FOLASYNC DHA- beta carotene, vitamin a palmitate, ascorbic acid, cholecalciferol, .alpha.-tocopherol, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, biotin, calcium pantothenate, calcium carbonate, iron, potassium iodide, magnesium oxide, and fish oil capsule, gelatin coated Blue Heron Pharmaceuticals, LLC

FolaSync DHA

Health Claim:

FolaSync DHA

SUPPLEMENT FACTS Serving Size: 1 capsule Servings Per Container: 30

Amt. Per Serving: %DV		V ‡
Vitamin A (as Retinyl Palmitate, Beta Co	arotene) 1200 mcg	133%
Vitamin B1 (as Thiamine Mononitrate)	1.7 mg	142%
Vitamin B2 (as Riboflavin)	2 mg	154%
Vitamin B3 (as Niacinamide)	20 mg	125%
Vitamin B5 (as d-calcium pantothenate) 10 mg	200%
Vitamin B6 (as Pyridoxine HCL)	2.5 mg	147%
Vitamin B12 (As Cyanocobalamin)	8 mcg	333%
Vitamin C (as Ascorbic Acid)	60 mg	67%
Vitamin D3 (as Cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (d-alpha Tocopherol Succinat	e) 20.1 mg	134%
Folic Acid	1000 mcg	417%
Biotin	300 mcg 1	.000%
Calcium (as Calicum Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	12%
Fish Oil	150 mg	**
**% Daily value not established		

Inactive Ingredients: Modified Vegetable Cellulose, Steraic Acid, Silicon Dioxide (39% Si), Magnesium Stearate, Crosscramellose Sodium, Clear Coating (PVA & PEG).

Description:

FolaSync DHA Capsules are clear capsules dispensed in plastic bottles of 30 ct.

85622-0051-30

Reserved for Professional Recommendation

FolaSync DHA Capsules are an orally administered prescription vitamin to provide significant amounts of DHA, Vitamins B6, B12, C, D3, E, riboflavin, niacinamide, thiamine monoitrate, and folate to supplement the diet, and to help assure that nutritional deficiencies of these vitamines will not develop.

FolaSync DHA Capsules should be administered under the supervision of a licensed medical practitioner.

This listed product is not a National Drug Code, but instead has merely been formatted to comply with standard industry practice for pharmacy and insurance computer systems.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

All prescriptions using this product shall be pursuant to state statutes as applicable. This is not an Orange Book product. This product may be administered only under a physician's supervision. There are no implied or explicit claims on therapeutic equivalence.

Manufactured for:

Blue Heron Pharmaceuticals

Lutz, FL 33559

Warnings:

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

FolaSync DHA Capsules should only be used under the direction and supervision of a licensed medical practitioner. Use with caution in patients that may have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking

medications.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Precautions:

CONTRAINDICATIONS

This product is contraindicated in patients with known hypersensitivity to any of the ingredients.

PRECAUTIONS

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

ADVERSE REACTIONS

Allergic sensitizations have been reported following oral administration of folic acid. Consult your physician immediately if adverse side effects occur.

KEEP OUT OF THE REACH OF CHILDREN.

Dosage and Administration:

Usual adult dose is 1 capsule by mouth daily once daily, or as prescribed by a licensed medical practitioner.

Storage:

Store at 20° to 25°C (68° to 77°F); excursions permitted to 15° to 30°C (59° to 86°F). [See USP Controlled Room Temperature.] Protect from light and moisture.

Label:

Dosage: Usual adult dose is one capsule daily, or as prescribed by a licensed medical practitioner.

FolaSync DHA should be adminstered under the supervision of a licensed medical practitioner.

KEEP OUT OF THE REACH OF CHILDREN.

STORAGE: Store at 20° to 25°C (68° to 77°F); excursions permitted to 15° to 30°C (59° to 86°F). [See USP Controlled Room Temperature.] Protect from light and moisture.

