

**SEVERE COLD, FLU AND COUGH- acetaminophen, diphenhydramine hydrochloride, phenylephrine hydrochloride powder, for solution  
H E B**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

-----

**HEB Severe Cold, Flu & Cough Drug Facts**

**Active ingredients (in each packet)**

Acetaminophen 650 mg

Diphenhydramine HCl 25 mg

Phenylephrine HCl 10 mg

**Purposes**

Pain reliever/fever reducer

Antihistamine/cough suppressant

Nasal decongestant

**Uses**

- temporarily relieves these symptoms due to a cold:
- minor aches and pains
- minor sore throat pain
- headache
- nasal and sinus congestion
- runny nose
- sneezing
- itchy nose or throat
- itchy, watery eyes due to hay fever
- cough due to minor throat and bronchial irritation
- temporarily reduces fever

**Warnings**

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

### **Do not use**

- in a child under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

### **Ask a doctor before use if you have**

- liver disease
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- glaucoma
- trouble urinating due to an enlarged prostate gland
- a breathing problem such as emphysema or chronic bronchitis
- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with smoking, asthma, or emphysema

### **Ask a doctor or pharmacist before use if you are**

- taking sedatives or tranquilizers
- taking the blood thinning drug warfarin

### **When using this product**

- do not exceed recommended dosage
- avoid alcoholic drinks
- marked drowsiness may occur

- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

**Stop use and ask a doctor if**

- nervousness, dizziness, or sleeplessness occurs
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- pain, cough or nasal congestion gets worse or lasts more than 7 days
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

**Directions**

- do not use more than directed (see overdose warning)
- take every 4 hours, while symptoms persist. Do not take more than 5 packets in 24 hours unless directed by a doctor.

Age	Dose
adults and children 12 years of age and over	one packet
children under 12 years of age	do not use

- dissolve contents of one packet into 8 oz. hot water: sip while hot. Consume entire drink within 10-15 minutes.
- if using a microwave, add contents of one packet to 8 oz. of cool water: stir briskly before and after heating. Do not overheat.

**Other information**

- **each packet contains:** potassium 10 mg and sodium 25 mg
- phenylketonurics: contains phenylalanine 13 mg per packet
- store at 20-25°C (68-77°F). Protect product from heat and moisture.

**Inactive ingredients**

acesulfame potassium, anhydrous citric acid, aspartame, colloidal silicon dioxide, D&C

yellow #10, FD&C blue #1, FD&C red #40, flavors, maltodextrin, pregelatinized starch, sodium citrate, sucrose, tribasic calcium phosphate

**Questions or comments?**

**1-800-719-9260**

**Package/Label Principal Display Panel**

Compare to Theraflu® Nighttime Severe Cold & Cough active ingredients

HEB®

NIGHTTIME

Severe Cold, Flu & Cough

Acetaminophen /

Pain Reliever/Fever Reducer

Diphenhydramine HCl /

Antihistamine / Cough Suppressant

Phenylephrine HCl / Nasal Decongestant

Multi-Symptom

Relief of:

- Pain
- Fever
- Cough
- Nasal Congestion

Honey Lemon Infused

with White Tea Flavors

6 PACKETS



## SEVERE COLD, FLU AND COUGH

acetaminophen, diphenhydramine hydrochloride, phenylephrine hydrochloride powder, for solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:37808-543
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	650 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1VS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>ACESULFAME POTASSIUM</b> (UNII: 23OV73Q5G9)	
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>ASPARTAME</b> (UNII: Z0H242BBR1)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>D&amp;C YELLOW NO. 10</b> (UNII: 35SW5USQ3G)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>SODIUM CITRATE, UNSPECIFIED FORM</b> (UNII: 1Q73Q2JULR)	
<b>SUCROSE</b> (UNII: C151H8M554)	
<b>TRIBASIC CALCIUM PHOSPHATE</b> (UNII: 91D9GV0Z28)	

## Product Characteristics

<b>Color</b>	WHITE (mixture of white, light yellow-orange particles) , ORANGE	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>		<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-543-91	6 in 1 CARTON; Type 0: Not a Combination Product	03/20/2018	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	03/20/2018	

**Labeler** - H E B (007924756)

Revised: 11/2022

H E B