COLD RELIEF DAY PLUS NIGHT- cold relief day plus night
Schwabe North America, Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Cold Relief Day Plus Night

Active Ingredient

Cold Relief Day:

Pelargonium sidoides 1X

Cold Relief Night:

Pelargonium sidoides 1X

Chamomilla recutita 2X

Humulus lupulus 1X

Passiflora incarnata 1X

Inactive Ingredient

Cold Relief Day: Citric Acid, Maltodextrin, Natural Flavor, Silica, Turmeric Color, Xylitol.

Cold Relief Night: Citric Acid, Honey, Lactose Monohydrate, Lou Han Guo, Maltodextrin, Natural Flavor, Silica, Stevia Leaf Extract, Turmeric Color, Xylitol.

Dosage & Administration

Directions

Cold Relief Day: Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.

For best results, use with Umcka® Cold Relief Hot Drink Night Formula at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.

Adults/Children 13 years of age and older: Take 1 packet two times daily

Children 6-12 years of age: Take 1 packet daily

Children under 6 years of age: Consult a doctor

Cold Relief Night: Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.

For best results, use with Umcka® Cold Relief Hot Drink Day Formula at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.

Adults/Children 13 years of age and older: Take 1 packet nightly 30-60 minutes before bed

Children 6-12 years of age: Take 1 packet nightly 30-60 minutes before bed

Children under 6 years of age: Consult a doctor

Indications & Usage

Cold Relief Day: Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: chest congestion, nasal congestion, cough, hoarseness, sore throat

Cold Relief Night: Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: chest congestion, nasal congestion, cough, hoarseness, sore throat

Purpose

Cold Relief Day: Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: chest congestion, nasal congestion, cough, hoarseness, sore throat

Cold Relief Night: Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: chest congestion, nasal congestion, cough, hoarseness, sore throat

Warnings

Cold Relief Day: Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Cold Relief Night: Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Ask Doctor

Cold Relief Day: Ask a doctor before use if you have a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema, a cough that is accompanied by excessive phlegm (mucus), been taking any medications, an allergy to plants of the Geraniaceae family.

Cold Relief Night: Ask a doctor before use if you have a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema, a cough that is accompanied by excessive phlegm (mucus), been taking any medications, an allergy to plants of the Geraniaceae family.

Stop Use

Cold Relief Day: Stop use and ask a doctor if new symptoms occur, symptoms get worse or last more than 7 days, fever worsens or lasts more than 3 days, cough lasts more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

Cold Relief Night: Stop use and ask a doctor if new symptoms occur, symptoms get worse or last more than 7 days, fever worsens or lasts more than 3 days, cough lasts more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

Pregnancy or Breast feeding

Cold Relief Day: If pregnant or breast-feeding, ask a healthcare professional before use.

Cold Relief Night: If pregnant or breast-feeding, ask a healthcare professional before use.

Keep out of reach of children.