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Vitamin B1 (as Thiamine Monositrote) 1.7 mg 142% Vitamin B2 (as Riboflevin) 2 mg 154% Vitamin B3 (as Nicolinomide) 20 mg 125% Vitamin B5 (as de-docloim pontothenote) 10 mg 200% Vitamin B6 (as Pyridosine HCl) 2.5 mg 143% Vitamin B12 (as Quanocobalamin) 8 mcg 333% Vitamin B12 (as Ascobic Acid) 60 mg 67% Vitamin B2 (as Ascobic Acid) 10 mcg (400 lU) 50% Vitamin E (ø-lipha Tocopherol Succinote) 20.1 mg 134% Folic Acid 1000 mg 47% Biotin 300 mcg 1000g Calcium (as Calcium Corbonate) 200 mg 15 Incon (as Ferrous Exumarate) 18 mg 100 Incol (as Ferrous Exumarate) 150 mc 100	1.7 mg 2 mg 20 mg 10 mg 2.5 mg 8 mcg 60 mg (400 IU)	154% 125% 200% 147% 333% 67% 50%
Vitamin B2 (as Riboflowin) 2 mg 1549 Vitamin B3 (as Nicoinamido) 20 mg 125 mg Vitamin B5 (as Nicoinamido) 10 mg 200 Vitamin B6 (as Pyridasine HCL) 2.5 mg 1479 Vitamin B12 (ks Cyanocobalamin) 8 mcg 333 Vitamin (as Ascobic Acal) 60 mg 679 Vitamin D3 (as Cholecaloglera) 10 mcg (400 UI) 509 Vitamin B (s-lapha Tocopherol Succinate) 20.1 mg 1478 Blotin 300 mcg 1000 Calcium (as Calcum Carbonate) 200 mg 15 Incom (as Ferraras Fumarate) 18 mg 100 Incom (as Ferraras Fumarate) 150 mcg 100	2 mg 20 mg 10 mg 2.5 mg 8 mcg 60 mg (400 IU)	154% 125% 200% 147% 333% 67% 50%
Vitamin B3 (as Niacinamide) 20 mg 1258 Vitamin B5 (as d-sclalum pontethenote) 10 mg 200 Vitamin B1 (as d-sclalum pontethenote) 2.5 mg 1479 Vitamin B1 (as Noerobeck clall) 8 mg 333 Vitamin B1 (as Ascerbic Acid) 10 mcg (400 IU) 50 Vitamin B (se hajhe Tocopherol Succinate) 10 10 mcg 1478 Folic Acid 1000 mcg 4178 Biotin 300 mcg 1000 Calcium (as Celicum Carbonate) 200 mg 155 Ton (as Feroas Eumarete) 18 mg 100 Iodine (as Potassium Iodidét) 150 mcg 1000	20 mg 10 mg 2.5 mg 8 mcg 60 mg (400 IU)	125% 200% 147% 333% 67% 50%
Vitamin B5 (as d-calcium pantothemote) 10 mg 2007 Vitamin B6 (as Pridosium kHL) 2.5 mg 147 Vitamin B12 (as Ascobic Acid) 6 mg 637 Vitamin B3 (as Chalecoleiferol) 10 mg (400 IU) 500 Vitamin E (σ-alpha Tocopherol Succinot) 20.1 mg 1349 Folic Acid 1000 mg 4178 Biotin 300 mg 1000 Calcium (as Calicum Carbonate) 200 mg 15 Incom (as Feroassium Iodide) 150 mg 100 Incom (as Feroassium Iodide) 150 mg 100	10 mg 2.5 mg 8 mcg 60 mg (400 IU)	200% 147% 333% 67% 50%
Vitamin B6 (as Pyridasine HCL) 2.5 mg 1475 Vitamin B12 (as Cyanocosbamin) 8 mg 333 Vitamin C (as Accepted Acel) 60 mg 679 Vitamin D3 (as Chalecale(pro)) 10 mcg (400 IU) 505 Vitamin B2 (ada) Tocopherol Succina 20.1 mg 134 Folic Acid 1000 mg 4175 Biotin 300 mcg 1000 Calcium (as Calcium Carbonnet) 200 mg 15 Inon (as Ferross Fummartes) 188 mg 100 Inoli (as Ferross Fummartes) 150 mg 100	2.5 mg 8 mcg 60 mg (400 IU)	147% 333% 67% 50%
Vitamin B12 (As Cyanocobalamin) 8 mcg 3337 Vitamin C (as Ascorbic Acla) 60 mg 67 mg 67 mg 73 mg Vitamin D3 (as Cholesolejerol) 10 mcg (400 lUI) 509 100 mcg 107 mg 347 mg Folic Acid 1000 mcg 107 mg 147 mg Biotin 300 mcg 1000 mcg 100 mg 100 mg Calcium (as Colicum Carbonote) 200 mg 155 mg 100 lodine (as Potassium Iodide) 150 mcg 100 mg	8 mcg 60 mg (400 IU)	333% 67% 50%
Vitamin C (as Ascorbic Acid) 60 mg 67% Vitamin B3 (as Cholecologlerol) 10 mcg (400 IU) 50% Vitamin E (a-sigha Tocopherol Succinate) 20.1 mg 1349 Folic Acid 1000 mcg 4178 Biotin 300 mcg 1000% Calcium (as Calicum Carbonate) 200 mg 15 Incom (as Ferossium Iodide) 150 mcg 1000 Iodine (as Potassium Iodide) 150 mcg 1000	60 mg (400 IU)	67% 50%
Vitamin D3 (as Cholecologlerol)	(400 IU)	50%
Vitamin E (d-alpha Tocopherol Succinate) 20.1 mg 1349 Folic Acid 1000 mcg 4179 Biotin 300 mcg 1000 Calcium (ac Calcium Carbonate) 200 mg 159 Iron (as Ferrous Fumarate) 18 mg 1003 Iodine (as Potassium Iodide) 150 mcg 1009	. ,	
Folic Acid 1000 mcg 4179 Biotin 300 mcg 1000 Calcium (es Colleum Carbonate) 200 mg 159 Iron (as Ferrous Fumerate) 18 mg 100 Iodine (as Potessium Iodide) 150 mcg 1008	20.1 ma	
Biotin 300 mcg 1000° Calcium (as Calicum Carbonate) 200 mg 15° Iron (as Ferrous Fumarate) 18 mg 100° Iodine (as Potassium Iodide) 150 mcg 100°	ZU.I mg	134%
Calcium (as Calicum Carbonote) 200 mg 159 Iron (as Ferrous Fumarate) 18 mg 100% Iodine (as Potassium Iodide) 150 mcg 100%	000 mcg	417%
Iron (as Ferrous Fumarate) 18 mg 1009 Iodine (as Potassium Iodide) 150 mcg 1009	300 mcg	1000%
Iodine (as Potassium Iodide) 150 mcg 1009	200 mg	15%
	18 mg	100%
Magnesium (as Magnesium Oxide) 50 mg 129	150 mcg	100%
	50 mg	12%
Fish Oil		200 mg 18 mg 150 mcg

