

MOUNTAIN ICE SPORTS RECOVERY- menthol gel
Mountainside Medical Equipment, Inc.

Mountain Ice Sports Recovery Gel

Active ingredients

Menthol 6%

Purpose

External Analgesic

Uses:

Temporary relief of minor aches and pains of muscles and joints associated with osteoarthritis, rheumatoid arthritis, muscle strains, and sprains.

Warnings:

For external use only.

Flammable: keep away from excessive heat or open flame. Avoid contact with eyes or mucous membranes.

When using this product:

- Do not apply to wounds, damaged skin, or irritated skin.
- Do not apply with other creams, ointments, sprays or liniments.

Stop use and ask a doctor if:

Conditions worsen, skin irritation develops, or condition does not improve after 7 days.

Keep out the reach of children.

If accidentally swallowed, seek medical attention immediately or contact Poison Control Center right away.

Directions:

Adults and children 2 years of age or older. Rub on the affected area evenly no more than 4 times per day. Children under 2 years of age: Consult with your doctor.

Inactive Ingredients:

Aloe Barbadensis Leaf Juice, Arnica Montana Flower Extract, Boswellia Serrata (Frankincense) Oil, Camellia Sinensis (Green Tea) Leaf Extract, Carbomer, Cinnamomum

Camphora (camphor) Bark Oil, Curcuma Longa (Turmeric) Root Oil, Dimethyl Sulfone, Dipotassium Glycyrrhizate, Ethylhexylglycerin, Eucalyptus Globulus (Eucalyptus) Leaf Oil, Glycerin, Isopropyl Alcohol, L-Arginine, Limonene, Magnesium Sulfate, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Mentha Spicata (Spearmint) Oil, Niacinamide, Panax Ginseng Root Extract, Phenoxyethanol, Polysorbate 20, Tocopheryl Acetate, Triethanolamine, Water (Aqua), Blue 1 (CI 42090).

Principal Display Panel

SPORT MUSCLE PAIN RELIEF THERAPY GEL

MOUNTAIN ICE

GINSENG, ARNICA, TURMERIC, VITAMIN B3, BOSWELLIA INDIAN FRANKINCENSE OIL, GREEN TEA EXTRACT, MSM, VITAMIN E, ALOE VERA, TEA TREE OIL, MENTHOL 6%, L-ARGININE AMINO ACID, LICORICE ROOT EXTRACT, EUCALYPTUS LEAF, SPEARMINT OIL

4 fl oz (118 ML)

Questions? 1-888-687-4334

Manufactured in the USA distributed by a Service-Disabled
Veteran-Owned Family Business Located in Upstate NY
Mountainside Medical Equipment Marcy, NY 13403

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MOUNTAIN ICE

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INDIAN FRANKINCENSE OIL, GREEN TEA EXTRACT, MSM,
VITAMIN E, ALOE VERA, TEA TREE OIL, MENTHOL 6%,
L-ARGININE AMINO ACID, LICORICE ROOT EXTRACT,
EUCALYPTUS LEAF, SPEARMINT OIL



4 fl oz (118 mL)