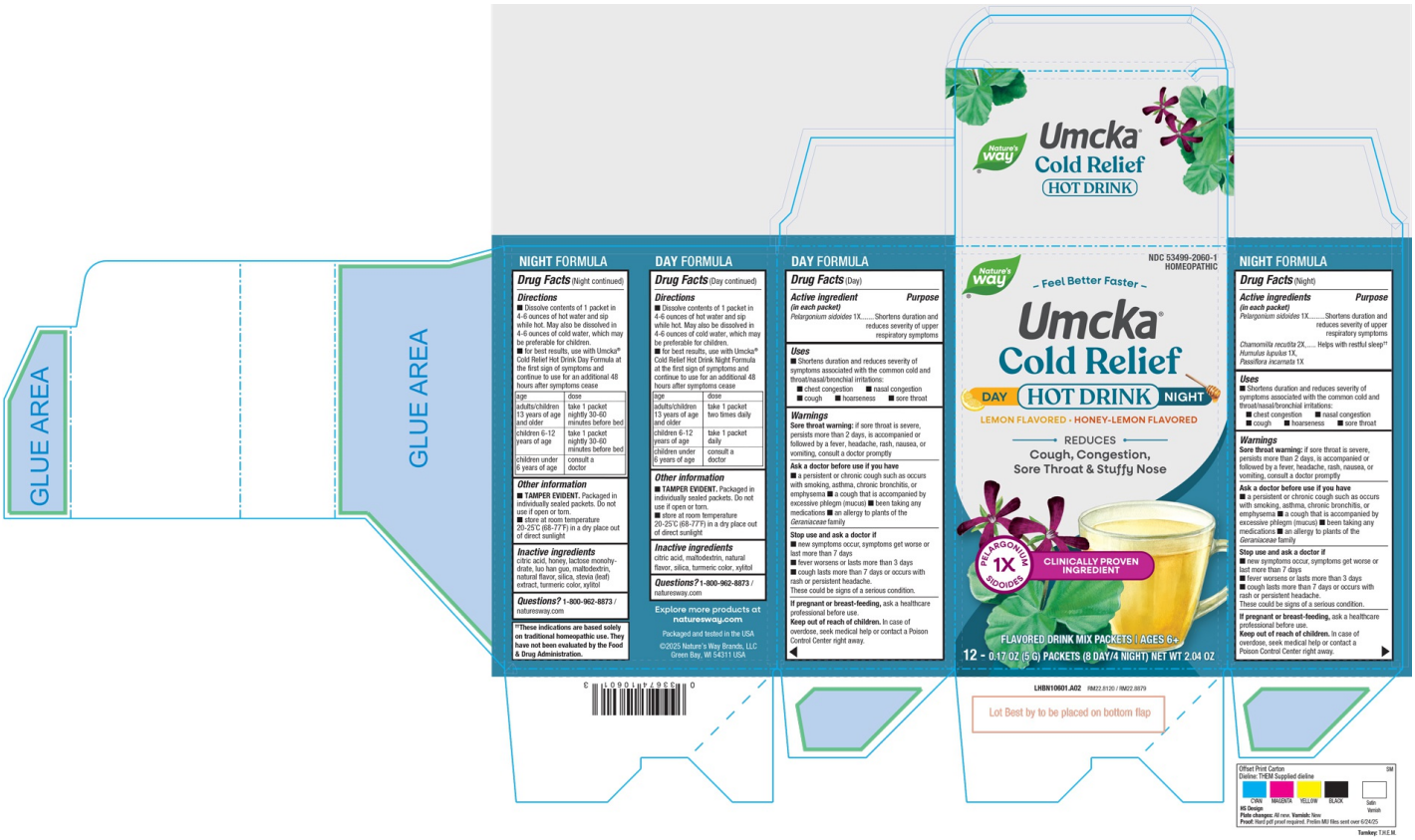
Cold Relief Day: Keep out of reach of children.

