

ALLERGY RELIEF- diphenhydramine hcl capsule
ARMY AND AIR FORCE EXCHANGE SERVICE

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Exchange Select 44-190

Active ingredient (in each banded capsule)

Diphenhydramine HCl 25 mg

Purpose

Antihistamine

Uses

- temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:
 - runny nose
 - itchy, watery eyes
 - sneezing
 - itching of the nose or throat
- temporarily relieves these symptoms due to the common cold:
 - runny nose
 - sneezing

Warnings

Do not use

- to make a child sleepy
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

- marked drowsiness may occur
- avoid alcoholic beverages
- alcohol, sedatives, and tranquilizers may increase drowsiness
- use caution when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- take every 4 to 6 hours
- do not take more than 6 doses in 24 hours

adults and children 12 years and over	1 to 2 capsules
children 6 to under 12 years	1 capsule
children under 6 years	do not use

Other information

- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN OR IF RED BAND AROUND CAPSULE IS BROKEN OR MISSING**
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- protect from moisture
- see end flap for expiration date and lot number

Inactive ingredients

butylparaben, corn starch, D&C red #28, edible ink, FD&C blue #1, FD&C red #40, gelatin, lactose anhydrous, magnesium stearate, methylparaben, polysorbate 80, propylparaben, silicon dioxide

Questions or comments?

1-800-426-9391

Principal Display Panel

exchange **select™**

**Compare To The Active
Ingredient of Benadryl®***

**Allergy Relief
DIPHENHYDRAMINE HCl 25 mg, Antihistamine**

- Sneezing
- Itchy, Watery Eyes
- Runny Nose
- Itchy Throat

Actual
Size

24 Capsules

Each capsule individually
banded for your protection

**quality
value**

**TAMPER EVIDENT: DO NOT USE IF
PACKAGE IS OPENED OR IF**

**BLISTER UNIT IS TORN OR
BROKEN OR IF RED BAND AROUND
CAPSULE IS BROKEN OR MISSING**

*This product is not manufactured or distributed
by Johnson & Johnson Corporation, owner of the registered
trademark Benadryl®. 50844 REV1117N19008

"SATISFACTION GUARANTEED OR YOUR MONEY BACK"

Manufactured For Your Military Exchanges

Distributed by: LNK International, Inc.

Hauppauge, NY 11788

1-800-426-9391

exchange
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Allergy Relief

DIPHENHYDRAMINE HCl 25 mg, Antihistamine

exchange
select

Compare To The Active
Ingredient of Benadryl®*

Allergy Relief

DIPHENHYDRAMINE HCl 25 mg, Antihistamine

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Do not Print
Lot & Exp

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“SATISFACTION GUARANTEED OR YOUR MONEY BACK”
Manufactured for: LNK International, Inc.
Hempstead, NY 11788
1-800-426-9391



B-0066E-190-08-R
REV117N19008

<p>Warnings</p> <ul style="list-style-type: none"> ■ sneezing ■ itching of the nose or throat ■ temporarily relieves these symptoms due to the common cold: <ul style="list-style-type: none"> ■ runny nose ■ sneezing 	<p>Do not use</p> <ul style="list-style-type: none"> ■ to make a child sleepy ■ with any other product containing diphenhydramine, even one used on skin 	<p>Ask a doctor before use if you have</p> <ul style="list-style-type: none"> ■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ difficulty in urination due to enlargement of the prostate gland 	<p>Ask a doctor or pharmacist before use if you are taking</p> <ul style="list-style-type: none"> ■ sedatives or tranquilizers. 	<p>When using this product</p> <ul style="list-style-type: none"> ■ marked drowsiness may occur ■ avoid alcoholic beverages ■ alcohol, sedatives, and tranquilizers may increase drowsiness ■ use caution when driving a motor vehicle or operating machinery ■ excitability may occur, especially in children
<p>Other information</p> <ul style="list-style-type: none"> ■ TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN OR IF RED BAND AROUND CAPSULE IS BROKEN OR MISSING ■ store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F) ■ protect from moisture ■ see end flap for expiration date and lot number 	<p>Inactive ingredients</p> <p>butylparaben, corn starch, D&C red #28, edible ink, FD&C blue #1, FD&C red #40, gelatin, lactose anhydrous, magnesium stearate, methylparaben, polysorbate 80, propylparaben, silicon dioxide</p>	<p>Questions or comments? 1-800-426-9391</p>		

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44-190

ALLERGY RELIEF

diphenhydramine hcl capsule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:5530 1-190
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
BUTYLPARABEN (UNII: 3QPII03FV8)	
D&C RED NO. 28 (UNII: 767IP0Y5NH)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)	
ANHYDROUS LACTOSE (UNII: 3SY5LH9PMK)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
METHYLPARABEN (UNII: A2I8C7HI9T)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
STARCH, CORN (UNII: O8232NY3SJ)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

Product Characteristics

Color	PINK, WHITE	Score	no score
Shape	CAPSULE	Size	14mm
Flavor		Imprint Code	44;107
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-190-08	2 in 1 CARTON	03/15/1990	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH FINAL	part341	03/15/1990	

Labeler - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)

Establishment			
Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	PACK(55301-190)

Establishment			
Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	PACK(55301-190)

Establishment			
Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	PACK(55301-190)

Establishment			
Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	MANUFACTURE(55301-190) , PACK(55301-190)

Revised: 6/2019

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