

**PURE AND GENTLE- mineral oil enema**  
**Medline Industries, LP**

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**013 Pure & Gentle Mineral Oil Enema**

***Active ingredient***  
**(in each 120 mL delivered dose)**

Mineral oil 100% w/v

***Purpose***

Lubricant laxative

***Uses***

- for relief of occasional constipation
- this product generally produces bowel movement in 2 to 15 minutes

***Warnings***

**For rectal use only**

**Caution: to be taken only at bedtime. Do not use at any other time or administer to infants, except upon the advice of a physician.**

**Do not use**

- on children under 13 years of age
- on pregnant women
- on persons with difficulty swallowing
- on bedridden patients
- if you are presently taking a stool softener laxative
- or take with meals

**Ask a doctor before use if you**

- have already used a laxative for more than 3 days
- have abdominal pain, nausea or vomiting
- have a sudden change in bowel habits that persists over a period of 2 weeks

**Stop use and ask a doctor if**

- you have rectal bleeding
- you have no bowel movement within 30 minutes of enema use

**As with any drug, if you are nursing a baby,**

seek the advice of a health professional before using this product.

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

**Directions**  
**(or as directed by a doctor)**

**Rectal enema dosage is 120 mL in a single daily dosage (per 24 hours)**

adults & children 13 years and over	1 bottle
children under 13 years of age	DO NOT USE

**Caution:**

Remove green protective shield before inserting: hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove



**Positioning:**

Left-side position: Lie on left side with knee bent and arms at rest.



Knee-chest position: Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



**Administering enema:**

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
- Do not force the enema tip into rectum as this can cause injury.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle

completely, as it contains more liquid than needed.

- Remove enema tip from rectum. This product generally produces a bowel movement in 2 to 15 minutes.
- Do not retain enema solution in body for longer than 15 minutes.

### ***Other Information***

- store at room temperature 15-30°C (59-86°F)
- **Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

### ***Inactive ingredient***

none

### ***Questions or comments?***

1-866-323-0107 M-F 8 am to 5 pm

### **Manufacturing Information**

Manufactured for: Medline Industries, LP

Three Lakes Drive, Northfield, IL 60093

Made in USA

[www.medline.com](http://www.medline.com)

1-800-MEDLINE (633-5463)

REF: CUR095010

V1 RD22NPX

### **Package Label**



# Mineral Oil Enema



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REF CUR095010



NDC 53329-013-11



# Mineral Oil Enema Lubricant Laxative

Comfortable  
Lubricated Tip

Easy to Insert  
Ready-to-Use  
Not made with  
Natural Rubber Latex

1 - 4.5 fl oz (133 mL)

**Caution:**  
Remove green protective shield before inserting; hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



**Positioning:**  
Left-side position:  
Lie on left side with knee bent and arms at rest.



**Knee-chest position:**  
Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



- Administering Enema:**
- With steady pressure, gently insert enema tip into rectum with a slight side to side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.
  - Do not force the enema tip into rectum as this can cause injury.
  - Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.
  - Remove enema tip from rectum. This product generally produces a bowel movement in 2 to 15 minutes.
  - Do not retain enema solution in body for longer than 15 minutes.

**TAMPER RESISTANT: DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.**



# Mineral Oil Enema

Drug Facts	
<b>Active ingredient</b> (in each 120 ml delivered dose) Mineral oil 100%.....	<b>Purpose</b> Lubricant laxative
<b>Use</b> ■ for relief of occasional constipation ■ this product generally produces bowel movement in 2 to 15 minutes	
<b>Warnings</b> For rectal use only. <b>Caution:</b> To be taken only at bedtime. Do not use at any other time or administer to infants, except upon the advice of a physician. <b>Do not use</b> ■ on children under 13 years of age ■ on pregnant women ■ on persons with difficulty swallowing ■ on bedridden patients ■ if you are presently taking a stool softener laxative ■ or take with meals <b>Ask a doctor before use if you</b> ■ have already used a laxative for more than 3 days ■ have abdominal pain, nausea, or vomiting ■ have a sudden change in bowel habits that persist over a period of 2 weeks <b>Stop use and ask a doctor if</b> ■ you have rectal bleeding ■ you have no bowel movement within 30 minutes of enema use <b>As with any drug, if you are nursing a baby,</b> seek the advice of a health professional before using this product. <b>Keep out of reach of children.</b> If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.	
<b>Directions (or as directed by a doctor)</b> Rectal enema dosage is 120 ml in a single daily dosage (per 24 hours).	
Adults & children 13 years of age and older	1 bottle
Children under 13 years of age	DO NOT USE
<b>Other information</b> ■ Store at 15 to 30°C (59 to 86°F). ■ <b>Tamper Evident: DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.</b>	
<b>Inactive ingredient</b> None	
<b>Questions or comments?</b> 1-866-323-0107 M-F 8 am to 5 pm.	

## PURE AND GENTLE

mineral oil enema

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:53329-013
<b>Route of Administration</b>	RECTAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MINERAL OIL</b> (UNII: T5L8T28FGP) (MINERAL OIL - UNII:T5L8T28FGP)	MINERAL OIL	100 g in 100 mL

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53329-013-11	1 in 1 BOX	04/09/2014	
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	04/09/2014	

**Labeler** - Medline Industries, LP (025460908)

Revised: 11/2024

Medline Industries, LP