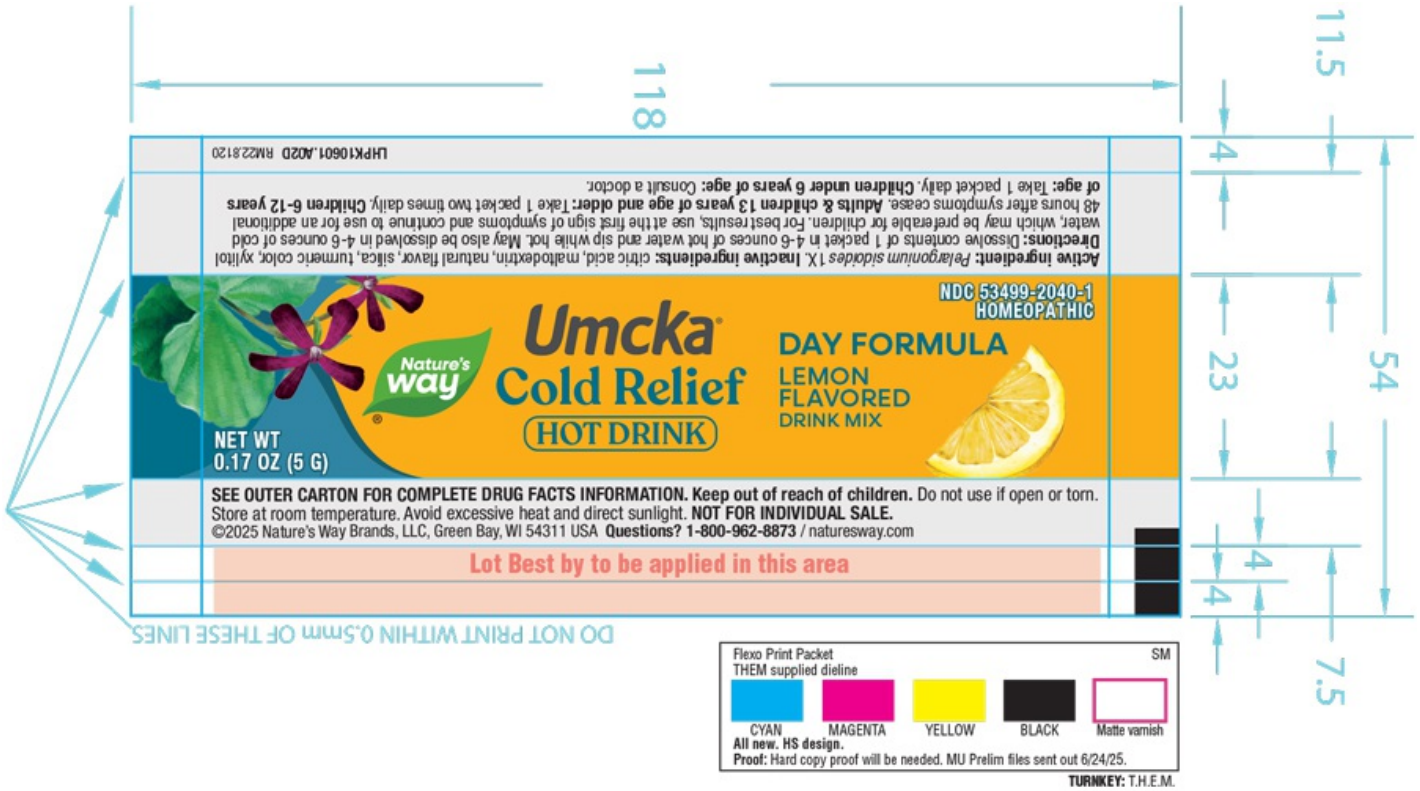
Cold Relief Night: Keep out of reach of children.

