

**GOOD SENSE SLEEP AID- diphenhydramine hydrochloride capsule, liquid filled  
L. Perrigo Company**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Perrigo Sleep Aid Softgels Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

- for relief of occasional sleeplessness

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers

**When using this product**

avoid alcoholic drinks

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

**Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

**Other information**

- store at 20-25°C (68-77°F)

**Inactive ingredients**

edible ink\*, FD&C blue #1, gelatin, glycerin, polyethylene glycol, purified water, sorbitol sorbitan solution \*may contain this ingredient

**Questions or comments?**

**1-800-719-9260**

**Principal Display Panel**

Non-Habit Forming

One Softgel Per Dose

Sleep Aid Softgels

Diphenhydramine HCl Softgels, 50 mg

Nighttime Sleep-Aid

Actual Size

Compare to active ingredient of Unisom<sup>®</sup> SleepGels<sup>®</sup>

100% SATISFACTION GUARANTEED

32 Softgels



## GOOD SENSE SLEEP AID

diphenhydramine hydrochloride capsule, liquid filled

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0113-1909
Route of Administration	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

**Inactive Ingredients**

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0KO0R)	

**Product Characteristics**

Color	BLUE (clear to light blue)	Score	no score
Shape	OVAL	Size	13mm
Flavor		Imprint Code	5V6
Contains			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0113-1909-64	1 in 1 CARTON	05/30/2019	
1		32 in 1 BOTTLE; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part338	05/30/2019	

**Labeler** - L. Perrigo Company (006013346)

Revised: 6/2019

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