

**ARNICA PLUS- arnica montana, hamamelis virginiana, rhus tox, whey protein gel  
Peaceful Mountain, Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Drug Facts:**

**ACTIVE INGREDIENTS:**

Arnica Montana 6X, 12X, Hamamelis Virginiana 6X, 12X, Rhus Tox 6X, 12X, Whey Protein 6X, 12X

**INDICATIONS:**

May temporarily relieve minor symptoms of sore, overexerted muscles.\*\*

\*\*These statements are based upon traditional homeopathic principles. They have not been reviewed by the Food and Drug Administration.

**WARNINGS:**

**For external use only.**

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

When using this product • Do not get into eyes.

Stop use and ask a doctor if • Conditions worsens • Symptoms last more than 7 days

Do not use if safety seal is broken or missing.

**KEEP OUT OF REACH OF CHILDREN:**

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

**DIRECTIONS**

Apply at least 3 times daily over the affected area.

**INDICATIONS:**

May temporarily relieve minor symptoms of sore, overexerted muscles.\*\*

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**INACTIVE INGREDIENTS:**

Purified Water, Vitis Vinifera (Grape Seed Oil), Whey Protein, Lecithin (Soy), Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Arnica Montana (Flower), Aloe Barbadosensis Leaf, Salix Alba Bark (White Willow), Polysorbate 20, Hamamelis Virginiana Bark (Witch Hazel), Sodium Hydroxide, Ascorbic Acid, Harpagophytum Procumbens Root

(Devil's Claw), Tocopherols (Soy), Mentha Piperita Leaf (Peppermint), Edetate Disodium, Oregano, Potassium Sorbate

**QUESTIONS:**

Dist. by Peaceful Mountain, Inc.  
 Woodbine, IA 51579  
 888-303-3388  
 www.peacefulmountain.com  
 patent pending

**PACKAGE LABEL DISPLAY:**

**peaceful mountain**

**THE HEIGHT OF HEALTH**

**homeopathic gel**

**arnica plus**

formulated in boulder, co

Net wt. 0.25 oz (7 g)



<b>ARNICA PLUS</b>			
arnica montana, hamamelis virginiana, rhus tox, whey protein gel			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:43846-0062
<b>Route of Administration</b>	TOPICAL		
<b>Active Ingredient/Active Moiety</b>			
Ingredient Name		Basis of Strength	Strength
ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)		ARNICA MONTANA	6 [hp_X] in 1 g
HAMAMELIS VIRGINIANA BARK (UNII: IH3063S9MY) (HAMAMELIS VIRGINIANA BARK - UNII:IH3063S9MY)		HAMAMELIS VIRGINIANA BARK	6 [hp_X] in 1 g
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)		TOXICODENDRON PUBESCENS LEAF	6 [hp_X] in 1 g
WHEY (UNII: 8617Z5FMF6) (WHEY - UNII:8617Z5FMF6)		WHEY	6 [hp_X] in 1 g

## Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
VITIS VINIFERA SEED (UNII: C34U15ICXA)	
LECITHIN, SOYBEAN (UNII: 1DI56QDM62)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	
CAPRYLYL GLYCOL (UNII: 00YIU5438U)	
SORBIC ACID (UNII: X045WJ989B)	
CARBOMER INTERPOLYMER TYPE A (ALLYL SUCROSE CROSSLINKED) (UNII: 59TL3WG5CO)	
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)	
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
SALIX ALBA BARK (UNII: 205MXS71H7)	
POLYSORBATE 20 (UNII: 7T1F30V5YH)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
ASCORBIC ACID (UNII: PQ6CK8PD0R)	
HARPAGOPHYTUM PROCUMBENS ROOT (UNII: 1OYM338E89)	
TOCOPHEROL (UNII: R0ZB2556P8)	
MENTHA PIPERITA LEAF (UNII: A389O33LX6)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	
OREGANO (UNII: 0E5AT8T16U)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:43846-0062-1	7 g in 1 PACKET; Type 0: Not a Combination Product	07/19/2016	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		07/19/2016	

**Labeler** - Peaceful Mountain, Inc. (078430707)

**Registrant** - Apotheca Company (844330915)

## Establishment

Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture(43846-0062) , api manufacture(43846-0062) , label(43846-0062) , pack(43846-0062)

Revised: 7/2016

Peaceful Mountain, Inc.