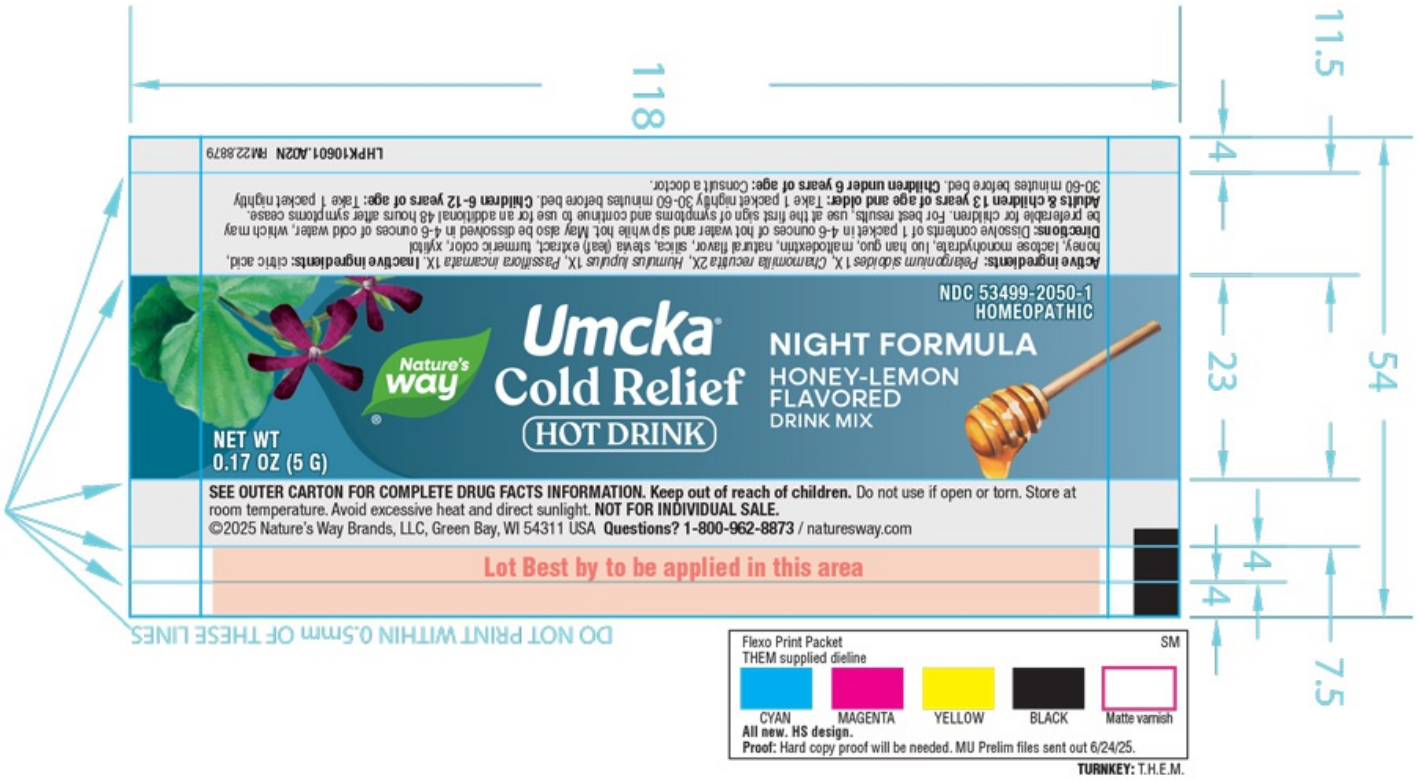
Overdose

Cold Relief Day: In case of overdose, seek medical help or contact a Poison Control Center right away.

Cold Relief Night: In case of overdose, seek medical help or contact a Poison Control Center right away.


