
DISTRIBUTED BY
GREENBRIER INTERNATIONAL, INC.
500 VOLVO PARKWAY
CHESAPEAKE, VA 23320
MADE IN INDIA

Tear From Here

RESEALABLE POUCH

ASSURED™

MULTI-PURPOSE

Epsom Salt

Natural Magnesium Sulfate

- A soaking aid for minor sprains & bruises
- Nourishes sore muscles
- Use as a saline solution
- Great for gardening, use as a plant nutrient

ALL NATURAL



NET WT 16 OZ (454 g)

EPSOM SALTS

magnesium sulfate granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30400-210
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	100 g in 100 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30400-210-01	454 g in 1 POUCH; Type 0: Not a Combination Product	07/09/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	07/09/2019	

Labeler - Jell Pharmaceuticals Pvt. Ltd. (726025211)

Establishment

Name	Address	ID/FEI	Business Operations
Jell Pharmaceuticals Pvt. Ltd.		726025211	manufacture(30400-210)

Revised: 12/2024

Jell Pharmaceuticals Pvt. Ltd.