

**NOVOLIN N- human insulin injection, suspension**  
**TYA Pharmaceuticals**

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**Novolin N NPH, Human Insulin Isophane Suspension (recombinant DNA origin) 100 units/mL**

**PATIENT PACKAGE INSERT**

**Patient Information for Novolin N<sup>®</sup>**

NOVOLIN N (NO-voe-lin)<sup>®</sup>

NPH,

Human Insulin Isophane Suspension Injection

(recombinant DNA origin) units/mL **100**

**Important:**

. Do not change the type of insulin you use unless told to do so by your healthcare provider. The amount of insulin you take as well as the best time for you to take your insulin may need to change if you take a different type of insulin. **Know your insulin**

Make sure that you know the type and strength of insulin that is prescribed for you.

Read the Patient Information leaflet that comes with Novolin N before you start taking it and each time you get a refill. There may be new information. This leaflet does not take the place of talking with your healthcare provider about your diabetes or your treatment. Make sure you know how to manage your diabetes. Ask your healthcare provider if you have any questions about managing your diabetes.<sup>®</sup>

**What is Novolin N?<sup>®</sup>**

Novolin N is a man-made insulin (recombinant DNA origin) NPH, Human Insulin Isophane Suspension that is structurally identical to the insulin produced by the human pancreas that is used to control high blood sugar in patients with diabetes mellitus.<sup>®</sup>

**Who should not use Novolin N?<sup>®</sup>**

**Do not take Novolin N if:<sup>®</sup>**

- Your blood sugar is too low (hypoglycemia).
- You are allergic to anything in Novolin N. See the end of this leaflet for a complete list of ingredients in Novolin N. Check with your healthcare provider if you are not sure.<sup>®®</sup>

**Tell your healthcare provider:**

- . Medical conditions can affect your insulin needs and your dose of Novolin N. **about all of your medical conditions<sup>®</sup>**
- You and your healthcare provider should talk about the best way to manage your diabetes while you are pregnant or breastfeeding. Novolin N has not been studied in pregnant or nursing women. **if you are pregnant or breastfeeding.<sup>®</sup>**
- including prescription and non-prescription medicines, vitamins and herbal supplements. Many medicines can affect your blood sugar levels and your insulin needs. Your Novolin N dose may need to change if you take other medicines. **about all of the medicines you take,<sup>®</sup>**
- **if you take any other medicines, especially ones commonly called TZDs (thiazolidinediones).**
- . If you have heart failure, it may get worse while you take TZDs with Novolin N. **if you have**

## heart failure or other heart problems<sup>®</sup>

Keep a list of your medicines with you to show all your healthcare providers when you get a new medicine. **Know the medicines you take.**

### How should I take Novolin N?<sup>®</sup>

Only use Novolin N if it appears cloudy or milky. There may be air bubbles. This is normal. If the precipitate (the white deposit at the bottom of the vial) has become lumpy or granular in appearance or has formed a deposit of solid particles on the wall of the vial, do not use it, and call Novo Nordisk at 1-800-727-6500. This insulin should not be used if the liquid in the vial remains clear after the vial has been gently rotated.<sup>®</sup>

Novolin N comes in:<sup>®</sup>

- 10 mL vials (small bottles) for use with syringe

Talk to your healthcare provider if you have any questions. Your healthcare provider should show you how to inject Novolin N before you start taking it. Follow your healthcare provider's instructions to make changes to your insulin dose. **Read the instructions for use that come with your Novolin N product.**<sup>®®</sup>