GLUE AREA
GLUE AREA
NIGHT FORMULA
Drug Facts (Night continued)
Directions
■ Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.
■ for best results, use with Umcka® Cold Relief Hot Drink Day Formula at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease
age | dose
adults/children 13 years of age and older | take 1 packet nightly 30-60 minutes before bed
children 6-12 years of age | take 1 packet nightly 30-60 minutes before bed
children under 6 years of age | consult a doctor
Other information
■ TAMPER EVIDENT. Packaged in individually sealed packets. Do not use if open or torn.
■ store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight
Inactive ingredients
citric acid, honey, lactose monohydrate, luo han guo, maltodextrin, natural flavor, silica, stevia (leaf) extract, turmeric color, xylitol
Questions? 1-800-962-8873 / naturesway.com
*These indications are based solely on traditional homeopathic use. They have not been evaluated by the Food & Drug Administration.
DAY FORMULA
Drug Facts (Day continued)
Directions
■ Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.
■ for best results, use with Umcka® Cold Relief Hot Drink Night Formula at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease
age | dose
adults/children 13 years of age and older | take 1 packet two times daily
children 6-12 years of age | take 1 packet daily
children under 6 years of age | consult a doctor
Other information
■ TAMPER EVIDENT. Packaged in individually sealed packets. Do not use if open or torn.
■ store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight
Inactive ingredients
citric acid, maltodextrin, natural flavor, silica, turmeric color, xylitol
Questions? 1-800-962-8873 / naturesway.com
Explore more products at naturesway.com
Packaged and tested in the USA
©2025 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
DAY FORMULA
Drug Facts (Day)
Active ingredient (in each packet) | Purpose
Pelargonium sidoides 1X..... Shortens duration and reduces severity of upper respiratory symptoms
Uses
■ Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:
■ chest congestion ■ nasal congestion ■ cough ■ hoarseness ■ sore throat
Warnings
Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly
Ask a doctor before use if you have
■ a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema ■ a cough that is accompanied by excessive phlegm (mucus) ■ been taking any medications ■ an allergy to plants of the Geraniaceae family
Stop use and ask a doctor if
■ new symptoms occur, symptoms get worse or last more than 7 days
■ fever worsens or lasts more than 3 days
■ cough lasts more than 7 days or occurs with rash or persistent headache.
These could be signs of a serious condition.
If pregnant or breast-feeding, ask a healthcare professional before use.
Keep out of reach of children. In case of overdose, seek medical help or contact a Poison Control Center right away.
NDC 53499-2060-1
HOMEOPATHIC
Nature's way
Feel Better Faster
Umcka
Cold Relief
DAY HOT DRINK NIGHT
LEMON FLAVORED · HONEY-LEMON FLAVORED
REDUCES
Cough, Congestion, Sore Throat & Stuffy Nose
PELARGONIUM SIDOIDES 1X
CLINICALLY PROVEN INGREDIENT
FLAVORED DRINK MIX PACKETS | AGES 6+
12 - 0.17 OZ (5 G) PACKETS (8 DAY/4 NIGHT) NET WT 2.04 OZ
NIGHT FORMULA
Drug Facts (Night)
Active ingredients (in each packet) | Purpose
Pelargonium sidoides 1X..... Shortens duration and reduces severity of upper respiratory symptoms
Chamomilla recutita 2X..... Helps with restful sleep**
Humulus lupulus 1X,
Passiflora incarnata 1X
Uses
■ Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:
■ chest congestion ■ nasal congestion ■ cough ■ hoarseness ■ sore throat
Warnings
Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly
Ask a doctor before use if you have
■ a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema ■ a cough that is accompanied by excessive phlegm (mucus) ■ been taking any medications ■ an allergy to plants of the Geraniaceae family
Stop use and ask a doctor if
■ new symptoms occur, symptoms get worse or last more than 7 days
■ fever worsens or lasts more than 3 days
■ cough lasts more than 7 days or occurs with rash or persistent headache.
These could be signs of a serious condition.
If pregnant or breast-feeding, ask a healthcare professional before use.
Keep out of reach of children. In case of overdose, seek medical help or contact a Poison Control Center right away.
LHBN10601.A02 RM22.8120 / RM22.8979
Lot Best by to be placed on bottom flap
Offset Print Carton
Dieline: THEM Supplied dieline
SM
CYAN MAGENTA YELLOW BLACK Satin Varnish
HS Design
Plate changes: All new. Varnish: New
Proof: Hard pdf proof required. Prelim MU files sent over 6/24/25
Turnkey: T.H.E.M.


118
11.5
4
23
54
4
4
7.5
LHPK10601.A02D RM22.8120
Active ingredient: Pelargonium sidoides 1X. Inactive ingredients: citric acid, maltodextrin, natural flavor, silica, turmeric color, xylitol
Directions: Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children. For best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease. Adults & children 13 years of age and older: Take 1 packet two times daily. Children 6-12 years of age: Take 1 packet daily. Children under 6 years of age: Consult a doctor.
Nature's way
Umcka
Cold Relief
HOT DRINK
NDC 53499-2040-1
HOMEOPATHIC
DAY FORMULA
LEMON FLAVORED
DRINK MIX
NET WT
0.17 OZ (5 G)
SEE OUTER CARTON FOR COMPLETE DRUG FACTS INFORMATION. Keep out of reach of children. Do not use if open or torn.
Store at room temperature. Avoid excessive heat and direct sunlight. NOT FOR INDIVIDUAL SALE.
©2025 Nature's Way Brands, LLC, Green Bay, WI 54311 USA Questions? 1-800-962-8873 / naturesway.com
Lot Best by to be applied in this area
DO NOT PRINT WITHIN 0.5mm OF THESE LINES
Flexo Print Packet
THEM supplied dieline
SM
CYAN MAGENTA YELLOW BLACK Matte varnish
All new. HS design.
Proof: Hard copy proof will be needed. MU Prelim files sent out 6/24/25.
TURNKEY: T.H.E.M.



