

BLUE ICE PAIN RELIEVING- menthol gel
Navarro Discount Pharmacies,LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Active Ingredient

Menthol

Purpose

Topical analgesic

Uses

For the temporary relief of minor aches and pains of muscles and joints associated with:

- arthritis • simple backache • strains
- bruises • sprains

Warnings

For external use only

Do not use

- with other topical pain relievers
- with heating pads or heating devices

When using this product

- avoid contact with the eyes
- use only as directed
- do not apply to wounds or damaged skin
- do not bandage tightly

Stop use and ask a doctor if

- condition worsens
- symptoms last more than 7 days or clear up and occur again within a few days
- redness or irritation develops

If pregnant or breast-feeding,

ask a health professional before use

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- clean affected area before applying product
- adults and children 2 years of age and older: apply to affected area not more than 3 to 4 times daily
- children under 2 years of age: ask a doctor

Other information

- store at room temperature
- keep lid tightly closed
- do not use, pour, spill or store near heat or open flame

Inactive ingredients

ammonium hydroxide, carbomer, cupric sulfate, FD&C blue no. 1, isopropyl alcohol, magnesium sulfate, sodium hydroxide, thymol, water

Package label

NDC #59970-073-01

mi salud

Blue Ice
Gel
Helado Azul
Gel

Compare to active ingredient in Mineral Ice. Compare a los ingredientes activo en Mineral Ice.

■ **Fast Relief** ■ **Non-Greasy** ■ **Pain Relieving Gel**
■ Alivio rapido ■ No es Grasosa ■ Gel para Aliviar el Dolor

NET 4 oz (113g)

Drug Facts	
Active ingredient	Purpose
Menthol 2%	Topical analgesic
Uses For the temporary relief of minor aches and pains of muscles and joints associated with: ■ arthritis ■ simple backache ■ strains ■ bruises ■ sprains	
Warnings For external use only	
Do not use ■ with other topical pain relievers ■ with heating pads or heating devices	
When using this product ■ avoid contact with the eyes ■ use only as directed ■ do not apply to wounds or damaged skin ■ do not bandage tightly	
Stop use and ask a doctor if ■ condition worsens ■ symptoms last more than 7 days or clear up and occur again within a few days ■ redness or irritation develops	
If pregnant or breast-feeding , ask a health professional before use. Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.	
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Vida Mia Blue Ice Gel

BLUE ICE PAIN RELIEVING

menthol gel

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:59970-073
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	.02 g in 1 g

Inactive Ingredients

Ingredient Name	Strength
AMMONIA (UNII: 5138Q19F1X)	
CUPRIC SULFATE (UNII: LRX7AJ16DT)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
ISOPROPYL ALCOHOL (UNII: ND2M416302)	
MAGNESIUM SULFATE (UNII: DE08037SAB)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
THYMOL (UNII: 3J50XA376E)	
WATER (UNII: 059QF0K00R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59970-073-01	113 g in 1 JAR		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part348	10/02/2012	

Labeler - Navarro Discount Pharmacies,LLC (094930963)

Revised: 10/2012

Navarro Discount Pharmacies,LLC