

**PAIN RELIEF EXTRA STRENGTH, COOLING- menthol, unspecified form aerosol, spray**

**J.R. Watkins, LLC.**

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**Pain Relief Spray  
Extra Strength, Cooling**

**Drug Facts**

**Active Ingredient**

Menthol 6%

**Purpose**

Topical Analgesic

**Uses**

For the temporary relief of minor aches and pains of muscles and joints associated with

- simple backache
- arthritis
- strains
- bruises
- sprains

**Warnings**

**For external use only.**

**Flammable:**Keep away from fire or flame and heated surfaces.

**Do not use**

- On open wounds, damaged or irritated skin
- With a heating pad or TENS device
- With any other creams, ointments, sprays, liniments, or other topical products containing menthol

**When using this product**

- Do not bandage tightly
- Use only as directed
- Avoid contact with eyes or mucous membranes
- Contents under pressure
- Do not puncture or incinerate
- Do not store at temperature above 120 deg. F

**Stop use and ask a doctor if**

- Condition worsens
- you have sensitive skin
- Rash, itching, redness, or excessive irritation of skin develops
- Symptoms persist for more than 7 days
- Symptoms clear up and occur again within a few days

**If pregnant or breastfeeding:** Ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

### **Directions**

- Adults and children 12 years of age and older:
- Apply to affected area not more 4 times a day
- Massage painful area until absorbed into skin
- Wash hands after each use with cold water
- Children under 12 years of age: consult a doctor.

### **Other information**

- Store away from children
- Store in dry, well-ventilated conditions at room temperature (59-77°F)

### **Inactive ingredients**

Aloe barbadensis leaf extract, Arnica montana flower extract, denatured alcohol, glycerin, Melaleuca alternifolia (tea tree) leaf oil, organic Ilex paraguariensis (yerba mate) leaf, tocopheryl acetate (vitamin E), water

### **Questions or Comments?**

J.R WATKINS, LLC  
OAKLAND, CA 94612  
1-888-384-1945  
**JRWATKINS.COM**

### **PRINCIPAL DISPLAY PANEL - 118 mL Bottle Label**

EXTRA STRENGTH\*

ESTD

1868

J.R.

WATKINS

REMEDIES FOR BODY™

COOLING

PAIN RELIEF SPRAY

WITH NATURAL MENTHOL,  
ARNICA & VITAMIN E

FAST-ACTING MENTHOL  
PAIN RELIEF FOR  
BACKACHES, SORE MUSCLES,  
& JOINT PAIN

4.0 fl oz (118 mL)

USED BY  
ATHLETES

**FAST-ACTING MENTHOL PAIN RELIEF FOR BACKACHES, SORE MUSCLES & JOINT PAIN**

**USED BY ATHLETES**

**EASILY APPLY FROM ANY ANGLE**

**EXTRA STRENGTH PARABEN FREE CRUELTY FREE**

Questions or Comments?  
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**FAST-ACTING MENTHOL PAIN RELIEF FOR BACKACHES, SORE MUSCLES, & JOINT PAIN**

4.0 fl oz (118 mL)

**USED BY ATHLETES**

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109046R1

<b>Drug Facts</b>	
<b>Active ingredient</b>	<b>Purpose</b>
Menthol 6% .....	Topical Analgesic
<b>Uses</b> For the temporary relief of minor aches and pains of muscles and joints associated with: • simple backache • arthritis • strains • bruises • sprains	
<b>Warnings</b> For external use only.	
<b>Flammable:</b> Keep away from fire or flame and heated surfaces	
<b>Do Not Use:</b> • On open wounds, damaged or irritated skin • With a heating pad or TENS device • With any other creams, ointments, sprays, liniments, or other topical products containing menthol	
<b>When using this product:</b> • Do not bandage tightly • Use only as directed • Avoid contact with eyes or mucous membranes • Contents under pressure • Do not puncture or incinerate • Do not store at temperature above 120 deg. F	
<b>Stop use and ask a doctor if:</b> • Condition worsens • you have sensitive skin • Rash, itching, redness, or excessive irritation of skin develops • Symptoms persist for more than 7 days • Symptoms clear up and occur again within a few days	
<b>If pregnant or breastfeeding:</b> Ask a health professional before use.	
<b>Keep out of reach of children:</b> If swallowed, get medical help or contact Poison Control Center right away.	
<b>Directions</b> Adults and children 12 years of age and over: • Apply to affected area not more than 4 times a day • Massage painful area until absorbed into skin • Wash hands after each use with cold water • Children under 12 years of age: consult a doctor.	
<b>Other information:</b> • Store Away from Children • Store in dry, well ventilated conditions at room temperature (59-77F)	
<b>Inactive ingredients</b> Aloe barbadensis leaf extract, Arnica montana flower extract, denatured alcohol, glycerin, Melaleuca alternifolia (tea tree) leaf oil, organic Ilex paraguariensis (yerba mate) leaf extract, tocopheryl acetate (vitamin E), water.	

\* Compared to J.R. Watkins 3% Cooling Gel      DOT 2Q M5706

## PAIN RELIEF EXTRA STRENGTH, COOLING

menthol, unspecified form aerosol, spray

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:72342-130
<b>Route of Administration</b>	TOPICAL		

**Active Ingredient/Active Moiety**

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>MENTHOL, UNSPECIFIED FORM</b> (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	6 g in 100 mL

**Inactive Ingredients**

<b>Ingredient Name</b>	<b>Strength</b>
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>ARNICA MONTANA FLOWER</b> (UNII: OZ0E5Y15PZ)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>TEA TREE OIL</b> (UNII: VIF565UC2G)	
<b>ILEX PARAGUARIENSIS LEAF</b> (UNII: 1Q953B4O4F)	
<b>.ALPHA.-TOCOPHEROL ACETATE</b> (UNII: 9E8X80D2L0)	
<b>WATER</b> (UNII: 059QF0KO0R)	

**Packaging**

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:72342-130-18	118 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product	12/15/2020	

**Marketing Information**

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M017	12/15/2020	

**Labeler** - J.R. Watkins, LLC. (081071049)

Revised: 3/2024

J.R. Watkins, LLC.