COLD RELIEF DAY PLUS NIGHT

cold relief day plus night kit

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:53499-2060

Packaging				
#	**Item Code**	**Package Description**	**Marketing Start Date**	**Marketing End Date**
1	NDC:53499-2060-1	1 in 1 CARTON	05/22/2024	

Quantity of Parts		
Part #	**Package Quantity**	**Total Product Quantity**
Part 1	1 POUCH	5 g
Part 2	1 POUCH	5 g

Part 1 of 2

COLD RELIEF DAY

cold relief day powder

Product Information

Item Code (Source)	NDC:53499-2040
Route of Administration	Oral

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PELARGONIUM SIDOIDES ROOT (UNII: H6J53HEX8E) (PELARGONIUM SIDOIDES ROOT - UNII:H6J53HEX8E)	PELARGONIUM SIDOIDES ROOT	1 [hp_X] in 5 g

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
TURMERIC (UNII: 856YO1Z64F)	
XYLITOL (UNII: VCQ006KQ1E)	

Product Characteristics

Color		**Score**	
Shape		**Size**	
Flavor	LEMON, CITRUS	**Imprint Code**	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-2040-1	8 in 1 PACKAGE		
1		5 g in 1 POUCH; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		05/22/2024	

Part 2 of 2

COLD RELIEF NIGHT

cold relief night powder

Product Information

Item Code (Source)	NDC:53499-2050
Route of Administration	ORAL

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PELARGONIUM SIDOIDES ROOT (UNII: H6J53HEX8E) (PELARGONIUM SIDOIDES ROOT - UNII:H6J53HEX8E)	PELARGONIUM SIDOIDES ROOT	1 [hp_X] in 5 g
CHAMOMILE (UNII: FGL3685T2X) (CHAMOMILE - UNII:FGL3685T2X)	CHAMOMILE	2 [hp_X] in 5 g
HUMULUS LUPULUS WHOLE (UNII: 912A6Q1N4A) (HUMULUS LUPULUS WHOLE - UNII:912A6Q1N4A)	HUMULUS LUPULUS WHOLE	1 [hp_X] in 5 g
PASSIFLORA INCARNATA WHOLE (UNII: R48E2W2LMO) (PASSIFLORA INCARNATA WHOLE - UNII:R48E2W2LMO)	PASSIFLORA INCARNATA WHOLE	1 [hp_X] in 5 g

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
HONEY (UNII: Y9H1V576FH)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
SIRAITIA GROSVENORII FRUIT (UNII: NOU2FB51TW)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
STEVIA LEAF (UNII: 6TC6NN0876)	
TURMERIC (UNII: 856YO1Z64F)	
XYLITOL (UNII: VCQ006KQ1E)	

Product Characteristics

Color		**Score**	
Shape		**Size**	
Flavor	HONEY, LEMON	**Imprint Code**	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-2050-1	4 in 1 PACKAGE		
1		5 g in 1 POUCH; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved			

unapproved homeopathic		05/22/2024	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		05/22/2024	

Labeler - Schwabe North America, Inc. (831153908)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe North America, Inc.		831153908	manufacture(53499-2060)

Establishment

Name	Address	ID/FEI	Business Operations
Universal Synergetics, Inc.		069033371	pack(53499-2060)

Revised: 7/2025 Schwabe North America, Inc.