CURRIENT FACTO

Inactive Ingredients: Modified Vegetable Cellulose, Sterai Acid, Silicon Dioxide (39% Si), Magnesium Stearate, Crosscramellose Sodium, Clear Coating (PVA & PEG).

Manufactured for:

Blue Heron Pharmacueticals 2831 Allegra Way Suite 218 Lutz FL 33559 Questions? Call: 813-380-0271 www.blueheronpharma.com **Dosage:** Usual adult dose is one capsule daily, or as prescribed by a licensed medical practitioner.

FolaSync DHA should be adminstered under the supervision of a licensed medical practitioner.

KEEP OUT OF THE REACH OF CHILDREN.

STORAGE: Store at 20° to 25°C (68° to 77°F); excursions permitted to 15° to 30°C (59° to 86°F). [See USP Controlled Room Temperature.] Protect from light and moisture.

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SUPPLEMENT FACTS

Serving Size: 1 capsule Servings Per Container: 30

Amt. Per Serving:	%[V ‡
Vitamin A (as Retinyl Palmitate, Beta Carote	ne) 1200 mcg	133%
Vitamin B1 (as Thiamine Mononitrate)	1.7 mg	142%
Vitamin B2 (as Riboflavin)	2 mg	154%
Vitamin B3 (as Niacinamide)	20 mg	125%
Vitamin B5 (as d-calcium pantothenate)	10 mg	200%
Vitamin B6 (as Pyridoxine HCL)	2.5 mg	147%
Vitamin B12 (As Cyanocobalamin)	8 mcg	333%
Vitamin C (as Ascorbic Acid)	60 mg	67%
Vitamin D3 (as Cholecalciferol) 10	mcg (400 IU)	50%
Vitamin E (d-alpha Tocopherol Succinate)	20.1 mg	134%
Folic Acid	1000 mcg	417%
Biotin	300 mcg	1000%
Calcium (as Calicum Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	12%
Fish Oil	150 mg	**
**% Daily value not established		

Inactive Ingredients: Modified Vegetable Cellulose, Sterai Acid, Silicon Dioxide (39% Si), Magnesium Stearate, Crosscramellose Sodium, Clear Coating (PVA & PEG).