- **Take Novolin N exactly as prescribed.**<sup>®</sup>
  - The effects of Novolin N start working 1½ hours after injection. **Novolin N is an intermediate-acting insulin.**<sup>®®</sup>
  - The greatest blood sugar lowering effect is between 4 and 12 hours after the injection. This blood sugar lowering may last up to 24 hours.
  - any change of insulin should be made cautiously and only under medical supervision. Doses of oral anti-diabetic medicines may also need to change, if your insulin is changed. **While using Novolin N,**<sup>®</sup>
  - with any insulins other than Regular human insulin in the same syringe. **Do not mix Novolin N**<sup>®</sup>
  - Novolin N may affect your blood sugar levels sooner if you inject it into the skin of your stomach area. **Inject Novolin N into the skin of your stomach area, upper arms, buttocks or upper legs.**<sup>®®</sup> **Never inject Novolin N into a vein or into a muscle.**<sup>®</sup>
  - **Change (rotate) your injection site within the chosen area (for example, stomach or upper arm) with each dose. Do not inject into the same spot for each injection.**
  - You can treat mild low blood sugar (hypoglycemia) by drinking or eating something sugary right away (fruit juice, sugar candies, or glucose tablets). It is important to treat low blood sugar (hypoglycemia) right away because it could get worse and you could pass out (become unconscious). If you pass out, you will need help from another person or emergency medical services right away, and will need treatment with a glucagon injection or treatment at a hospital. See "What are the possible side effects of Novolin N?" for more information on low blood sugar (hypoglycemia). **If you take too much Novolin N, your blood sugar may fall low (hypoglycemia).**<sup>®®</sup>
  - If high blood sugar (hyperglycemia) is not treated it can lead to diabetic ketoacidosis, which can lead to serious problems, like loss of consciousness (passing out), coma or even death. Follow your healthcare provider's instructions for treating high blood sugar (hyperglycemia), and talk to your healthcare provider if high blood sugar is a problem for you. Severe or continuing high blood sugar (hyperglycemia) requires prompt evaluation and treatment by your healthcare provider. Know your symptoms of high blood sugar (hyperglycemia) and diabetic ketoacidosis which may include: **If you forget to take your dose of Novolin N, your blood sugar may go too high (hyperglycemia).**<sup>®</sup>
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- increased thirst
  - frequent urination and dehydration
  - confusion or drowsiness
  - loss of appetite
  - fruity smell on breath
  - high amounts of sugar and ketones in your urine
  - nausea, vomiting (throwing up) or stomach pain
  - a hard time breathing
- 

Ask your healthcare provider how often you should check your blood sugar levels for hypoglycemia (too low blood sugar) and hyperglycemia (too high blood sugar). **Check your blood sugar levels.**

**Your insulin dosage may need to change because of:**

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- illness
  - stress
  - other medicines you take
  - change in diet
  - change in physical activity or exercise
  - surgery
- 

See the end of this patient information for instructions about preparing and giving the injection.

**What should I avoid while using Novolin N? ®**

- Alcohol, including beer and wine, may affect your blood sugar when you take Novolin N. **Alcohol.®**
- You may have difficulty concentrating or reacting if you have low blood sugar (hypoglycemia). Be careful when you drive a car or operate machinery. Ask your healthcare provider if it is alright to drive if you often have: **Driving and operating machinery.**
  - low blood sugar
  - decreased or no warning signs of low blood sugar

**What are the possible side effects of Novolin N? ®**

- Symptoms of hypoglycemia (low blood sugar) may include: **Low blood sugar (hypoglycemia).**
- 
- sweating
  - trouble concentrating or confusion

- dizziness or lightheadedness
- blurred vision
- shakiness
- slurred speech
- hunger
- anxiety, irritability or mood changes
- fast heart beat
- headache
- tingling of lips and tongue

Severe low blood sugar (hypoglycemia) can cause unconsciousness (passing out), seizures, and death. Know your symptoms of low blood sugar. Follow your healthcare provider’s instructions for treating low blood sugar. Talk to your healthcare provider if low blood sugar is a problem for you.

- a rash over your whole body, have trouble breathing, a fast heartbeat, or sweating. **Serious allergic reaction (whole body reaction). Get medical help right away if you develop**
- You may get redness, swelling, and itching at the injection site. If you keep having skin reactions, or they are serious, talk to your healthcare provider. You may need to stop using Novolin N and use a different insulin. Do not inject insulin into skin that is red, swollen, or itchy. **Reactions at the injection site (local allergic reaction).**<sup>®</sup>
- Change (rotate) where you inject your insulin to help prevent these skin changes from happening. Do not inject insulin into this type of skin. **Skin thickens or pits at the injection site (lipodystrophy).**
- **Swelling of your hands and feet**
- Taking certain diabetes pills called thiazolidinediones or “TZDs” with Novolin N may cause heart failure in some people. This can happen even if you have never had heart failure or heart problems before. If you already have heart failure it may get worse while you take TZDs with Novolin N. Your healthcare provider should monitor you closely while you are taking TZDs with Novolin N. Tell your healthcare provider if you have any new or worse symptoms of heart failure including: **Heart Failure.**<sup>®®®</sup>
  - shortness of breath
  - swelling of your ankles or feet
  - sudden weight gain

Treatment with TZDs and Novolin N may need to be adjusted or stopped by your healthcare provider if you have new or worse heart failure.<sup>®</sup>

