

ROMPE PECHO MAX MULTI SYMPTOMS- acetaminophen, dextromethophan hbr, phenylephrine hcl, guaifenesin liquid
EFFICIENT LABORATORIES INC

Active ingredients

Purposes

(in each 20mL)

Acetaminophen 650 mg.....Pain reliever/feverreducer

Dextromethorphan Hbr 20 mg.....Cough suppressant

Guaifenesin 400 mg.....Expectorant

Phenylephrine HCl 10 mg.....Nasal decongestant

- Pain reliever/fever reducer
- Cough suppressant
- Expectorant
- Nasal decongestant

Uses

- temporarily relieves these common cold and flu symptoms:
- nasal congestion
- sinus congestion and pressure
- cough due to minor throat and bronchial irritation
- minor aches and pains
- sore throat
- headache
- temporarily reduces fever
- promotes nasal and/or sinus drainage; temporarily relieves sinus congestion and pressure
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive

Warning

Liver warning: this product contains acetaminophen.

Severe liver damage may occur if:

- you take more than 6 doses in 24 hours, which is the maximum daily amount for this product
- taken with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product.

Allergy alert: acetaminophen may cause severe skin reactions. Symptoms may include: • skin reddening • blisters • rash.

If skin reaction occurs, stop use and seek medical help right away.

Sore throat warning: if sore throat is severe, persists for more than 2 days, is accompanied or followed by, fever, headache, rash, nausea or vomiting, consult a doctor promptly.

Do not use

- **with any other drug containing acetaminophen** (prescription or nonprescription).
- if you are not sure whether a drug contains acetaminophen, ask a doctor or a pharmacist.
- if you have persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema, or where cough is accompanied by excessive phlegm (mucus) unless directed by a doctor.
- If you are taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- heart disease
- liver disease
- high blood pressure
- thyroid disease
- diabetes
- difficulty in urination due to an enlarged prostate gland
- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis or emphysema.
- a cough that is followed by excessive phlegm (mucus)

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking tranquilizers or sedatives

When using this product do not use more than directed

Stop use and ask a doctor if

- symptoms do not improve within 7 days, tend to recur, or are accompanied by a fever, rash or persistent headache. A persistent cough may be a sign of a serious condition
- nervousness, dizziness or sleeplessness occurs
- pain and nasal congestion gets worse or last more than 5 days (children) or 7 days (adults)
- fever gets worse or last more than 3 days
- redness or swelling is present or new symptoms occur.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning: taking more than the recommended dose (overdose) may cause

liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical even if you do not notice any signs or symptoms.

Directions

- **do not take more than 6 doses in any 24 hours**
- shake well before use
- measure only with dosing cup provided
- keep dosing cup with product
- mL = milliliter
- this adult strength product is not intended for use in children under 12 years of age

age	dose
adults and children 12 years of age and over	20 mL every 4 hours
children under 12 years of age	do not use

Inactive ingredients:

Blue cohosh root extract, citirc acid, echinacea root extract, eucalptus oil, ginko biloba leaf extract, glycerin, goldenseal root extract, honey, horehound (flower, leaf, stem) extract, licorice root extract, menthol, methylparaben, mullein leaf extract, myrrh gum, potassium citrate, potassium sorbate, propylene glycol, propylparaben, slippery elm bark extract, sodium chloride, suralose, water, wild cherry bark extract and zinc sulfate.

Questions or comments?

(305) 805-3456 Monday to Friday from 9 am to 5 pm EST or www.efficientlabs.com



Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:58593-828
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	650 mg in 20 mL
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	20 mg in 20 mL
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	400 mg in 20 mL
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1W5297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg in 20 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
PRUNUS SEROTINA BARK (UNII: 5D48E975HA)	
ZINC SULFATE (UNII: 89DS0H96TB)	
CAULOPHYLLUM THALICTROIDES ROOT (UNII: JTJ6HH6YEH)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
ECHINACEA, UNSPECIFIED (UNII: 4N9P6CC1DX)	
EUCALYPTUS OIL (UNII: 2R04ONI662)	
GINKGO (UNII: 19FUJ2C58T)	
GLYCERIN (UNII: PDC6A3C0OX)	
GOLDENSEAL (UNII: ZW3Z11D0JV)	
HONEY (UNII: Y9H1V576FH)	
HOREHOUND (UNII: K08036XEJV)	
LICORICE (UNII: 61ZBX54883)	
MENTHOL (UNII: L7T10EIP3A)	
METHYLPARABEN (UNII: A2I8C7HI9T)	
MULLEIN LEAF (UNII: 9936O846LI)	
MYRRH (UNII: JC71GJ1F3L)	
POTASSIUM CITRATE (UNII: EE90ONI6FF)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
ULMUS RUBRA BARK (UNII: 91QY4PXU8Q)	
SODIUM CHLORIDE (UNII: 451W47IQ8X)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
	NDC 58593-828			

1	NDC:58593-828-08	1 in 1 CARTON	01/01/2014	
1		237 mL in 1 BOTTLE; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012		01/01/2014	

Labeler - EFFICIENT LABORATORIES INC (969044932)

Revised: 11/2024

EFFICIENT LABORATORIES INC