Manufactured for.

Manufactured for.
Blue Heron Pharmacueticals
2831 Allegra Way Suite 218 Lutz FL 33559
Questions? Call: 813-380-0271
www.blueheronpharma.com

FOLASYNC DHA

beta carotene, vitamin a palmitate, ascorbic acid, cholecalciferol, .alpha.-tocopherol, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, biotin, calcium pantothenate, calcium carbonate, iron, potassium iodide, magnesium oxide, and fish oil capsule, gelatin coated

Product Information			
Product Type	DIETARY SUPPLEMENT	Item Code (Source)	NHRIC:85622-051
Route of Administration	ORAL		

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
BETA CAROTENE (UNII: 01YAE03M7J) (BETA CAROTENE - UNII:01YAE03M7J)	BETA CAROTENE	600 ug	
Vitamin A Palmitate (UNII: 1D1K0N0VVC) (Retinol - UNII:G2SH0XKK91)	Retinol	600 ug	
Ascorbic Acid (UNII: PQ6CK8PD0R) (Ascorbic Acid - UNII:PQ6CK8PD0R)	As corbic Acid	60 mg	
Cholecalciferol (UNII: 1C6V77QF41) (Cholecalciferol - UNII:1C6V77QF41)	Cholecalciferol	10 ug	
.ALPHATOCOPHEROL, D- (UNII: N9PR3490H9) (.ALPHATOCOPHEROL, DUNII:N9PR3490H9)	.ALPHA TOCOPHEROL, D-	20.1 mg	
THIAMINE MONONITRATE (UNII: 8K0104919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	1.7 mg	
Riboflavin (UNII: TLM2976OFR) (Riboflavin - UNII:TLM2976OFR)	Riboflavin	2 mg	
Niacinamide (UNII: 25X5118RD4) (Niacinamide - UNII:25X5118RD4)	Niacinamide	20 mg	
Pyridoxine Hydrochloride (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	Pyridoxine Hydrochloride	2.5 mg	
Folic Acid (UNII: 935E97BOY8) (Folic Acid - UNII:935E97BOY8)	Folic Acid	1000 ug	
Cyanocobalamin (UNII: P6YC3EG204) (Cyanocobalamin - UNII:P6YC3EG204)	Cyanocobalamin	8 ug	
Biotin (UNII: 6SO6U10H04) (Biotin - UNII:6SO6U10H04)	Biotin	300 ug	
Calcium Pantothenate (UNII: 568ET80C3D) (PANTOTHENIC ACID - UNII:19F5HK2737)	PANTOTHENIC ACID	10 mg	
Calcium Carbonate (UNII: H0G9379FGK) (Calcium Cation - UNII:2M83C4R6ZB)	Calcium Carbonate	200 mg	

Iron (UNII: E1UOL152H7) (Iron - UNII:E1UOL152H7)	Iron	18 mg
Potassium Iodide (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	Potassium Iodide	150 ug
Magnesium Oxide (UNII: 3A3U0GI71G) (MAGNESIUM CATION - UNII:T6V3LHY838)	Magnesium Oxide	50 mg
Fish Oil (UNII: XGF7L72M0F) (Fish Oil - UNII:XGF7L72M0F)	Fish Oil	150 mg

P	ackaging			
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:85622-051-30	30 in 1 BOTTLE		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
Dietary Supplement		10/09/2025	

Supplement Facts			
Serving Size :		Serving per Container :	
	Amount Per Serving	% Daily Value	
color			
scoring	1		
shape			
size (solid drugs)	25 mm		

Labeler - Blue Heron Pharmaceuticals, LLC (137019051)

Revised: 10/2025 Blue Heron Pharmaceuticals, LLC