

**INSTAFLEX PAIN RELIEF- menthol, methyl salicylate spray**  
**Healthy Directions, LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**InstaFlex Pain Relieving Spray**

***Drug Facts***

***Active Ingredients***

Menthol (5%)

Methyl Salicylate (10%)

***Purpose***

Menthol (5%).....Topical Analgesic

Methyl Salicylate (10%).....Topical Analgesic

***Uses***

Temporarily relieves minor aches and pains of muscles and joints associated with

- simple backache
- arthritis
- strains
- sprains
- bruises

***Warnings***

**For external use only**

**Flammable**

**Flammable**

- do not use near heat or flame or while smoking
- avoid long term storage above 104F (40C)
- do not puncture or incinerate
- contents under pressure
- do not store at temperature above 120F (49C)

**Do not use**

- with a heating pad, may blister skin
- on open wounds or damaged skin

**Ask a doctor before use if you have** redness over the affected area

**When using this product**

- Use only as directed
- avoid contact with eyes and mucous membrane

- avoid inhalation of fumes
- spray away from face
- do not bandage tightly

**Stop use and ask a doctor if**

- skin redness or excessive skin irritation develops
- condition worsens or symptoms persist for more than 7 days
- symptoms clear up and occur again in a few days

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

***Directions***

**Adult and children 12 years of age and older:** Shake and apply liberally at least 4 inches away from affected area no more than 3-4 times daily. Let dry or rub in for greater efficacy.

**Children under 12 years of age:** Consult a doctor.

***Other information***

Do not freeze. For Lot Number and Expiration Date, see bottom of can.

***Inactive ingredients***

Citrus Aurantium Dulcis (Orange) Oil, Ethylhexylglycerin, Eucalyptus Globulus Oil, Methylsulfonylmethane (MSM), Oxidized Corn Oil, Phenoxyethanol, SD-Alcohol 40B.

EXTRA STRENGTH

PAIN RELIEVING SPRAY

**Instaflex**

**PAIN RELIEF**

Formulated with an Exclusive Oxygenated Oil

Powerful, EXTRA STRENGTH, doctor-developed relief for arthritis, joint & muscle pain

- Deep Penetrating
- Fast Acting
- Quick Drying
- 360 Continuous Spray

EXTRA STRENGTH

PAIN RELIEVING SPRAY

Net wt. 4.0 oz (113 g)

# EXTRA STRENGTH

Relief in Minutes,  
Lasts for Hours

Doctor  
Developed  
Spray-On  
Extra Strength  
Relief

### Drug Facts

Active Ingredients	Purpose
Menthol (5%)	Topical Analgesic
Methyl Salicylate (10%)	Topical Analgesic

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Distributed by  
**HEALTHY DIRECTIONS**  
Bethesda, MD 20817  
healthydirections.com

Customer Service: 1-888-348-8811

SKU: IES 02 F14000, R-119 Lot No. / Exp. Date:



### EXTRA STRENGTH PAIN RELIEVING SPRAY



Formulated with an  
Exclusive Oxygenated Oil

Powerful, EXTRA STRENGTH,  
doctor-developed relief for  
arthritis, joint & muscle pain

- ✓ Deep Penetrating
- ✓ Fast Acting
- ✓ Quick Drying
- ✓ 360° Continuous Spray

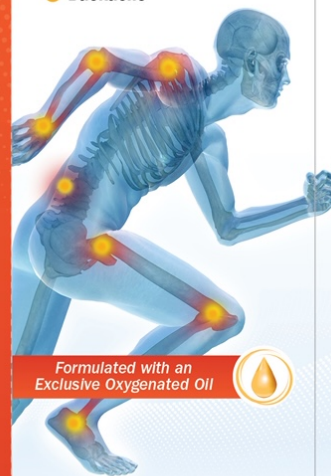


DOUBLE  
the Pain-Fighting  
Ingredients\*



Spray away your  
aches and pains in minutes!

- ✓ Arthritis
- ✓ Strains & Sprains
- ✓ Backache
- ✓ Workouts
- ✓ Bumps & Bruises



Formulated with an  
Exclusive Oxygenated Oil

No-mess application is great  
for on-the-go relief!

\*Compared to Regular Instaflex Pain Relief Cream.

## INSTAFLEX PAIN RELIEF

menthol, methyl salicylate spray

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:70015-675	
<b>Route of Administration</b>	TOPICAL			
<b>Active Ingredient/Active Moiety</b>				
<b>Ingredient Name</b>		<b>Basis of Strength</b>	<b>Strength</b>	
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)		MENTHOL	50 mg in 1 g	
METHYL SALICYLATE (UNII: LAV5U5022Y) (SALICYLIC ACID - UNII:O414PZ4LPZ)		METHYL SALICYLATE	100 mg in 1 g	
<b>Inactive Ingredients</b>				
<b>Ingredient Name</b>			<b>Strength</b>	
CORN OIL (UNII: 8470G57WFM)				
PHENOXYETHANOL (UNII: HIE492ZZ3T)				
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)				
ORANGE OIL (UNII: AKN3KSD11B)				
EUCALYPTUS OIL (UNII: 2R04ONI662)				
DIMETHYL SULFONE (UNII: 9H4PO4Z4FT)				
ALCOHOL (UNII: 3K9958V90M)				
<b>Packaging</b>				
<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:70015-675-40	1 in 1 CARTON	12/11/2019	
1		113 g in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product		
<b>Marketing Information</b>				
<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>	
OTC monograph not final	part348	12/11/2019		

**Labeler** - Healthy Directions, LLC (150261183)

### Establishment

Name	Address	ID/FEI	Business Operations
Pure Source, LLC		080354456	manufacture(70015-675)

Revised: 12/2019

Healthy Directions, LLC