

**UNISOM SLEEPMELTS NIGHTTIME SLEEP-AID- diphenhydramine
hydrochloride tablet, chewable
Chattem, Inc.**

Unisom SleepMelts Nighttime Sleep-Aid

Drug Facts

Active ingredient

(in each caplet)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Uses

- for relief of occasional sleeplessness

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

avoid alcoholic drinks

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- adults and children 12 years of age and over: 2 tablets (25 mg each) at bedtime if needed, or as directed by a doctor
- place 2 tablets on tongue; tablets dissolve with or without water
- allow tablets to dissolve in mouth or chew before swallowing

Inactive ingredients

citric acid, ethylcellulose, flavor, hydroxypropyl cellulose, mannitol, microcrystalline cellulose, PVP, red 7, starch, sucralose, sucrose (309-154)

Dist. by: CHATTEM, Inc.

P.O. Box 2219, Chattanooga, TN 37409 USA

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PRINCIPAL DISPLAY PANEL

Unisom®

SleepMelts™

Diphenhydramine HCl tablets, 25 mg

NIGHTTIME SLEEP-AID

24 Tablets

0042932-02

<p>Drug Facts</p> <p>Active ingredient (in each tablet) Diphenhydramine HCl 25 mg.....Nighttime sleep-aid</p> <p>Use ■ for relief of occasional sleeplessness</p> <p>Warnings ■ Do not use ■ for children under 12 years of age ■ with any other product containing diphenhydramine, even if not used on skin</p> <p>Ask a doctor before use if you have ■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ trouble urinating due to an enlarged prostate gland</p> <p>Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers</p>	<p>Purpose When using this product avoid alcoholic drinks</p> <p>Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.</p> <p>Keep out of reach of children. In case of overdose, get professional help or contact a Poison Control Center right away.</p> <p>Directions ■ adults and children 12 years of age and over: 2 tablets (25 mg each) at bedtime if needed, or as directed by a doctor ■ allow tablets to dissolve in mouth or chew before swallowing</p> <p>Inactive ingredients citric acid, ethylcellulose, ferrous hydroxypropyl cellulose, mannitol, microcrystalline cellulose, PVP, and Z. starch, sucralose, sucrose (309-134)</p>
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This product contains Diphenhydramine HCl. Unisom SleepTabs® tablets contain Doxylamine Succinate.

ATTENTION: USE ONLY IF SLEEPMELTS TABLET BLISTER SEALS ARE UNBROKEN, CHILD-RESISTANT PACKAGING.

*Pharmacy Times — 2015 OTC Survey

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Unisom® SleepMelts™

NIGHTTIME SLEEP-AID

• Fall Asleep Fast • Sleep Soundly • Wake Refreshed

Non-Habit Forming

Unisom®

SleepMelts™

Diphenhydramine HCl tablets, 25 mg

#1
Pharmacist
Recommended
Brand*



NIGHTTIME SLEEP-AID

Quickly Melts in Your Mouth

Cherry flavor

24 Tablets

LOT
EXP

Unisom® SleepMelts™, An AdvaTab® and Microcaps® drug delivery product manufactured by Adare Pharmaceuticals, Inc.



Dist. by Chatterm, Inc.
P.O. Box 2219
Chattanooga, TN 37409-0219
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www.Unisom.com



diphenhydramine hydrochloride tablet, chewable

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41167-0014
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
ETHYLCELLULOSES (UNII: 7Z8S9VYZ4B)	
HYDROXYPROPYL CELLULOSE (1600000 WAMW) (UNII: RFW2ET671P)	
MANNITOL (UNII: 3OWL53L36A)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POVIDONE (UNII: FZ989GH94E)	
D&C RED NO. 7 (UNII: ECW0LZ41X8)	
STARCH, CORN (UNII: O8232NY3SJ)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
SUCROSE (UNII: C151H8M554)	

Product Characteristics

Color	pink	Score	no score
Shape	ROUND	Size	13mm
Flavor	CHERRY	Imprint Code	U
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41167-0014-0	3 in 1 CARTON	01/01/2008	
1		8 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:41167-0014-1	4 in 1 CARTON	01/01/2008	10/31/2014
2		8 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing	Application Number or Monograph	Marketing Start	Marketing End
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Category	Citation	Date	Date
OTC Monograph Drug	M010	01/01/2008	

Labeler - Chattem, Inc. (003336013)

Revised: 1/2026

Chattem, Inc.