

**SLEEP AID- diphenhydramine hcl capsule, liquid filled**  
**Allegiant Health**

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**431 - Sleep Aid Diphenhydramine HCl 25mg**

**Active ingredient(s)**

Diphenhydramine HCl 25 mg

**Purpose**

Nighttime sleep-aid

**Use(s)**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin
- with other drugs that cause drowsiness such as antihistamines and nighttime cold/flu products

**Ask a doctor before use if**

- a breathing problem such as asthma, emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland
- heart disease

**Ask a doctor or pharmacist before use if**

you are taking sedatives or tranquilizers or any other sleep aid

**When using this product**

- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if**

if sleeplessness persists continuously for more than 2 weeks.

- Insomnia may be a symptom of serious underlying medical illness.

**Pregnancy/Breastfeeding**

ask a health professional before use.

### **Keep out of reach of children**

Overdose warning: Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

### **Directions**

take only one dose per day (24 hours) - see Overdose warning

Adults and children 12 years and over: ONE dose = TWO 25 mg softgels (50 mg) at bed time if needed or as directed by a doctor

### **Other information**

Do not use if blister unit is torn or open.

Do not use if imprinted safety seal under cap is broken or missing.

### **Storage**

- store at 15-30° C (59-86° F)
- avoid excessive heat above 40° C (104° F) and high humidity
- Protect from light

### **Inactive ingredients**

FD&C blue #1, FD&C red #40, gelatin, glycerin, polyethylene glycol, purified water, sorbitol special, white edible ink

### **Questions**

Call 1-888-952-0050 Monday through Friday 9AM - 5PM EST

### **Principal Display Panel**

Health**A2Z**<sup>®</sup>

\*Compare to active ingredient in ZzzQuil<sup>®</sup>

Nighttime

Sleep Aid

Diphenhydramine HCl 25 mg

Fast Acting

Non-Habit Forming



96 Softgels

**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 25 mg

Nighttime sleep-aid

**Uses**

■ for the relief of occasional sleeplessness

■ reduces time to fall asleep if you have difficulty falling asleep

**Warnings**

■ Do not use ■ for children under 12 years of age

■ with any other product containing diphenhydramine, even one used on skin ■ with other drugs that cause drowsiness such as antihistamines and nighttime cold/flu products

**Ask a doctor before use if you have**

■ a breathing problem such as asthma, emphysema or chronic bronchitis

■ glaucoma

■ difficulty in urination due to enlargement of the prostate gland

■ heart disease

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers or any other sleep aid

**Drug Facts (continued on inside)**



This product is not manufactured or distributed by Procter & Gamble, owner of the registered trademark Vicks<sup>®</sup> ZzzQuil<sup>®</sup>, and LiquiCaps<sup>®</sup>.

Distributed by:

LB1952

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**Directions**

■ take only one dose per day (24 hours) - see Overdose warning

Adults and children 12 years and over:

One dose = TWO (2) 25 mg softgels (50 mg) at bed time if needed or as directed by a doctor

**Other information**

■ store at 15-30° C (59-86° F) ■ avoid excessive heat above 40° C (104° F) and high humidity ■ Protect from light ■ do not use if blister unit is torn or open

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**Questions or comments?**

Call 1-888-952-0050

Monday through Friday 9AM - 5PM EST

Sleep Aid 96ct

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**Drug Facts (continued)**

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning: Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

Take only one dose per day (24 hours) - see Overdose warning.

Adults and children 12 years and over: ONE dose = TWO 25 mg softgels (50 mg) at bed time if needed or as directed by a doctor.

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Store at 15-30° C (59-86° F)

Avoid excessive heat above 40° C (104° F) and high humidity.

Protect from light. Do not use if blister unit is torn or open.

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FD&C blue #1, FD&C red #40, gelatin, glycerin, polyethylene glycol, purified water, sorbitol special, white edible ink.

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Monday through Friday 9AM - 5PM EST  
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**Purpose**

Nighttime sleep-aid

**Ident (in each softgel)**

HCl 25 mg

**Warnings**

For children under 12 years of age. With other drugs that cause drowsiness. With other drugs that cause drowsiness. Amine and nighttime cold/flu products. Before use if you have a breathing asthma, emphysema or chronic bronchitis. Difficulty in urination due to enlargement of prostate gland. Heart disease. For pharmacist before use if you are taking tranquilizers or any other sleep aid. Product. Avoid alcoholic beverages that cause drowsiness. Drowsiness will be careful when driving a motor vehicle or ask a doctor if sleepiness persists more than 2 weeks. Insomnia may be a sign of an underlying medical illness.

HealthA2Z®

Nighttime

# Sleep Aid

HealthA2Z®

\*Compare to ingredient in ZzzQuil

# Nighttime Sleep Aid

Diphenhydramine HCl 25 mg

Fast Acting  
Non-Habit Forming



1 Softgel

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LB1931 R0621

## SLEEP AID

diphenhydramine hcl capsule, liquid filled

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69168-431
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>WATER</b> (UNII: 059QF0K0OR)	
<b>SORBITOL</b> (UNII: 506T60A25R)	

### Product Characteristics

Color	purple	Score	no score
Shape	CAPSULE	Size	15mm
Flavor		Imprint Code	PC11
Contains			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69168-431-96	96 in 1 BOTTLE; Type 0: Not a Combination Product	09/21/2021	
2	NDC:69168-431-86	1 in 1 CARTON	09/21/2021	
2		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		
3	NDC:69168-431-03	250 in 1 BOTTLE; Type 0: Not a Combination Product	04/30/2023	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M011	09/21/2021	

**Labeler -** Allegiant Health (079501930)

Revised: 8/2021

Allegiant Health