- **Vision changes**
- **Low potassium in your blood (hypokalemia)**

These are not all of the possible side effects from Novolin N. Ask your healthcare provider or pharmacist for more information.<sup>®</sup>

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

## **How should I store Novolin N? ®**

### **All Unopened Novolin N: ®**

- ◦ ◦ ◦ ◦ **Keep all unopened Novolin N in the refrigerator between 36 ® to 46F (2to 8C).**
- Do not freeze. Do not use Novolin N if it has been frozen. ®
- If refrigeration is not possible, the unopened vial may be kept at room temperature for up to 6 weeks (42 days), as long as it is kept at or below 77°F (25°C).
- Keep unopened Novolin N in the carton to protect from light. ®

### **Novolin N in use: ®**

#### **Vials**

- Keep at room temperature below 77°F (25°C) for up to 6 weeks (42 days).
- Keep vials away from direct heat or light.
- Throw away an opened vial after 6 weeks (42 days) of use, even if there is insulin left in the vial.
- Unopened vials can be used until the expiration date on the Novolin N label, if the medicine has been stored in a refrigerator. ®

### **General advice about Novolin N ®**

Novolin N is used for the treatment of diabetes only. Medicines are sometimes prescribed for conditions that are not mentioned in the patient leaflet. Do not use Novolin N for a condition for which it was not prescribed. Do not give Novolin N to other people, even if they have the same symptoms you have. It may harm them. ®®®

This leaflet summarizes the most important information about Novolin N. If you would like more information about Novolin N or diabetes, talk with your healthcare provider. For more information, call 1-800-727-6500 or visit [www.novonordisk-us.com](http://www.novonordisk-us.com). ®®

Helpful information for people with diabetes is published by the American Diabetes Association, 1701 N Beauregard Street, Alexandria, VA 22311 and on [www.diabetes.org](http://www.diabetes.org).

### **Novolin N ingredients include: ®**

- Human Insulin Isophane Suspension (recombinant DNA origin)
- Metacresol
- Zinc chloride
- Glycerol
- Sodium hydroxide
- Hydrochloric acid
- Phenol
- Protamine sulfate
- Disodium phosphate dihydrate
- Water for injections

All Novolin N vials are latex-free. ®

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Version: 6

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Manufactured by:

Novo Nordisk A/S

DK-2880 Bagsvaerd, Denmark

For information about Novolin N contact: ®

Novo Nordisk Inc.

800 Scudders Mill Road

Plainsboro, New Jersey 08536

## **PATIENT INSTRUCTIONS FOR USE**

### **Novolin N 10 mL vial (100 Units/mL, U-100) ®**

Before starting, gather all of the supplies that you will need to use for preparing and giving your insulin injection.

Never re-use syringes and needles.

### **How should I use the Novolin N vial?**

1. Check to make sure that you have the correct type of insulin. This is especially important if you use different types of insulin.
2. Look at the vial and the insulin. The insulin should be a cloudy or milky suspension. The tamper-resistant cap should be in place before the first use. If the cap had been removed before your first use of the vial, or if the precipitate (the white deposit at the bottom of the vial) has become lumpy or granular in appearance or has formed a deposit of solid particles on the wall of the vial, do not use it, and call Novo Nordisk at 1-800-727-6500. .
3. Wash your hands with soap and water. If you clean your injection site with an alcohol swab, let the injection site dry before you inject. Talk with your healthcare provider about how to rotate injection sites and how to give an injection.
4. If you are using a new vial, pull off the tamper-resistant cap. Wipe the rubber stopper with an alcohol swab.
5. Roll the vial gently 10 times in your hands to mix it. This procedure should be carried out with the vial in a horizontal position. The rolling procedure must be repeated until the suspension appears uniformly white and cloudy. Shaking right before the dose is drawn into the syringe may cause bubbles or froth, which could cause you to draw up the wrong dose of insulin.
6. Pull back the plunger on the syringe until the black tip reaches the marking for the number of units you will inject.
7. Push the needle through the rubber stopper of the vial, and push the plunger all the way in to force air into the vial.
8. Turn the vial and syringe upside down and slowly pull the plunger back to a few units beyond the correct dose.
9. If there are any air bubbles, tap the syringe gently with your finger to raise the air bubbles to the top. Then slowly push the plunger to the marking for your correct dose. This process should move any air bubbles present in the syringe back into the vial.
10. Check to make sure you have the right dose of Novolin N in the syringe.
11. Pull the syringe with needle out of the vial's rubber stopper.
12. Your doctor should tell you if you need to pinch the skin before inserting the needle. This can vary from patient to patient so it is important to ask your doctor if you did not receive instructions on pinching the skin. Insert the needle into the skin. Press the plunger of the syringe to inject the insulin. When you are finished injecting the insulin, pull the needle out of

your skin. You may see a drop of Novolin N at the needle tip. This is normal and has no effect on the dose you just received. If you see blood after you take the needle out of your skin, press the injection site lightly with a piece of gauze or an alcohol wipe. **Do not rub the area.**

