

SLEEP AID NIGHTTIME- diphenhydramine hcl tablet, film coated
Family Dollar Services Inc

Family Wellness 44-367

Active ingredient (in each caplet)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Uses

- for relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland
- glaucoma

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic beverages.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- **do not take more than directed**
- adults and children 12 years and over: take 2 caplets at bedtime if needed or as directed by a doctor
- children under 12 years: do not use

Other information

- **each caplet contains:** calcium 30 mg
- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- protect from moisture
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

Inactive ingredients

corn starch, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, silicon dioxide, stearic acid, talc, titanium dioxide

Questions or comments?

1-800-426-9391

Principal Display Panel

**FAMILY
wellness™**

***COMPARE TO THE
ACTIVE INGREDIENT
IN SIMPLY SLEEP®**

**SLEEP AID
Diphenhydramine HCl 25 mg
Nighttime Sleep-Aid**

Safe & Effective
Helps You Fall Asleep
Not for treating Pain, Cold or Flu

24 CAPLETS

ACTUAL SIZE

NDC 55319-367-08

**TAMPER EVIDENT: DO NOT USE IF PACKAGE IS
OPENED OR IF BLISTER UNIT IS TORN, BROKEN**

OR SHOWS ANY SIGNS OF TAMPERING

*This product is not manufactured or distributed by Kenvue Inc., owner of the registered trademark Simply Sleep®.
50844 ORG101936712

DISTRIBUTED BY: MIDWOOD BRANDS LLC,
500 VOLVO PKWY, CHESAPEAKE, VA 23320 USA
NOT 100% SATISFIED?

Return within 30 days to the store of purchase
for a refund (with receipt) or exchange.

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Drug Facts (continued)

Warnings
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Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
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Active ingredient (in each caplet) Purpose
Diphenhydramine HCl 25 mg..... Nighttime sleep-aid

Drug Facts
KEEP OUTER PACKAGE FOR COMPLETE PRODUCT INFORMATION

C7356

FAMILY Wellness™

SLEEP AID

Diphenhydramine HCl 25 mg

Nighttime Sleep-Aid

B-0500-367-08-N
ORG101936708

FAMILY Wellness™

*COMPARE TO THE ACTIVE INGREDIENT IN SIMPLY SLEEP®

SLEEP AID

Diphenhydramine HCl 25 mg

Nighttime Sleep-Aid

Safe & Effective
Helps You Fall Asleep
Not for treating Pain, Cold or Flu



24 CAPLETS

NDC 55319-367-08

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No print/No varnish
Lot & Exp date

FAMILY Wellness™
SLEEP AID
Diphenhydramine HCl 25 mg
Nighttime Sleep-Aid





Family Wellness 44-367

SLEEP AID NIGHTTIME

diphenhydramine hcl tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55319-367
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
STARCH, CORN (UNII: O8232NY3SJ)	
DIBASIC CALCIUM PHOSPHATE DIHYDRATE (UNII: O7TSZ97GEP)	
FD&C BLUE NO. 1 ALUMINUM LAKE (UNII: J9EQA3S2JM)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	11mm
Flavor		Imprint Code	44;367
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55319-367-08	2 in 1 CARTON	06/10/2000	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination		

1		Product		
2	NDC:55319-367-12	1 in 1 CARTON	06/10/2000	11/30/2026
2		100 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	06/10/2000	

Labeler - Family Dollar Services Inc (024472631)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	pack(55319-367)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(55319-367) , pack(55319-367)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(55319-367)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	manufacture(55319-367)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(55319-367)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		117025878	manufacture(55319-367)

Revised: 5/2025

Family Dollar Services Inc