Label

Principal Display Panel

MUSCEL THERAPY GEL

MOUNTAIN ICESPORTS RECOVERY GEL

VEGAN

GLUTEN FREE \ | / GLUTEN FREE \ | /

MADE WITH NATURAL INGREDIENTS

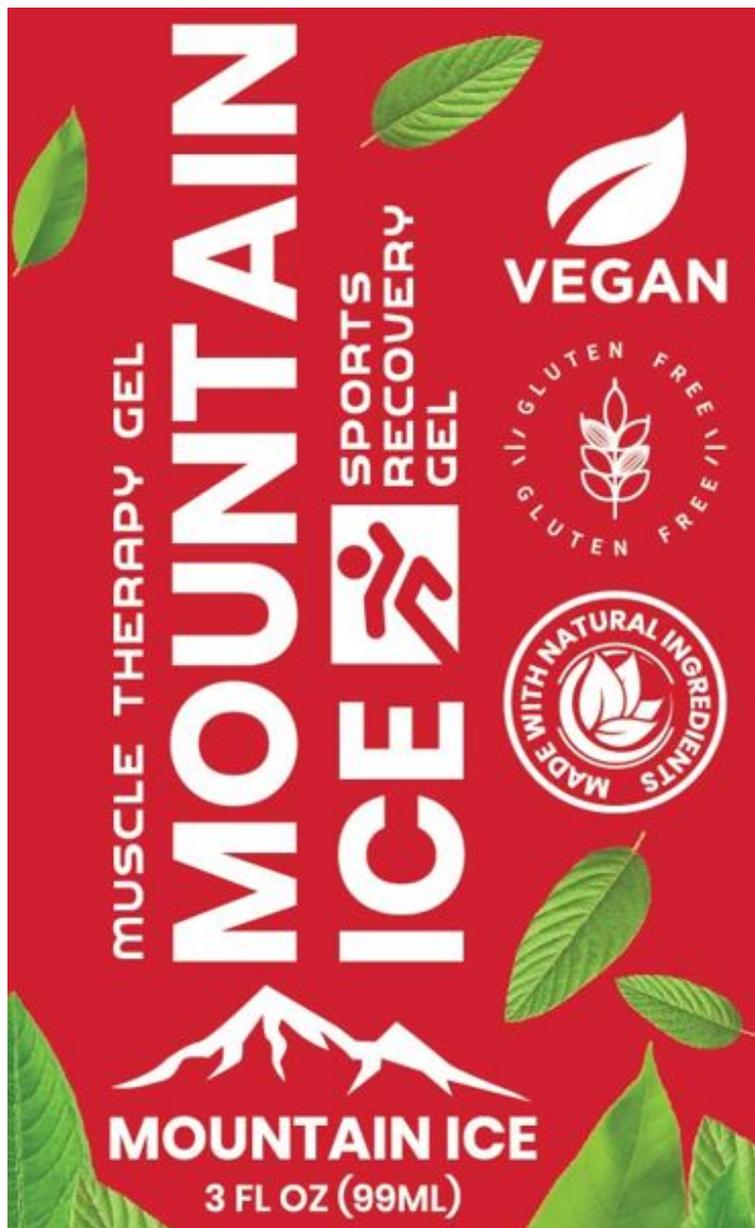
MOUNTAIN ICE

3 FL OZ (99 ML)

Made in the USA by a Family Owned
Service-Disabled Veteran-owned
Small Business

Mountain Ice
9262 Old River Road
Marcy, NY 13403 USA
www.Mountain-Ice.com

If Pregnant or Breastfeeding: Ask
a health professional before use



Label

MOUNTAIN ICE SPORTS RECOVERY

menthol gel

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:72793-201
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MENTHOL, UNSPECIFIED FORM (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	6 g in 100 mL

Inactive Ingredients

Ingredient Name	Strength
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)	
INDIAN FRANKINCENSE OIL (UNII: 5T1XCE6K8K)	
GREEN TEA LEAF (UNII: W2ZU1RY8B0)	
CARBOMER HOMOPOLYMER, UNSPECIFIED TYPE (UNII: 0A5MM307FC)	
CAMPHOR OIL (UNII: 75IZZ8Y727)	
TURMERIC OIL (UNII: 6KGS8SP16U)	
DIMETHYL SULFONE (UNII: 9H4PO4Z4FT)	
GLYCYRRHIZINATE DIPOTASSIUM (UNII: CA2Y0FE3FX)	
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)	
EUCALYPTUS OIL (UNII: 2R04ONI662)	
GLYCERIN (UNII: PDC6A3C0OX)	
ISOPROPYL ALCOHOL (UNII: ND2M416302)	
ARGININE (UNII: 94ZLA3W45F)	
LIMONENE, (+)- (UNII: GFD7C86Q1W)	
MAGNESIUM SULFATE, UNSPECIFIED FORM (UNII: DE08037SAB)	
TEA TREE OIL (UNII: VIF565UC2G)	
MENTHA SPICATA OIL (UNII: C3M81465G5)	
NIACINAMIDE (UNII: 25X51I8RD4)	
ASIAN GINSENG (UNII: CUQ3A77YXI)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	
POLYSORBATE 20 (UNII: 7T1F30V5YH)	
.ALPHA.-TOCOPHEROL ACETATE (UNII: 9E8X80D2L0)	
TROLAMINE (UNII: 9O3K93S3TK)	
WATER (UNII: 059QF0KO0R)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72793-201-01	6 mL in 1 PACKET; Type 0: Not a Combination Product	11/01/2022	
2	NDC:72793-201-03	946 mL in 1 BOTTLE, PUMP; Type 0: Not a Combination Product	11/01/2022	
3	NDC:72793-201-04	99 mL in 1 BOTTLE, WITH APPLICATOR; Type 0: Not a Combination Product	11/01/2022	
4	NDC:72793-201-05	118 mL in 1 TUBE; Type 0: Not a Combination Product	11/01/2022	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	11/01/2022	

Labeler - Mountainside Medical Equipment, Inc. (119735871)

Establishment

Name	Address	ID/FEI	Business Operations
Fragrance Manufacturing, Inc.		793406000	manufacture(72793-201)

Revised: 10/2025

Mountainside Medical Equipment, Inc.