

## **GNP FIBER THERAPY- methylcellulose tablet Amerisource Bergen**

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### **GNP Fiber Therapy Caplets**

#### **Active ingredient (in each caplet)**

Methylcellulose 500 mg

#### **Purpose**

Bulk-forming laxative

#### **Uses**

- helps restore and maintain regularity and relieves constipation (irregularity)
- in the treatment of constipation associated with other bowel disorders when recommended by a doctor

#### **Warnings**

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

#### **Ask a doctor before use if you have**

- abdominal pain, nausea or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks
- sensitivity to any of the ingredients

When using this product

- do not exceed recommended maximum dose unless directed by a doctor
- do not use laxative products for a period longer than one week unless directed by a doctor

*Stop use and ask a doctor if*

- rectal bleeding occurs
- you fail to have a bowel movement after use

#### **Keep out of reach of children**

In case of overdose, get medical help or contact a poison control center right away.

#### **Directions**

This product generally produces effect in 12-72 hours

take this product (child or adult) dose with atleast 8 ounces (a full glass) of water or other fluid

taking this product without enough liquid may cause choking, see choking warning

AGE	DOSE	MAXIMUM DOSE
adults and children over 12 years	2 caplets	up to 6 times daily
children (6 to 12 years)	1 caplet	up to 6 times daily
children under 6 years	ask a doctor	ask a doctor

### Other information

- **each caplet contains:** sodium 10 mg
- store at room temperature 15°-30°C (59°-86°F)
- protect contents from moisture
- keep tightly closed
- **tamper evident:** Do not use if printed seal under cap is torn or missing

### Inactive ingredients

citric acid, colloidal silicon dioxide, crospovidone, FD&C yellow 6 aluminum lake, magnesium stearate, microcrystalline cellulose, sodium bicarbonate, sodium chloride, sodium lauryl sulphate

### Principal Display Panel

Good Neighbor Pharmacy

compare to Citrucel caplets active ingredient

fiber therapy

Methylcellulose Fiber Laxativebulk-forming laxative

easy to take with you

gentle fiber for regularity

daily source of 100% soluble fiber

100 caplets



# GNP FIBER THERAPY

methylcellulose tablet

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:24385-466
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>METHYLCELLULOSE (4000 CPS)</b> (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 CPS) - UNII:MRJ667KA5E)	METHYLCELLULOSE (4000 CPS)	500 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>CROSPROVIDONE</b> (UNII: 2S7830E561)	
<b>FD&amp;C YELLOW NO. 6</b> (UNII: H77VEI93A8)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>SODIUM BICARBONATE</b> (UNII: 8MDF5V39QO)	
<b>SODIUM CHLORIDE</b> (UNII: 451W47IQ8X)	
<b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)	

## Product Characteristics

<b>Color</b>	orange	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	19mm
<b>Flavor</b>		<b>Imprint Code</b>	G188
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:24385-466-78	1 in 1 CARTON	09/09/2011	
1		100 in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	09/09/2011	

**Labeler** - Amerisource Bergen (007914906)

**Registrant** - Guardian Drug Company (119210276)

**Establishment**

<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
Guardian Drug Company		119210276	manufacture(24385-466)

Revised: 1/2025

Amerisource Bergen