

**NESTABS ONE- vitamin c, vitamin d, vitamin e, vitamin b6, folate, vitamin b12, iron, zinc, magnesium, dha capsule, gelatin coated
Womens Choice Pharmaceuticals, LLC**

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

Nestabs One

DESCRIPTION: Nestabs® One is a prescription prenatal multi-vitamin/mineral in the form of a purple, opaque softgel capsule imprinted “ONE” for oral administration.

Each NESTABS® ONE Softgel contains:

Vitamin C (as calcium ascorbate) 18 mg
Vitamin D (as cholecalciferol) 6.25 mcg
Vitamin E (as d-alpha tocopheryl acetate) 10 mg
Vitamin B6 (as pyridoxine HCl) 30 mg
Folate (as (6S)-5 1 mg DFE*
-methyltetrahydrofolate -Quatrefolic®) ‡
Vitamin B12 (as cyanocobalamin) 15 mcg
Iron (as carbonyl iron and ferrous 38 mg
bis-glycinate chelate -Ferrochel®) ††
Zinc (as zinc oxide) 20 mg
Magnesium (as magnesium oxide) 15 mg
DHA (Docosahexaenoic Acid from Algal Oil) 225 mg
*Dietary Folate Equivalent (DFE)

Other Ingredients: Gelatin capsule (bovine gelatin, glycerin, purified water, titanium dioxide, FD&C Red #40, FD&C Blue #1), soy lecithin, docusate sodium, white beeswax. Contains Soy.

INDICATION AND USAGE: Nestabs® One is a prescription prenatal multi-vitamin/mineral supplement with DHA that can be taken throughout pregnancy and during the postnatal period for both lactating and non-lactating mothers. Nestabs® One may also be useful in improving the nutritional status of women prior to conception. The usual dose is one softgel daily, or as directed by a physician.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6 years of age. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately

WARNINGS: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including increased bleeding time and

INR.

Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B12 is deficient.

PRECAUTIONS: Folic acid in doses above 0.1mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations remain progressive.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: One softgel taken orally each day, or as directed by a physician.

STORAGE: Store between 15-30°C (59°-86°F). Protect from extreme temperatures. Freezing & excessive heat may damage softgels.

HOW SUPPLIED: Nestabs® One softgels for oral administration are supplied in child resistant bottles containing 30 softgels, Item 50967-410-30 and as professional samples, Item 50967-410-03.

Rx

To report a serious adverse event or obtain product information, contact 1-800-664-1490.

**Distributed By:
Womens Choice Pharmaceuticals, LLC
Berwyn, PA 19312
www.wcpharma.com**

Nestabs® is a registered trademark of Womens Choice Pharmaceuticals, LLC
‡ Quatrefolic® under exclusive license from Gnosis, S.p.A covered by U.S. Patent No. 7,947,662 and patents pending PCT/EP2008/052037 and PCT/EP2008/052034
‡‡ Ferrochel® is a registered trademark of Albion Laboratories, Inc., covered by U.S. Patents 6,716,814 and 7,838,042.

Outside/Visible Label

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KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN

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Bervyn, PA 19312
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50967-410-30



Nestabs[®]ONE
Prenatal Multi-Vitamins

- Small & Easy to Swallow Softgels
- Contains Vital Vitamins & Minerals Including Folate, Iron and DHA

With **100% Quatrefolic[®]**

30 Softgels
DIETARY SUPPLEMENT

R_x Only 

Supplement Facts
Serving Size: 1 Softgel / Servings Per Container: 30

Amount Per Serving	% DV for Pregnant / Lactating Women
Vitamin C (as calcium ascorbate)	18 mg 15%
Vitamin D (as cholecalciferol)	6.25 mcg 42%
Vitamin E (as d-alpha tocopheryl acetate)	10 mg 53%
Vitamin B6 (as pyridoxine HCl)	30 mg 1500%
Folate (as (6S)-5-methyltetrahydrofolate -Quatrefolic [®]) ‡	1 mg DFE* 167%
Vitamin B12 (as cyanocobalamin)	15 mcg 536%
Iron (as carbonyl iron and ferrous bis-glycinate chelate -Ferrochel [®]) ‡‡	38 mg 140%
Zinc (as zinc oxide)	20 mg 154%
Magnesium (as magnesium oxide)	15 mg 4%
DHA (Docosahexaenoic Acid from Algal Oil)	225 mg **

*Dietary Folate Equivalent (DFE).
**Daily Value (DV) not established.

Other Ingredients: Gelatin capsule (bovine gelatin, glycerin, purified water, titanium dioxide, FD&C Red #40, FD&C Blue #1), soy lecithin, docusate sodium, white beeswax. **Contains Soy.**

PEEL HERE

Inside Contents of Label

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 **Womens Choice**
PHARMACEUTICALS

NSTONE 06/2017

NESTABS ONE

vitamin c, vitamin d, vitamin e, vitamin b6, folate, vitamin b12, iron, zinc, magnesium, dha capsule, gelatin coated

Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:50967-410
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ZINC OXIDE (UNII: SOI2LOH54Z) (ZINC OXIDE - UNII:SOI2LOH54Z)	ZINC OXIDE	1 mg
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg
ANTAZOLINE (UNII: DHA8014SS1) (ANTAZOLINE - UNII:DHA8014SS1)	ANTAZOLINE	225 mg
TOCOPHEROL (UNII: R0ZB2556P8) (TOCOPHEROL - UNII:R0ZB2556P8)	TOCOPHEROL	10 mg
CALCIUM ASCORBATE (UNII: 183E4W213W) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	18 mg
CYANOCOBALAMIN (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	15 ug
MAGNESIUM OXIDE (UNII: 3A3U0GI71G) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CATION	15 mg
CHOLECALCIFEROL (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	6.25 ug
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	PYRIDOXINE	30 mg
IRON (UNII: E1UOL152H7) (IRON - UNII:E1UOL152H7)	IRON	38 mg

Inactive Ingredients

Ingredient Name	Strength
DOCUSATE SODIUM (UNII: F05Q2T2JA0)	
WHITE WAX (UNII: 7G1J5DA97F)	
LECITHIN, SOYBEAN (UNII: 1DI56QDM62)	
WATER (UNII: 059QF0KO0R)	
GELATIN TYPE B BOVINE (160 BLOOM) (UNII: 1T8387508X)	
GLYCERIN (UNII: PDC6A3C0OX)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	

Product Characteristics

Color	purple (Opaque)	Score	no score
Shape	OVAL	Size	18mm
Flavor		Imprint Code	ONE
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
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1	NDC:50967-410-30	30 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	07/20/2017	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
unapproved drug other			07/20/2017	

Labeler - Womens Choice Pharmaceuticals, LLC (833067841)

Revised: 4/2025

Womens Choice Pharmaceuticals, LLC