13. After your injection, do not recap the needle. Place used syringes, needles and used insulin vials in a disposable puncture-resistant sharps container, or some type of hard plastic or metal container with a screw on cap such as a detergent bottle or coffee can.
14. Ask your healthcare provider about the right way to throw away used syringes and needles. There may be state or local laws about the right way to throw away used syringes and needles. Do not throw away used needles and syringes in household trash or recycle.

### **How should I mix Novolin N with Regular human insulin?**

Different insulins should be mixed only under instruction from a health care provider. Novolin N should be mixed only when injections with syringes are used. Insulin syringes may vary in the amount of space between the bottom line and the needle (“dead space”), so if you are mixing two types of insulin be sure to discuss any change in the model and brand of syringe you are using with your healthcare provider. Novolin N can be mixed with Regular human insulin right before use. When you are mixing Novolin N insulin with Regular human insulin, always draw the Regular human (clear) insulin into the syringe first. **Do not mix Novolin N with any other type of insulin besides Regular human insulin.**

1. Add together the doses (total number of units) of Regular human insulin and Novolin N that you need to inject. The total dose will determine the final amount (volume) in the syringe after drawing up both insulins into the syringe. For example, if you need 5 units of Novolin N and 2 units of Regular human insulin, the total dose of insulin in the syringe would be 7 units.
2. Roll the Novolin N vial between your hands until the liquid is equally cloudy throughout.
3. Draw into the syringe the same amount of air as the Novolin N dose. Inject this air into the Novolin N vial and then remove the needle from the vial but do not withdraw any of the Novolin N insulin. (Transferring Novolin N to the Regular human insulin vial will contaminate the Regular human insulin vial and may change how quickly it works.)
4. Draw into the syringe the same amount of air as the Regular human insulin dose. Inject this air into the Regular human insulin vial. With the needle in place, turn the vial upside down and withdraw the correct dose of Regular human insulin. The tip of the needle must be in the Regular human insulin to get the full dose and not an air dose.
5. After withdrawing the needle from the Regular human insulin vial, insert the needle into the Novolin N vial. Turn the Novolin N vial upside down with the syringe and needle still in it. Withdraw the correct dose of Novolin N.
6. Inject right away to avoid changes in how quickly the insulin works.

NOVOLIN N INJ 100UNITS/ML(10ML)

0169-1834-11

LOT: XXXXX

EXP: XX-XX-XX

MFR: NOVO NORDISK

REPACKAGED BY: T.Y.A. PHARMACEUTICALS

2030 CRESCENT DR.

TALLAHASSEE, FL 32301

(850) 385-0228



DOSE: SEE PACKAGE INSERT

## NOVOLIN N

human insulin injection, suspension

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:64725-1834(NDC:0169-1834)
Route of Administration	SUBCUTANEOUS		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
INSULIN HUMAN (UNII: 1Y17CTI5SR) (INSULIN HUMAN - UNII:1Y17CTI5SR)	INSULIN HUMAN	100 [iU] in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
GLYCERIN (UNII: PDC6A3C0OX)	
METACRESOL (UNII: GGO4Y809LO)	
PHENOL (UNII: 339NCG44TV)	
PROTAMINE SULFATE (UNII: 0DE9724IHC)	
SODIUM PHOSPHATE, DIBASIC, DIHYDRATE (UNII: 9425516E2T)	
HYDROCHLORIC ACID (UNII: QTT17582CB)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
WATER (UNII: 059QF0K00R)	
ZINC CHLORIDE (UNII: 86Q357L16B)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:64725-1834-1	10 mL in 1 VIAL		



## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
NDA	NDA019959	07/01/1991	

**Labeler** - TYA Pharmaceuticals (938389038)

**Registrant** - TYA Pharmaceuticals (938389038)

## Establishment

Name	Address	ID/FEI	Business Operations
TYA Pharmaceuticals		938389038	RELABEL(64725-1834) , REPACK(64725-1834)

Revised: 8/2013

TYA Pharmaceuticals